

SHAPE Fact Sheet

Children's Health & Well-being

Hispanic or Latino children of any race



SHAPE 2006 - Survey of the Health of All the Population and the Environment

Overview

This Fact Sheet provides a set of key indicators from the *SHAPE 2006 - Child Data Book* on the health and well-being of **Hispanic or Latino children of any race**. The SHAPE 2006 - Child Survey was developed with significant community input on the need to know more about children's well-being in Hennepin County. We asked over 4,000 parents (or "most knowledgeable adults") to tell us about a specific child in their household who was selected at random. For more information about the survey and the results for other groups of children in the county, please visit our website at: www.hennepin.us/SHAPE.

What did we ask parents to tell us about their children?

TOPICS		EXAMPLES
HEALTH	Overall Health & Health Conditions	<ul style="list-style-type: none"> Overall health Other chronic (on-going) health issues
	Health Insurance Coverage	<ul style="list-style-type: none"> Health insurance coverage Dental coverage
	Health Care Access	<ul style="list-style-type: none"> Regular source of care Preventive care check-ups
	Diet, Nutrition & Physical Activities	<ul style="list-style-type: none"> Eating fruits and vegetables Being physically active
FAMILY	Caring for Children	<ul style="list-style-type: none"> Child receives regular childcare Childcare "gaps" for working parents
	Family Connectedness	<ul style="list-style-type: none"> Family eats meals together Family does activities together
	Parental Involvement	<ul style="list-style-type: none"> Parents talk about risky behaviors with their children, such as tobacco, alcohol or drug use
SCHOOL	School Readiness	<ul style="list-style-type: none"> Early literacy and reading skills
	School Activities	<ul style="list-style-type: none"> Time spent doing homework or reading School bullying
	After-school Activities	<ul style="list-style-type: none"> Participation in after-school activities Work or volunteering

SOURCE: SHAPE 2006 - Child Data Book

About the tables in this SHAPE Fact Sheet:

These results are based on **337** children aged 0 to 17 who are **Hispanic or Latino (of any race)**. The survey results are weighted to reflect the population characteristics of Hennepin County. The interpretation of these estimates is subject to the usual limitations associated with sample surveys including survey design, sample size and random error. Some estimates that may be especially sensitive to survey design effects have been noted. "Apparent" differences may not reflect "statistically significant" differences for groups of children. Statistically significant differences have been noted at the 95% confidence level ($p < 0.05$). Survey items are age-specific; the age range for each question has been provided. For more information or Fact Sheets for other groups of children within Hennepin County please visit our website at: www.hennepin.us/SHAPE.

Summary of key results for **Hispanic or Latino children of any race**:

- ❖ Hispanic or Latino children, who are aged 0 to 17, are more than 4 times more likely to be reported to be in fair or poor health than Hennepin County children overall.
- ❖ Hispanic or Latino children, who are aged 0 to 17, are more than 7 times more likely to be currently uninsured than Hennepin County children overall. Hispanic or Latino children, who are aged 0 to 17 are nearly 5 times more likely to have been uninsured for some or all of the past 12 months than other Hennepin County children overall.
- ❖ Among Hispanic or Latino children, 88.4% of those who are aged 0 to 17, usually go to a doctor's office or clinic when they are sick or need medical care (includes public health clinics). Statistically, this rate is significantly lower than the rate for Hennepin County children overall ($p < 0.05$).
- ❖ Among Hispanic or Latino children 24.6% of those who are aged 0 to 17, made 1 or more visits to a hospital emergency room in the past 12 months. Statistically, this rate is significantly higher than the rate for Hennepin County children overall ($p < 0.05$).
- ❖ Among Hispanic or Latino children, 23.7% of those who are aged 2 to 12 had 2 or more sugar-sweetened beverages yesterday (including fruit drinks, soda pop, or other sugar-sweetened drinks). Statistically, this rate is significantly higher than the rate for Hennepin County children overall ($p < 0.05$).
- ❖ Among Hispanic or Latino children, 38.3% of those who are aged 0 to 5 have family members who read books or tell stories to them every day. Among Hispanic or Latino children, 20.0% of those who are aged 3 to 5 can recognize all of the letters of the alphabet. Statistically, these rates are significantly lower than the rates for Hennepin County children overall ($p < 0.05$).
- ❖ Among Hispanic or Latino children, 70.2% of those who are in grades 1 to 12 had a parent (or other adult) attend all of their regularly scheduled parent/teacher conferences during the past school year. Statistically, this rate is significantly lower than the rate for Hennepin County children overall ($p < 0.05$).

HEALTH: Overall Health & Health Conditions

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>	
<i>Overall health</i>	12.3% of Hispanic or Latino children, who are aged 0 to 17, were reported to be in fair or poor health	* Significantly <u>higher</u> than the rate for Hennepin County children overall (p<0.05).
<i>Chronic conditions</i>	6.7% of Hispanic or Latino children, who are aged 0 to 17, were reported to have chronic conditions lasting 12 months or longer	
<i>Asthma</i>	8.0% of Hispanic or Latino children, who are aged 0 to 17, were diagnosed with and currently have asthma	
<i>ADD / ADHD</i> <i>(attention deficit disorders)</i>	2.7% of Hispanic or Latino children, who are aged 4 to 17, have ever been diagnosed with ADD or ADHD	* Significantly <u>lower</u> than the rate for Hennepin County children overall (p<0.05).
<i>Depression or anxiety</i>	4.5% of Hispanic or Latino children, who are aged 4 to 17, have ever been diagnosed with depression or anxiety problems	
<i>Emotional or behavioral problems</i>	6.1% of Hispanic or Latino children, who are aged 6 to 17, were told by a school counselor, teacher or doctor that the child needs help for an emotional or behavioral problem	

SOURCE: SHAPE 2006 – Child Data Book

HEALTH: Insurance Coverage

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>	
<i>Currently uninsured</i>	29.2% of Hispanic or Latino children, who are aged 0 to 17, currently lack health care insurance	* Significantly <u>higher</u> than the rate for Hennepin County children overall (p<0.05).
<i>Uninsured for some time during the year</i>	35.5% of Hispanic or Latino children, who are aged 0 to 17, were uninsured for all or part of the past 12 months	* Significantly <u>higher</u> than the rate for Hennepin County children overall (p<0.05).
<i>Dental insurance</i>	66.8% of Hispanic or Latino children, who are aged 3 to 17, have dental insurance to cover all or part of their dental care	* Significantly <u>lower</u> than the rate for Hennepin County children overall (p<0.05).

SOURCE: SHAPE 2006 – Child Data Book

HEALTH: Health Care Access

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>	
<i>Regular doctor or clinic</i>	88.4% of Hispanic or Latino children, who are aged 0 to 17, usually go to a doctor's office or clinic when they are sick or need medical care (includes public health clinics)	* Significantly <u>lower</u> than the rate for Hennepin County children overall (p<0.05).
<i>Emergency room visits</i>	24.6% of Hispanic or Latino children, who are aged 0 to 17, made 1 or more visits to a hospital emergency room in the past 12 months	* Significantly <u>higher</u> than the rate for Hennepin County children overall (p<0.05).
<i>Preventive health care visits</i>	77.0% of Hispanic or Latino children, who would be expected to have had a check-up, have received the appropriate number of health care visits for their age group	

SOURCE: SHAPE 2006 – Child Data Book

HEALTH: Diet, Nutrition & Physical Activity

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>	
<i>Breastfeeding</i>	89.0% of Hispanic or Latino children, who are aged 0 to 5, were ever breastfed or fed breast milk from a bottle	
<i>Drinks sugar-sweetened beverages</i>	23.7% of Hispanic or Latino children, who are aged 2 to 12, had 2 or more sugar-sweetened beverages yesterday (including fruit drinks, soda pop, or other sugar-sweetened drinks)	* Significantly <u>higher</u> than the rate for Hennepin County children overall (p<0.05).
<i>Eats fruit</i>	65.0% of Hispanic or Latino children, who are aged 2 to 12, ate 2 or more servings of fruit yesterday	
<i>Eats vegetables</i>	6.8% of Hispanic or Latino children, who are aged 2 to 12, ate 3 or more servings of vegetables yesterday	
<i>Physically active</i>	35.4% of Hispanic or Latino children, who are in grades 1 to 12, were physically active for at least 60 minutes every day during the past 7 days	

SOURCE: SHAPE 2006 – Child Data Book

FAMILY: Caring for Children

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>
<i>Receives regular child care</i>	52.1% of Hispanic or Latino children, who are aged 0 to 5, regularly receive child care by someone other than a parent or guardian
<i>Child care "gap"</i>	20.2% of Hispanic or Latino children, who are aged 0 to 5, had parents who had to change work hours, quit a job, or not take a job because of problems with their child care arrangements
<i>Home alone</i>	14.2% of Hispanic or Latino children, who are in grades 1 to 6, spend 1 hour or more being responsible for themselves after school when there is no adult or babysitter around
<i>Hanging out</i>	13.2% of Hispanic or Latino children, who are in grades 7 to 12, spend 10 or more hours during a typical school week hanging out with friends without adult supervision

SOURCE: SHAPE 2006 – Child Data Book

FAMILY: Family Connectedness

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>
<i>Family eats meals together</i>	54.1% of Hispanic or Latino children, who are aged 0 to 17, are in families that eat at least one meal together every day
<i>Talks about child's daily activities</i>	73.9% of Hispanic or Latino children, who are aged 6 to 11, have parents or family members who talk to them about their activities every day * Significantly <u>lower</u> than the rate for Hennepin County children overall (p<0.05).
<i>Reads books together</i>	25.1% of Hispanic or Latino children, who are aged 6 to 11, have parents or family members who read books together with them every day
<i>Plays games or sports together</i>	13.6% of Hispanic or Latino children, who are aged 6 to 11, have parents or family members who play games or sports with them every day

SOURCE: SHAPE 2006 – Child Data Book

FAMILY: Parental Involvement

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>
<i>Talks about smoking or tobacco use</i>	68.2% of Hispanic or Latino children, who are aged 6 to 17, have had their parents talk to them about smoking or tobacco use 3 or more times in the past 12 months
<i>Talks about drinking or alcohol use</i>	68.2% of Hispanic or Latino children, who are aged 6 to 17, have had their parents talk to them about drinking or alcohol use 3 or more times in the past 12 months
<i>Talks about illegal drug use</i>	62.5% of Hispanic or Latino children, who are aged 6 to 17, have had their parents talk to them about illegal drug use 3 or more times in the past 12 months
<i>Talks about sexual activities</i>	64.8% of Hispanic or Latino children, who are aged 10 to 17, have had their parents talk to them about sexual activities or sexually transmitted diseases 3 or more times in the past 12 months

SOURCE: SHAPE 2006 – Child Data Book

SCHOOL: School Readiness

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>
<i>Reads books or tells stories</i>	38.3% of Hispanic or Latino children, who are aged 0 to 5, have family members who read books or tell stories to them every day * Significantly lower than the rate for Hennepin County children overall (p<0.05).
<i>Practices reading, writing and numbers</i>	38.8% of Hispanic or Latino children, who are aged 3 to 5, have family members who practice reading, writing or working with numbers with them every day
<i>Can count to 100</i>	9.8% of Hispanic or Latino children, who are aged 3 to 5, can count up to 100 or more
<i>Knows the letters of the alphabet</i>	20.0% of Hispanic or Latino children, who are aged 3 to 5, can recognize all of the letters of the alphabet * Significantly lower than the rate for Hennepin County children overall (p<0.05).
<i>Can write his/her own first name</i>	67.0% of Hispanic or Latino children, who are aged 3 to 5, can write his/her own first name (even if some letters are backwards)

SOURCE: SHAPE 2006 – Child Data Book

SCHOOL: School Activities

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>	
<i>Homework or reading</i>	66.6% of Hispanic or Latino children, who are in grades 1 to 12, meet the general guideline for their grade level for the amount of time spent reading or doing homework on a typical school day	
<i>Parent/teacher conferences</i>	70.2% of Hispanic or Latino children, who are in grades 1 to 12, had a parent (or other adult) attend all of their regularly scheduled parent/teacher conferences during the past school year	* Significantly lower than the rate for Hennepin County children overall (p<0.05).
<i>School bullying</i>	13.2% of Hispanic or Latino children, who are in grades 1 to 12, were afraid to go to school in the past month because they were sometimes, usually or always picked on, teased or bullied	* Significantly lower than the rate for Hennepin County children overall (p<0.05).

SOURCE: SHAPE 2006 – Child Data Book

SCHOOL: After-school Activities

<i>Indicators</i>	<i>Results for Hispanic or Latino children of any race</i>	
<i>Plays video games or watches TV</i>	29.8% of Hispanic or Latino children, who are in grades 1 to 12, play electronic games, watch TV or videos, or use the computer for recreation for 2 or more hours on a typical school day	
<i>Participates in sports activities</i>	35.8% of Hispanic or Latino children, who are in grades 7 to 12, spend 5 or more hours doing sports activities during a typical school week	
<i>Participates in fine arts, music or drama</i>	27.2% of Hispanic or Latino children, who are in grades 7 to 12, participate in fine arts, music, drama or choir for 1 hour or more during a typical school week	* Significantly lower than the rate for Hennepin County children overall (p<0.05).
<i>Volunteers or does community service</i>	38.0% of Hispanic or Latino children, who are in grades 7 to 12, do community service or volunteer for 1 hour or more during a typical school week	
<i>Working</i>	21.1% of Hispanic or Latino children, who are in grades 7 to 12, work for pay or in a family business for 1 hour or more during a typical school week	

SOURCE: SHAPE 2006 – Child Data Book

This Fact Sheet provides results for a small set of the indicators on the health and well-being of **Hispanic or Latino children of any race** in Hennepin County. Much more information is available in the *SHAPE 2006 - Child Data Book*.

Want to know more?

<i>About SHAPE 2006 results for ...</i>	
<p><i>Other groups of children:</i></p> <ul style="list-style-type: none"> ❖ <i>Black with US-born parents</i> ❖ <i>Black with African-born parents</i> ❖ <i>Asian and Pacific Islander</i> ❖ <i>Southeast Asian</i> ❖ <i>White</i> 	<p>Additional documents are available on-line at: www.hennepin.us/SHAPE</p> <p>Including:</p> <p><i>SHAPE 2006 - Child Data Book</i> <i>SHAPE 2006 - Adult Data Book</i> <i>SHAPE Briefings</i></p> <p>For more information please contact us at: SHAPE@co.hennepin.mn.us Telephone: (612) 348-6150</p>
<p><i>Geographic areas:</i></p> <ul style="list-style-type: none"> ❖ <i>Hennepin County (total)</i> ❖ <i>Four areas within Minneapolis</i> ❖ <i>Three areas of Suburban Hennepin County</i> 	
<p><i>Adults in Hennepin County:</i></p> <ul style="list-style-type: none"> ❖ <i>SHAPE 2006</i> ❖ <i>SHAPE 2002</i> ❖ <i>SHAPE 1998</i> 	

THANK YOU! The SHAPE 2006 project would like to thank the many individuals and community organizations that provided advice and support for the development of this project. A partial list of those that provided assistance can be found on our website. The SHAPE 2006 project would especially like to thank the more than 10,000 residents of Hennepin County who generously took the time to participate in the SHAPE survey.

SHAPE 2006 project partners include the Hennepin County Department of Human Services & Public Health and the University of Minnesota - School of Public Health. Additional consultation support was provided by the Minnesota Department of Health.

