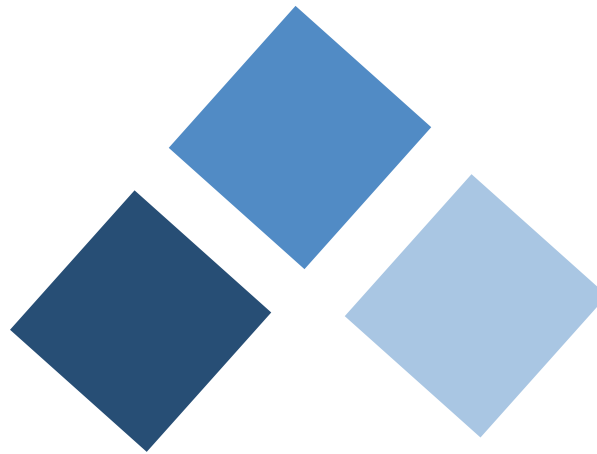


# HENNEPIN COUNTY

Survey of the **H**ealth of **A**ll the **P**opulation & **E**nvironment



SHAPE 2006

# Findings from the SHAPE 2006 - Child Survey

A snapshot of Hennepin County's Children, Youth and Families



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# What is SHAPE ?

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- A population-based assessment of the health of residents of Hennepin County, and the factors that affect their health.
  
- Three waves of the Adult Survey:
  - SHAPE 1998
  - SHAPE 2002
  - SHAPE 2006
  
- New developments in 2006:
  - Major partnership with University of Minnesota's School of Public Health
  - SHAPE 2006 – Child Survey

# Two SHAPE 2006 components

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## □ Adult Survey

- 30 minute survey, mail-in or phone-interview
- Results based on **8,191** completed adult surveys

## □ Child Survey

- 20 minute phone-interview with the most knowledgeable adult reporting on a child in the household
- Results based on **4,038** completed child surveys

Surveys and interviews were completed in English, Hmong, Spanish, Somali or Vietnamese

# Census 2000: Hennepin County

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## Children aged 0 to 17:

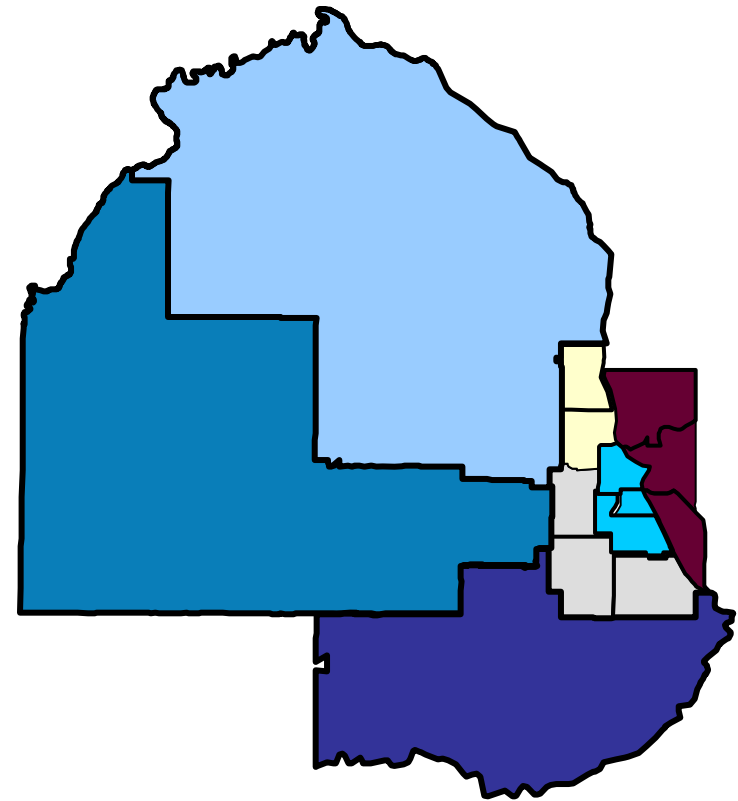
Minneapolis	=	85,291
Suburban	=	182,211
Hennepin	=	267,502

## Households with Children:

Minneapolis	=	38,490
Suburban	=	95,766
Hennepin	=	134,256

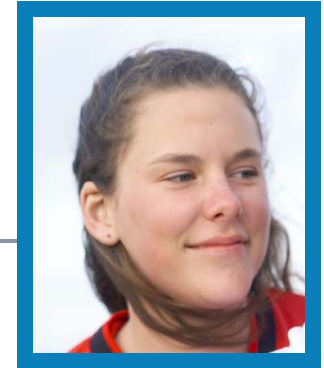
## Total Households:

Hennepin	=	485,000
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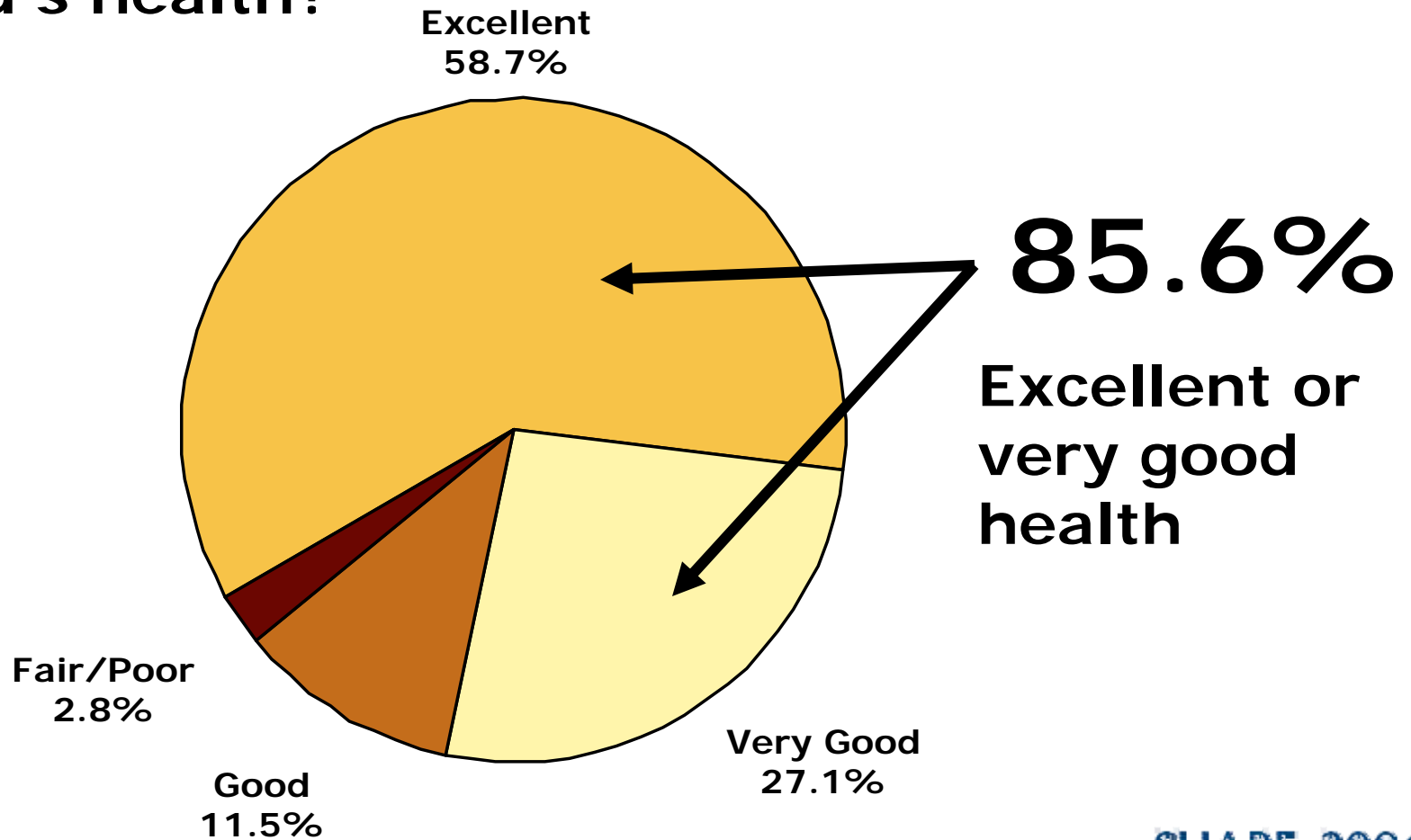


# SHAPE 2006 - Child Survey

## OVERALL HEALTH STATUS



How would you describe your child's health?



# SHAPE 2006 - Child Survey

## Chronic health conditions



<i>SHAPE 2006 – Child Survey estimates</i>	
Asthma	<p><b>9.3%</b></p> <p>of children aged 0 to 17 currently have asthma</p>
Diabetes	<p><b>0.3%</b></p> <p>of children aged 0 to 17 were ever diagnosed with diabetes</p>
Autism	<p><b>1.3%</b></p> <p>of children aged 0 to 17 were ever diagnosed with autism</p>
ADD/ADHD	<p><b>8.2%</b></p> <p>of children aged 4 to 17 were ever diagnosed with ADD/ADHD</p>
Depression or anxiety	<p><b>6.2%</b></p> <p>of children aged 4 to 17 were ever diagnosed with depression or anxiety</p>

Equivalent to **25,000** children in Hennepin County

Equivalent to **17,000** children in Hennepin County

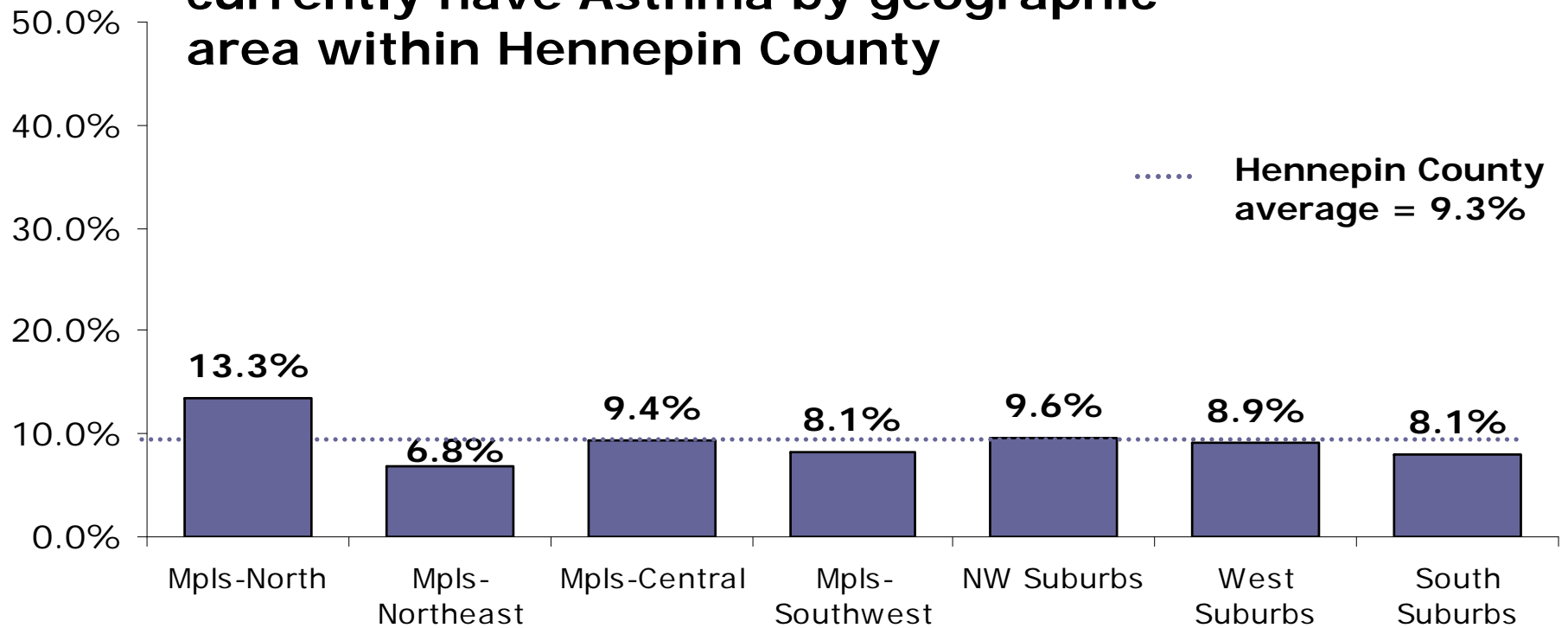
Equivalent to **13,000** children in Hennepin County

# SHAPE 2006 - Child Survey

## Chronic conditions: Asthma



**Percent of children aged 0 to 17 who currently have Asthma by geographic area within Hennepin County**

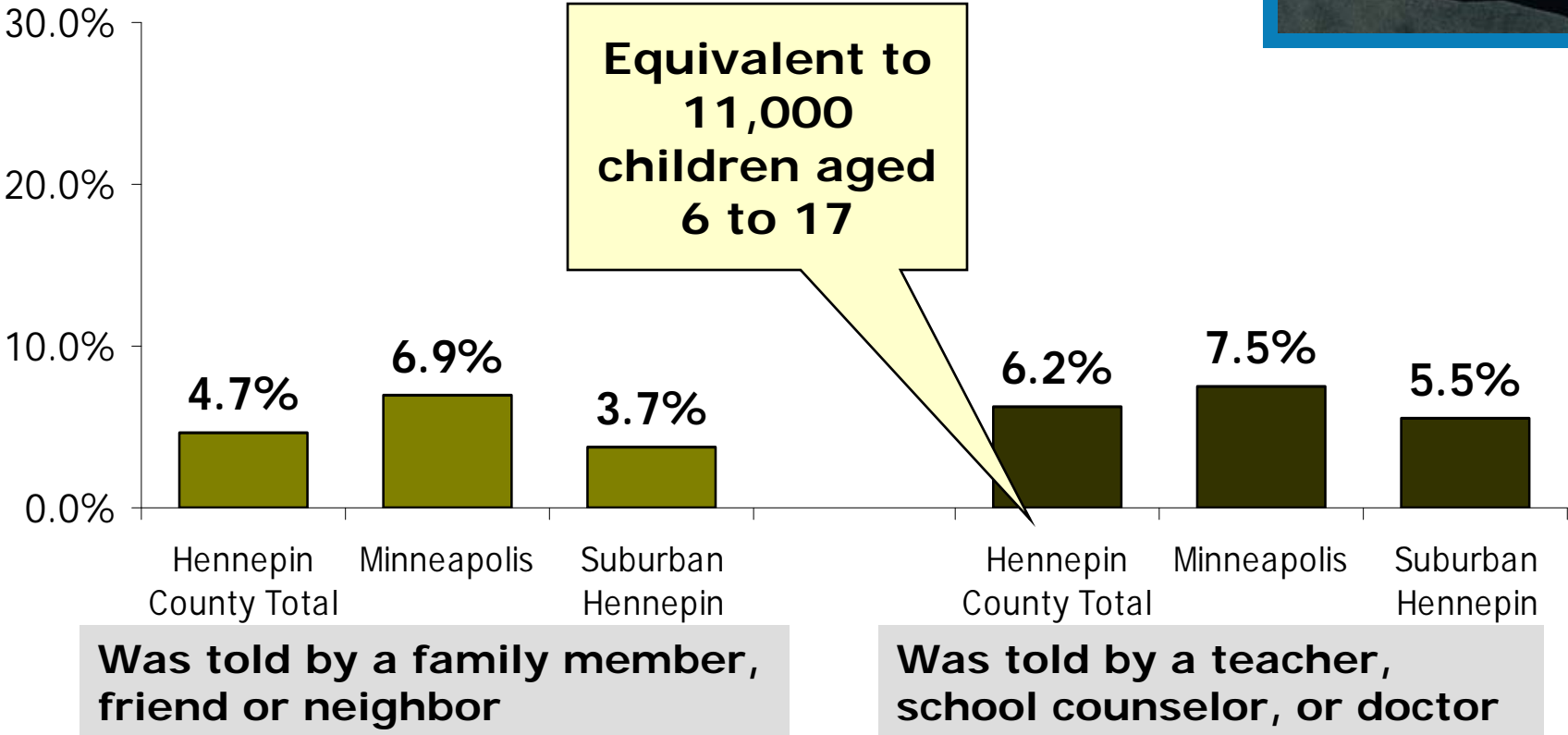




# Percentage who were told that their child needs help from a professional for emotional or behavioral problems



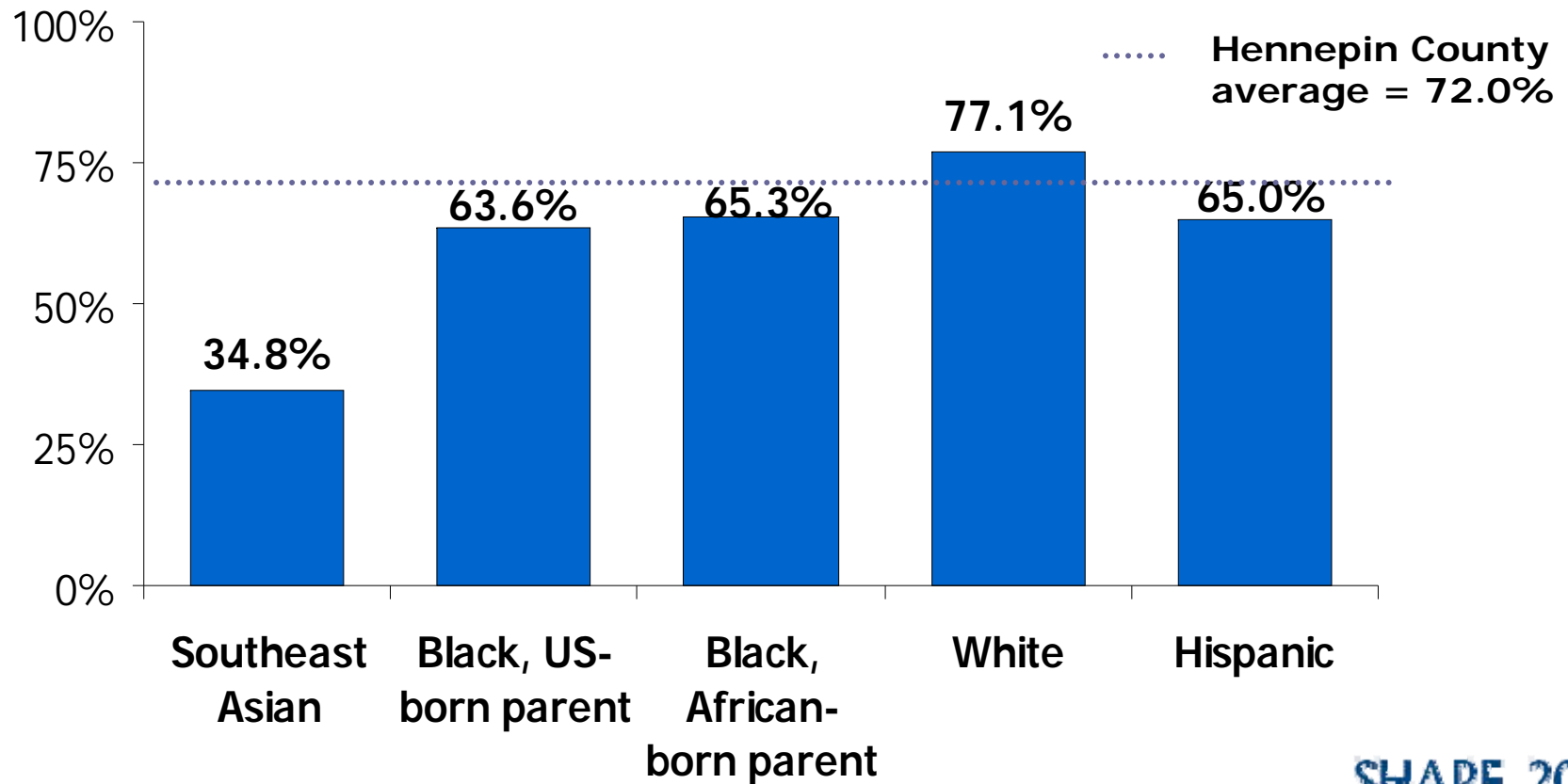
## Among children aged 6 to 17



# Percentage of children who had two or more servings of fruit yesterday by race/ethnicity



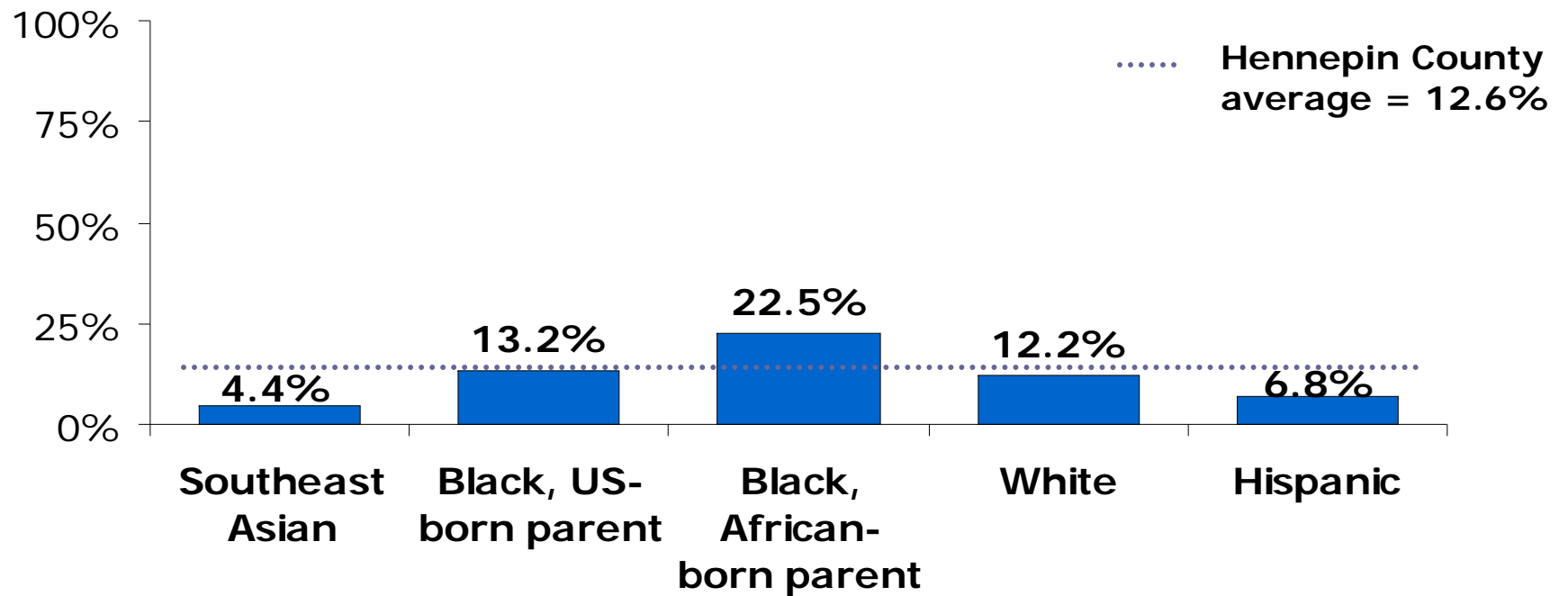
Among children aged 2 to 12



# Percentage of children who had three or more servings of vegetables yesterday by race/ethnicity



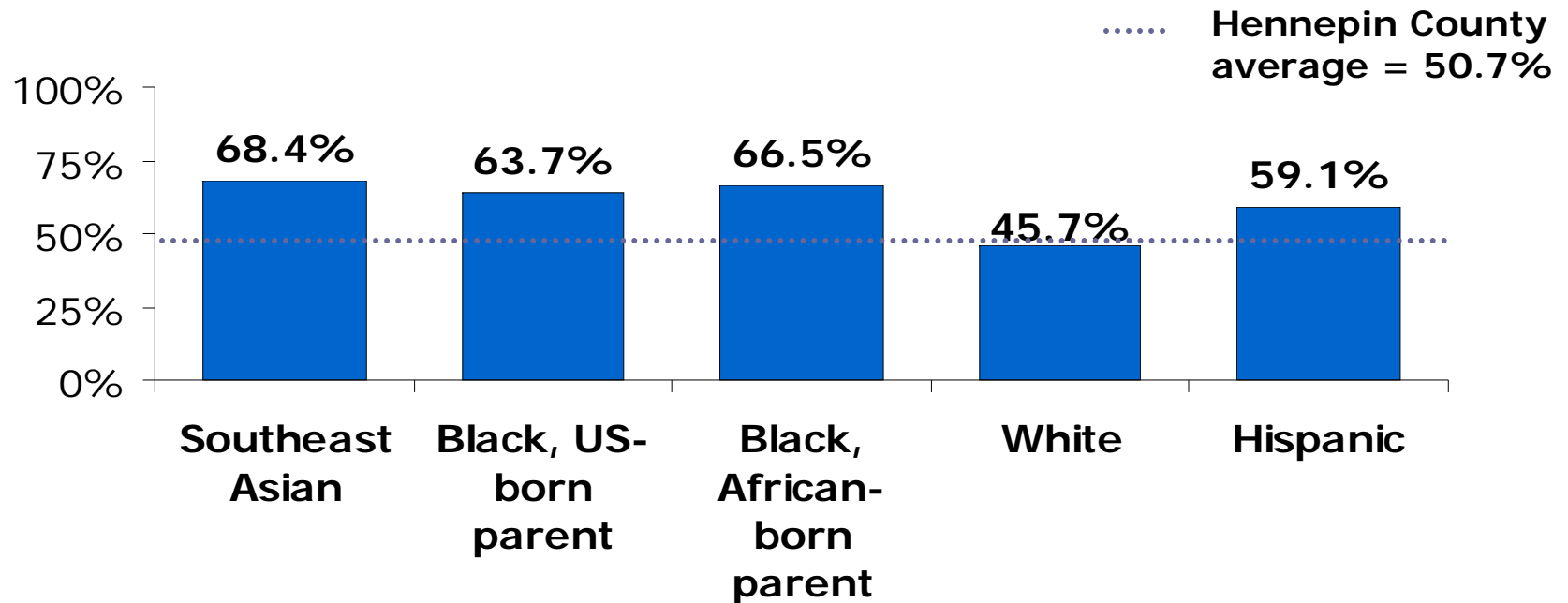
Among children aged 2 to 12



# Percentage of children who had any sugar-sweetened drinks yesterday by race/ethnicity



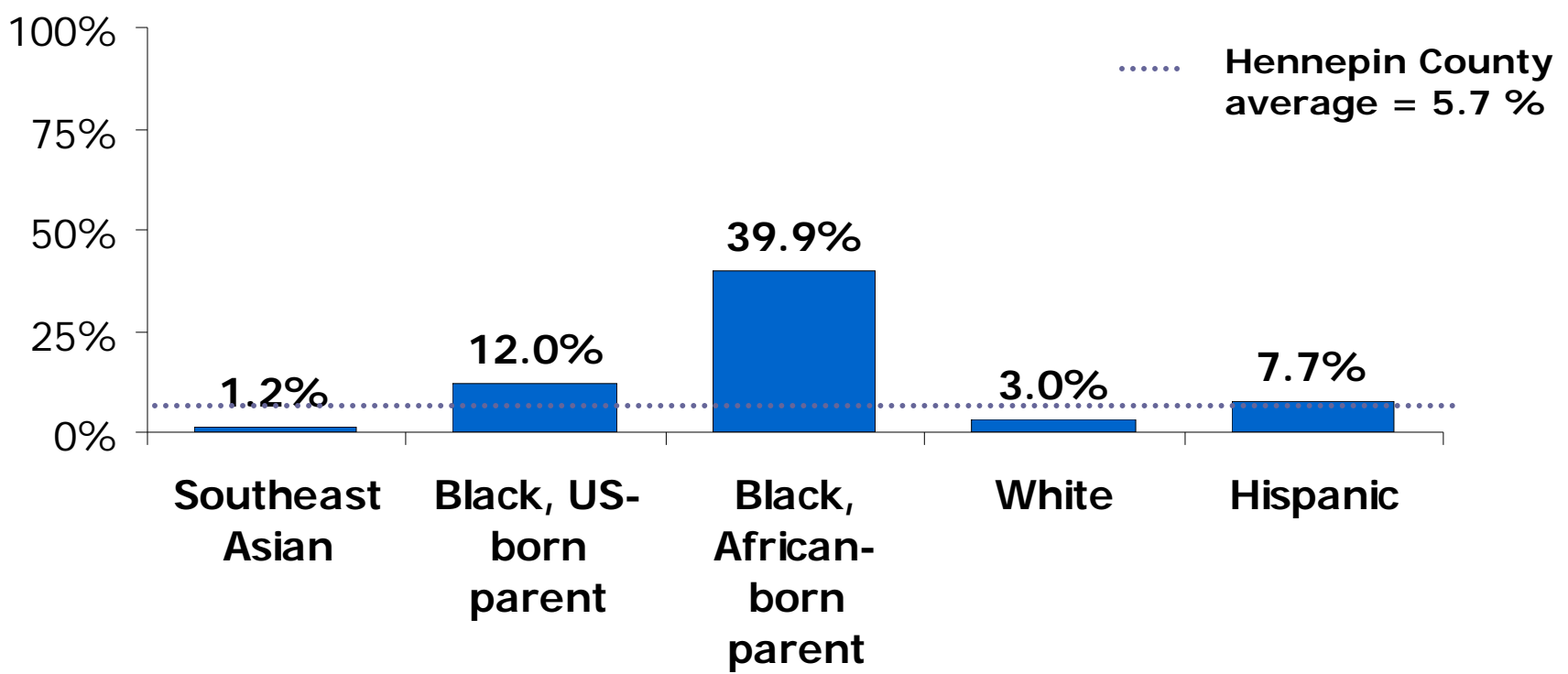
Among children aged 2 to 12



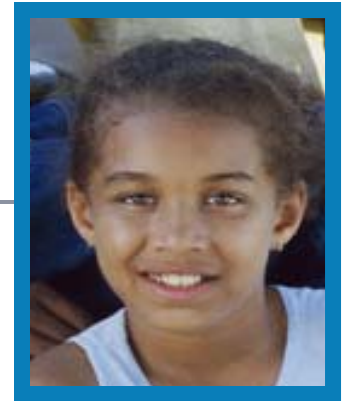
# Percentage of children who had three or more sugar-sweetened drinks yesterday by race/ethnicity



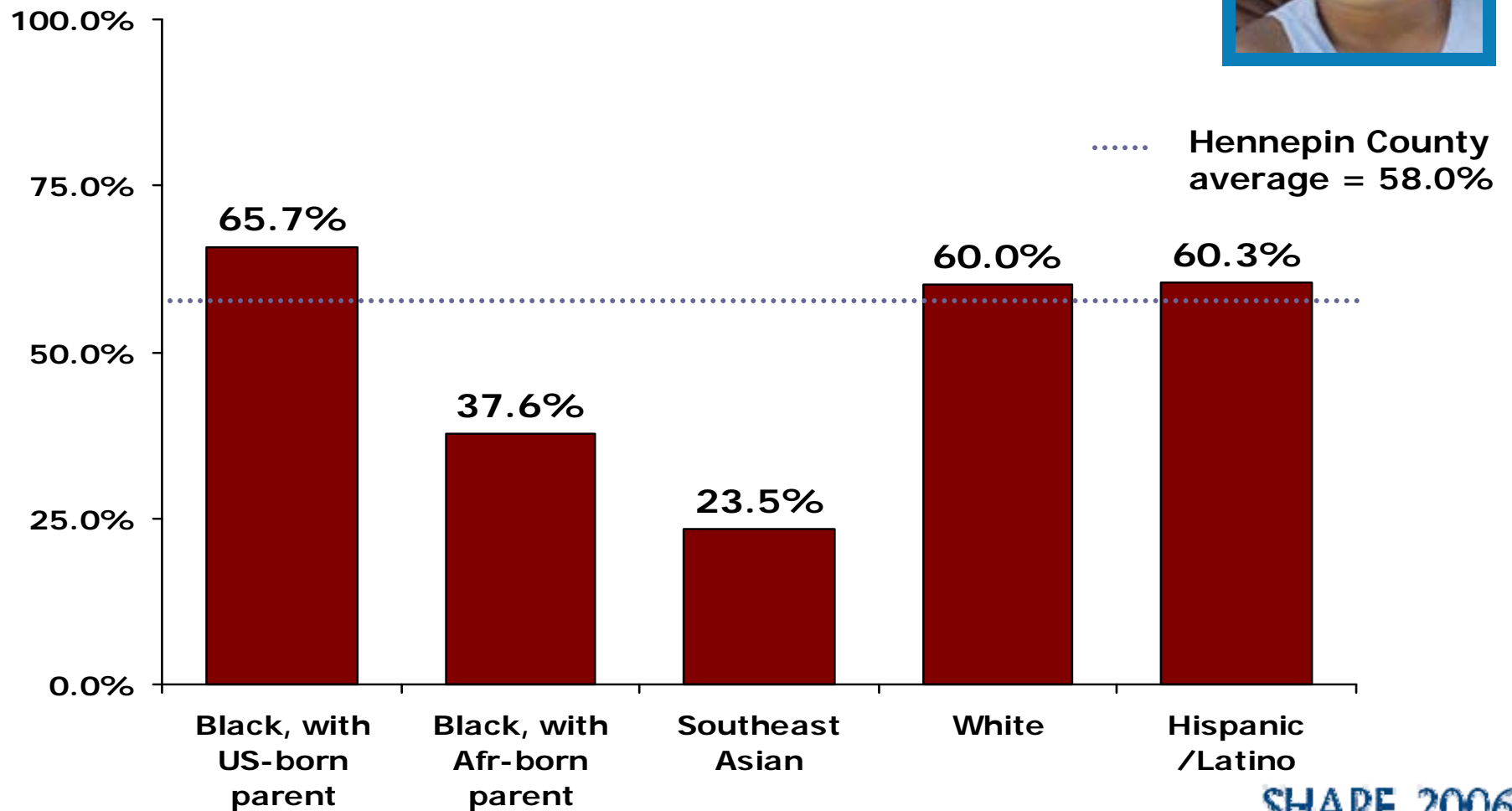
Among children aged 2 to 12



# Percentage of children who were physically active for at least 60 minutes on five or more of the past seven days

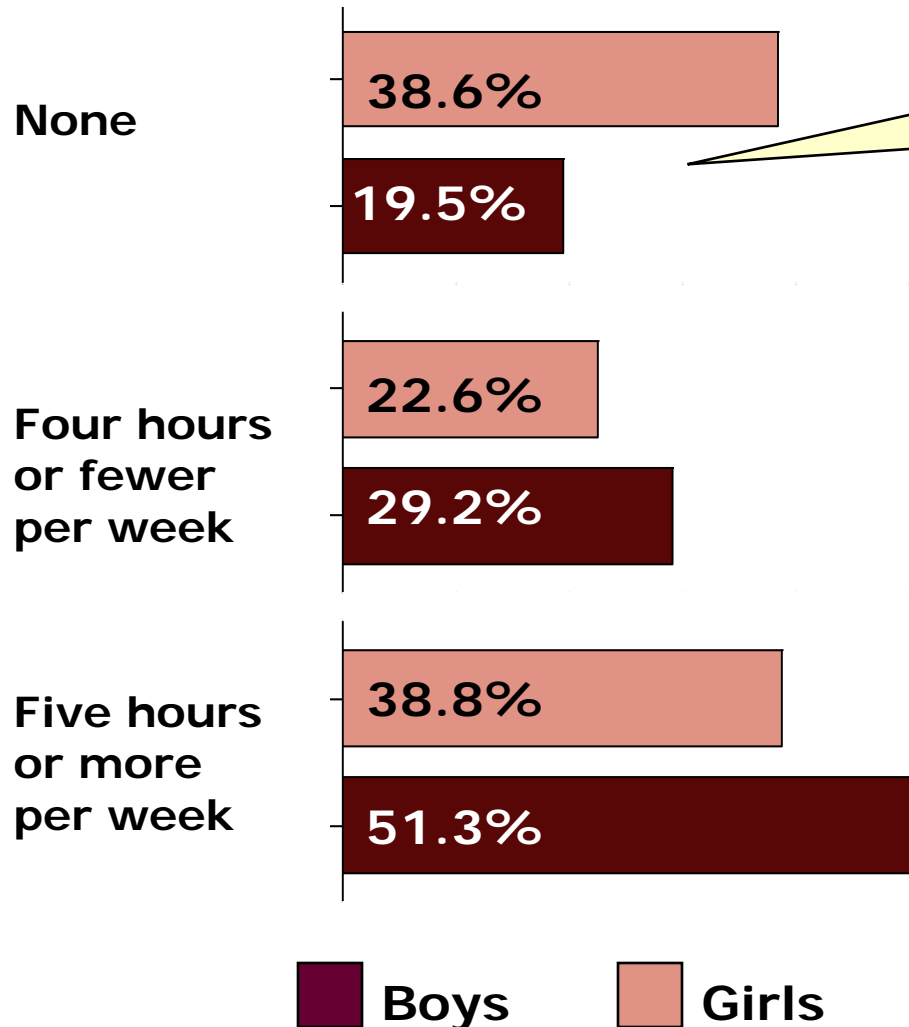


Among children aged 6 to 17



# Percentage of adolescents who are engaged in sports activities during a typical school week

Among adolescents in Grades 7 to 12



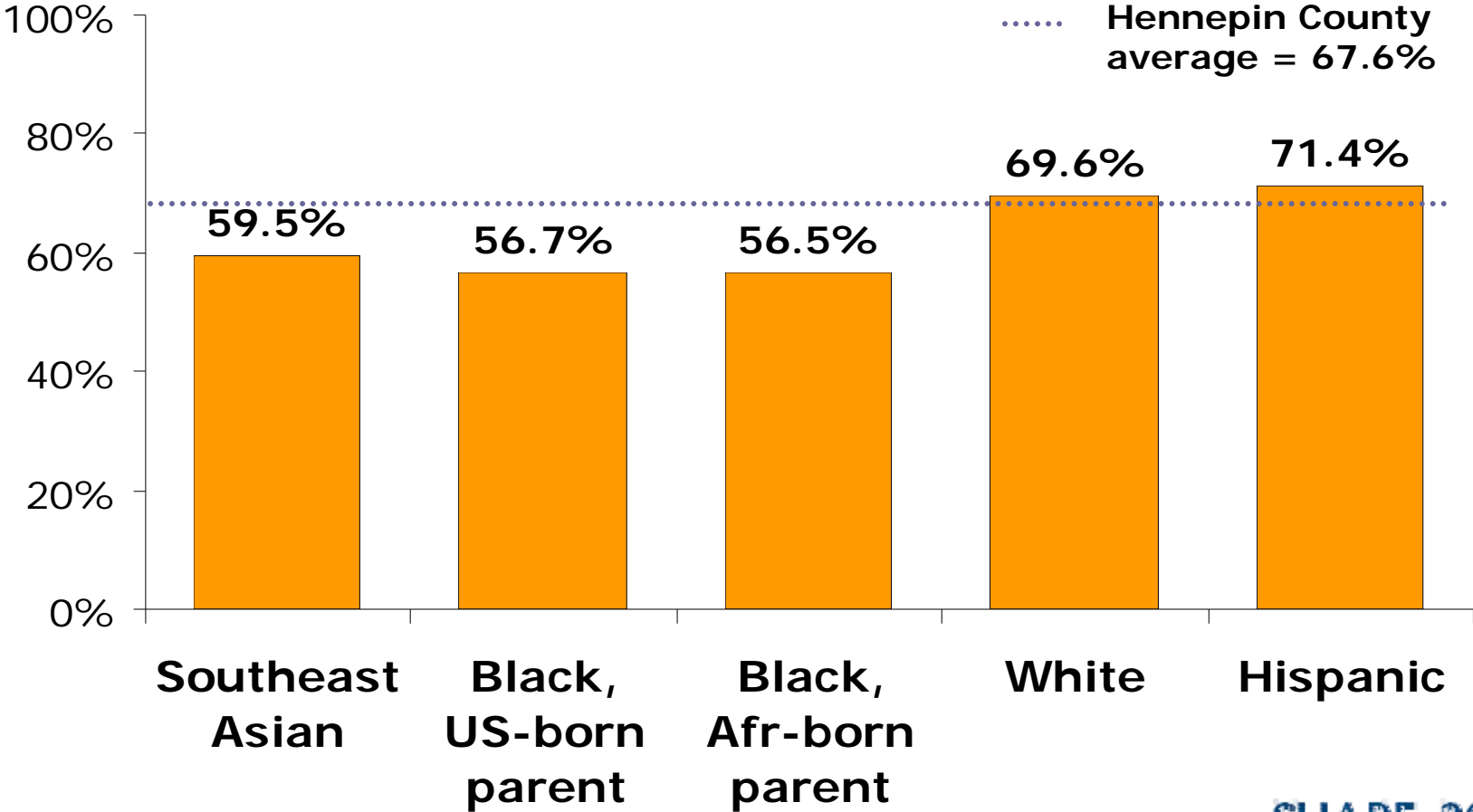
Girls are twice as likely to have had NO sports activities



# Family members eat at least one meal together on five or more days per week



Among children aged 0 to 17

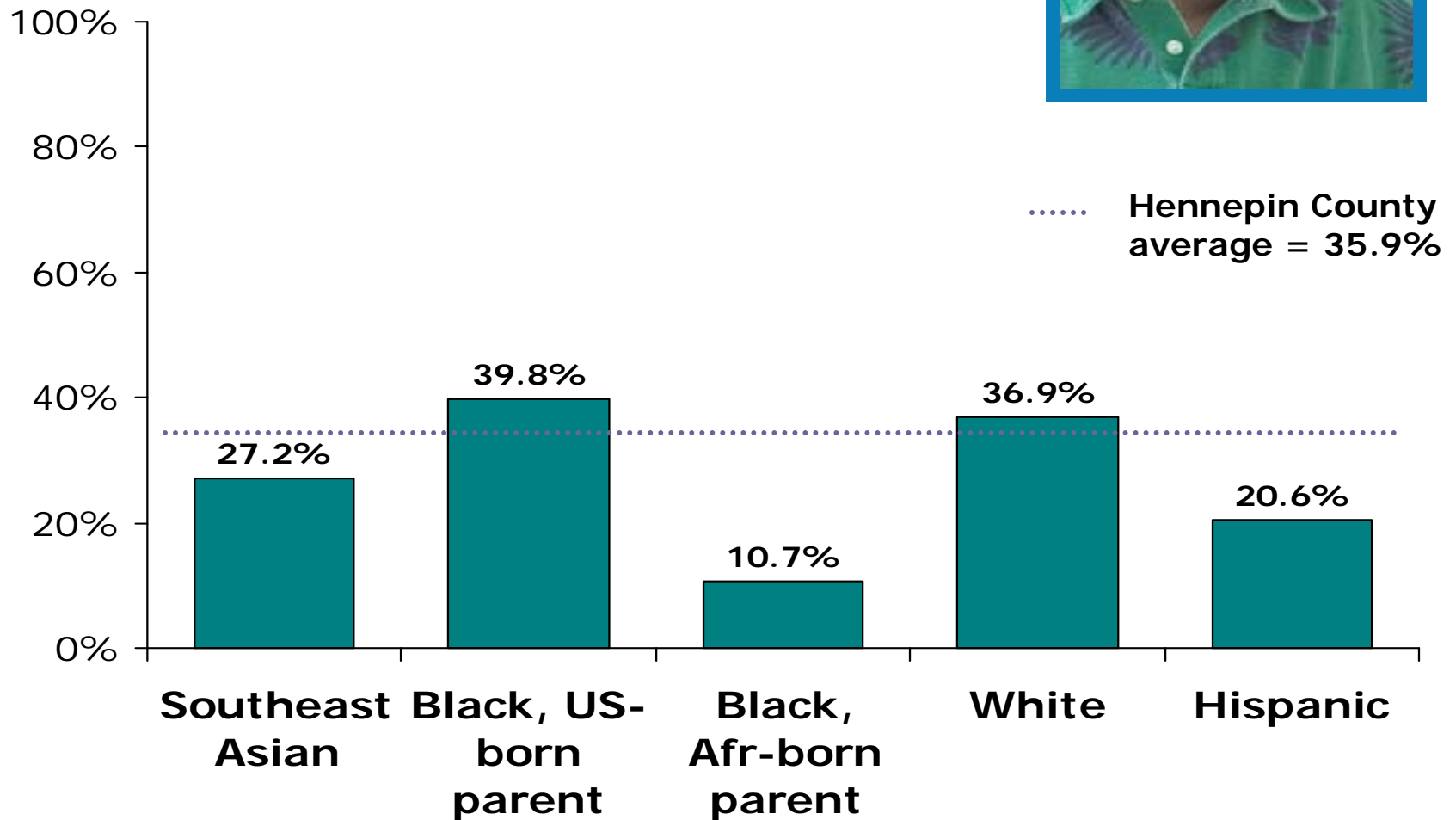




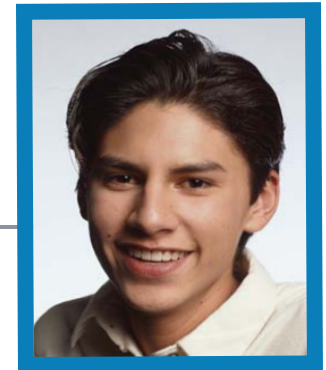
# Youth who “hang out” without adult supervision for 5 or more hours per week



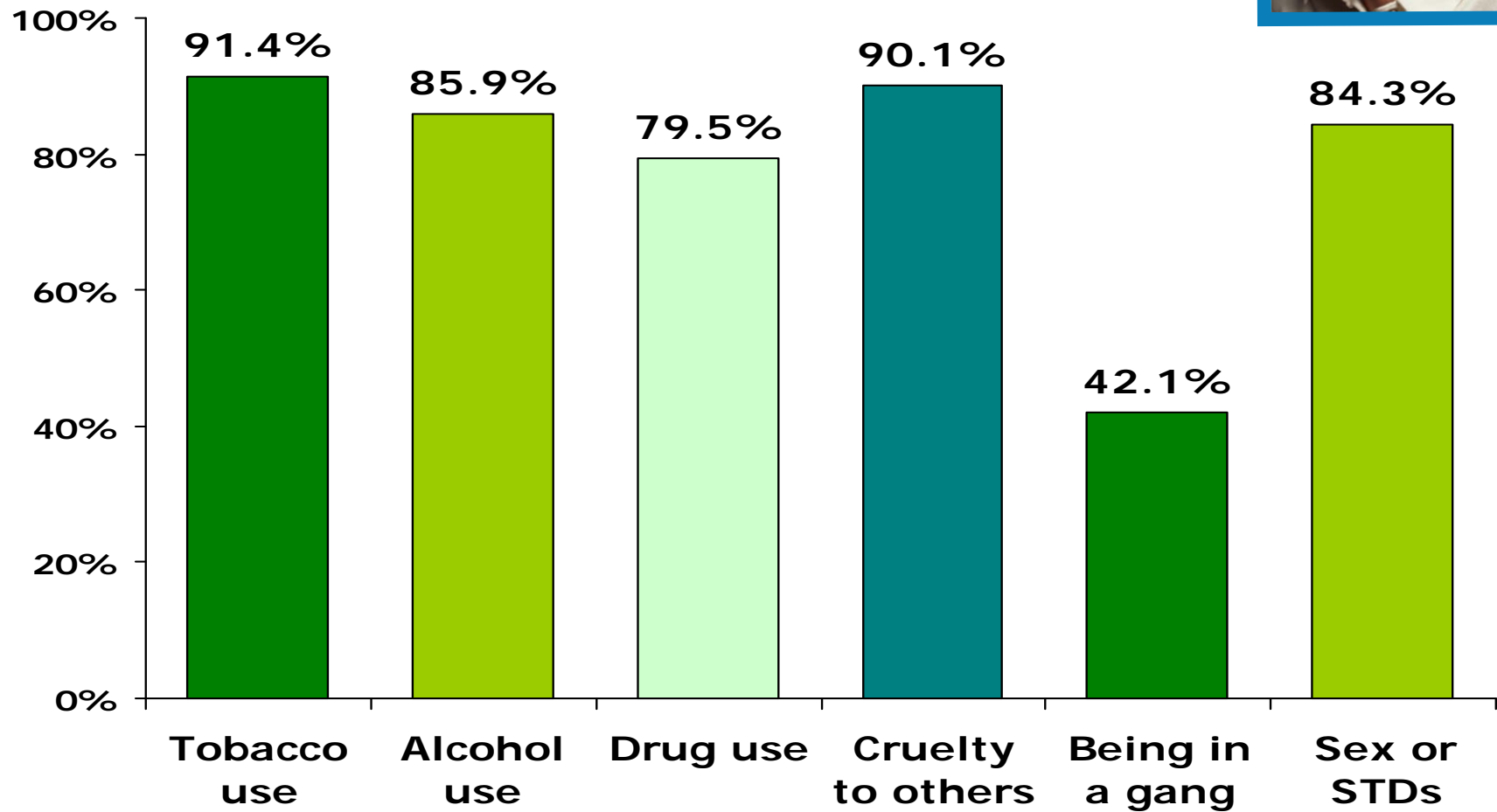
Among adolescents in Grades 7 to 12



# Children whose parents have ever talked to them about the dangers associated with specific risky behaviors

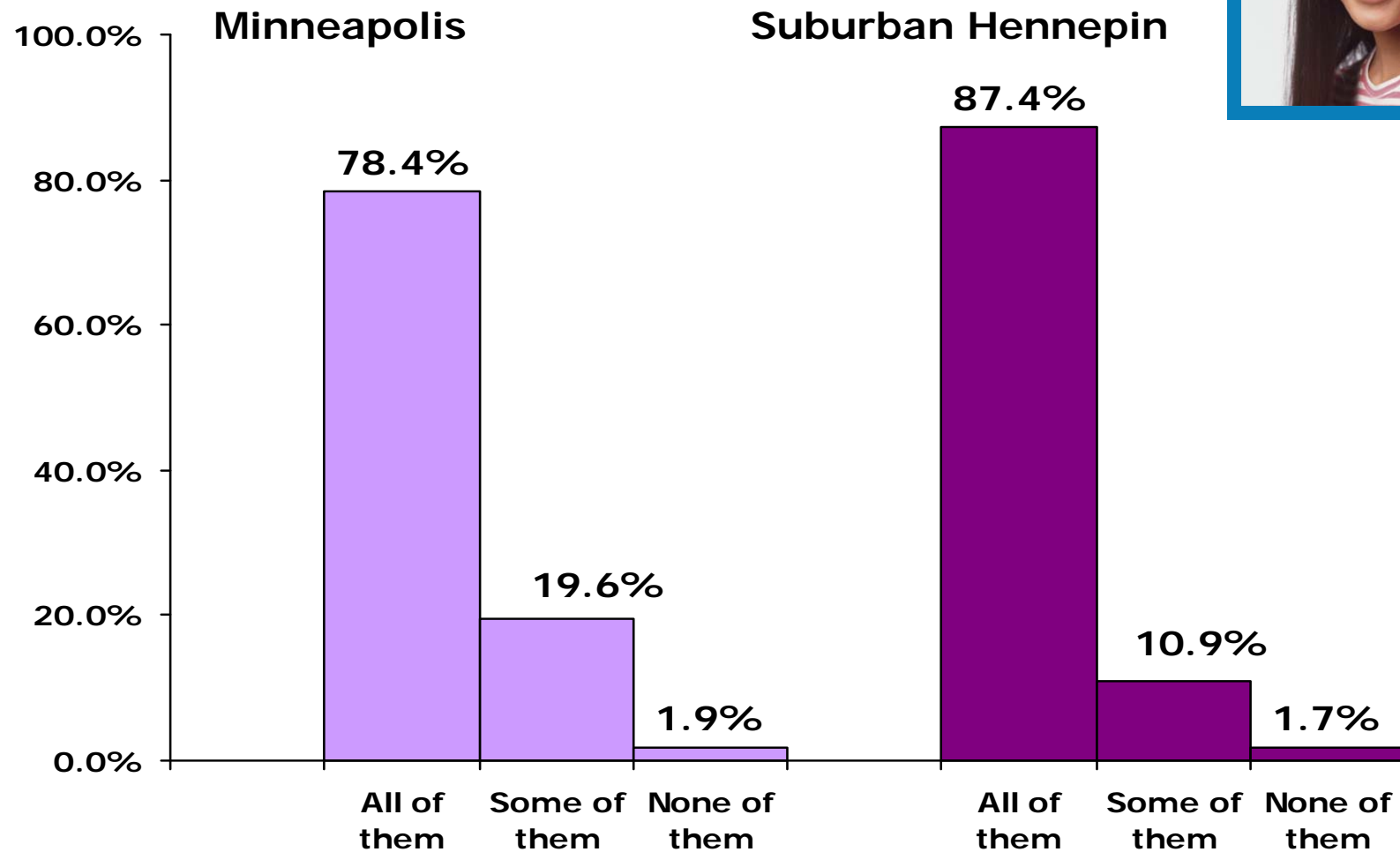


Aged 6 to 17; for sexual activities, aged 10 to 17

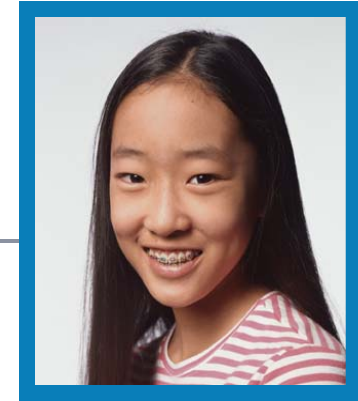


Do parents attend regularly scheduled parent/teacher conferences for their child?

Among children in Grades 1 to 12

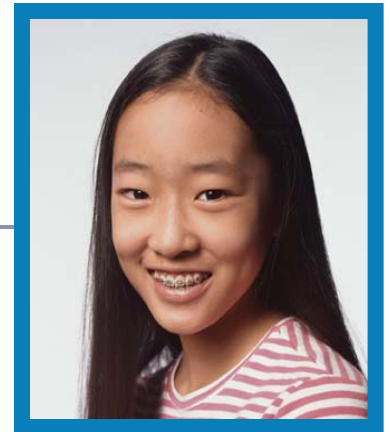


## General guidelines for recommended amount of time children should spend doing homework or reading

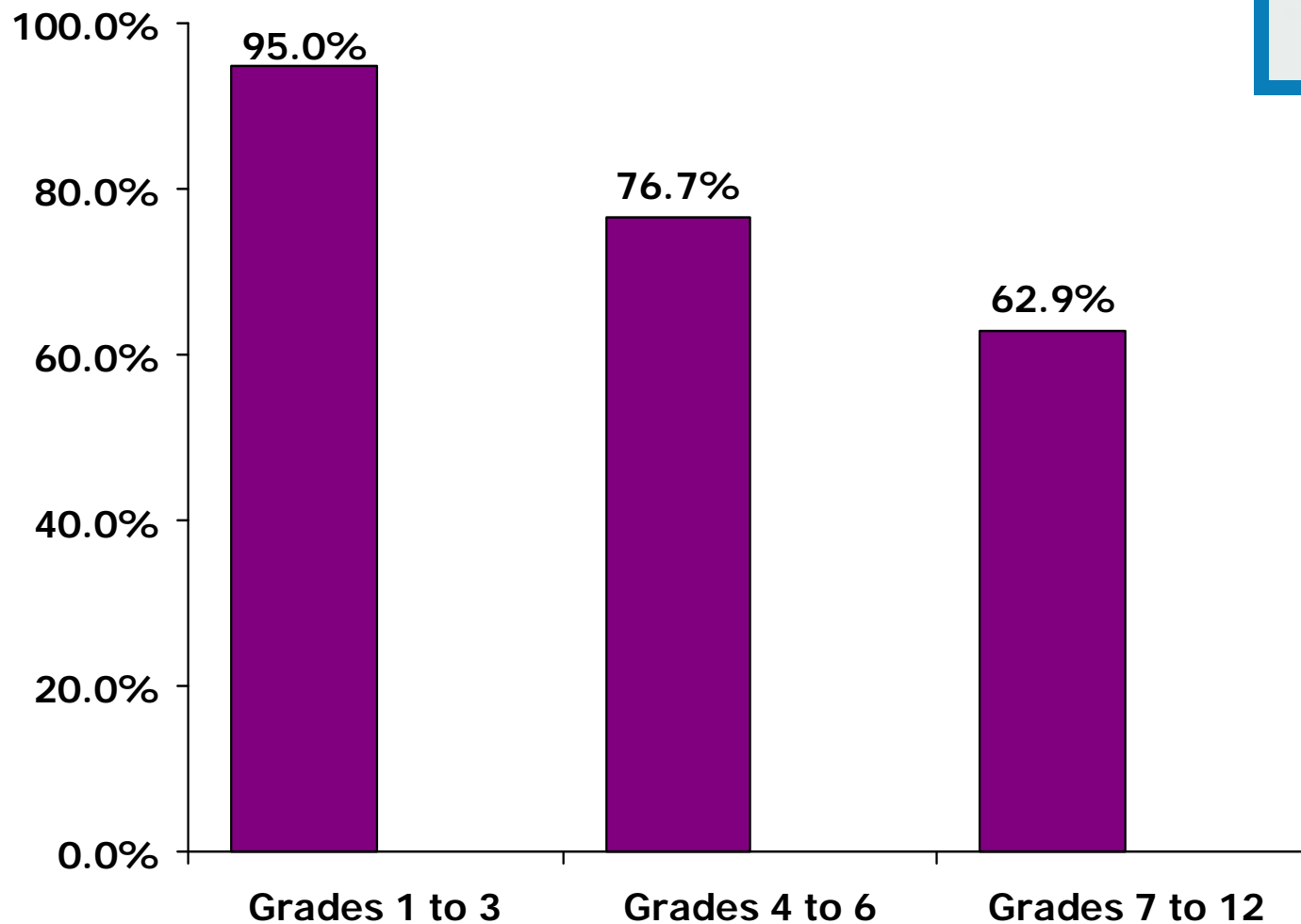


<b>Grade Level</b>	<b>Recommended amount of time</b>
<b>Grades 1 or 2</b>	<b>15 minutes per day</b>
<b>Grade 3</b>	<b>30 minutes per day</b>
<b>Grades 4 or 5</b>	<b>45 minutes per day</b>
<b>Grades 6, 7 or 8</b>	<b>1 hour per day</b>
<b>Grades 9 or 10</b>	<b>1.5 hours per day</b>
<b>Grades 11 or 12</b>	<b>2 hours per day</b>

On a typical day, the child meets the recommended guideline for the amount of time spent doing homework or reading



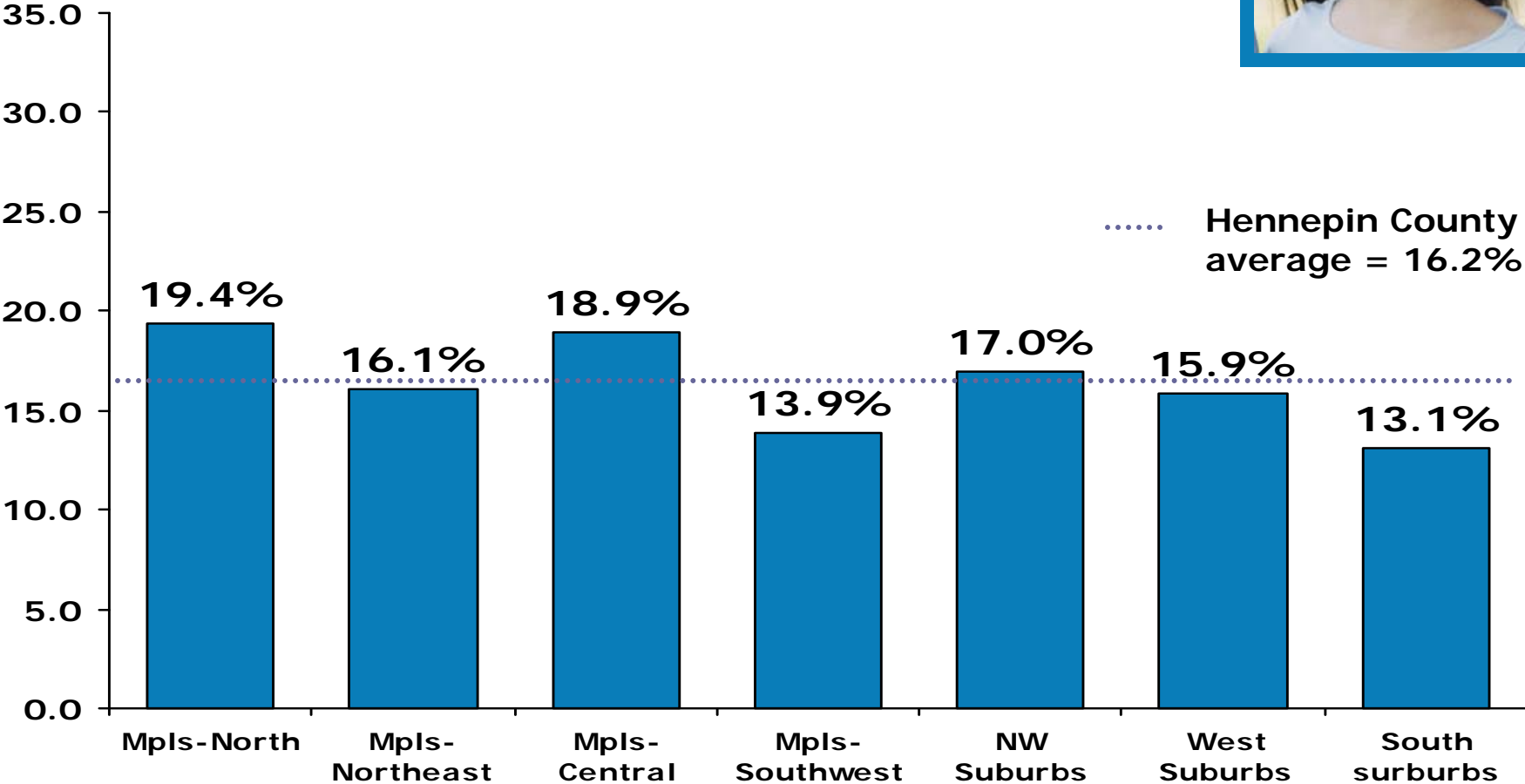
Among children in Grades 1 to 12



# Percentage of children whose parents reported they were sometimes, usually or always picked on, teased or bullied by others



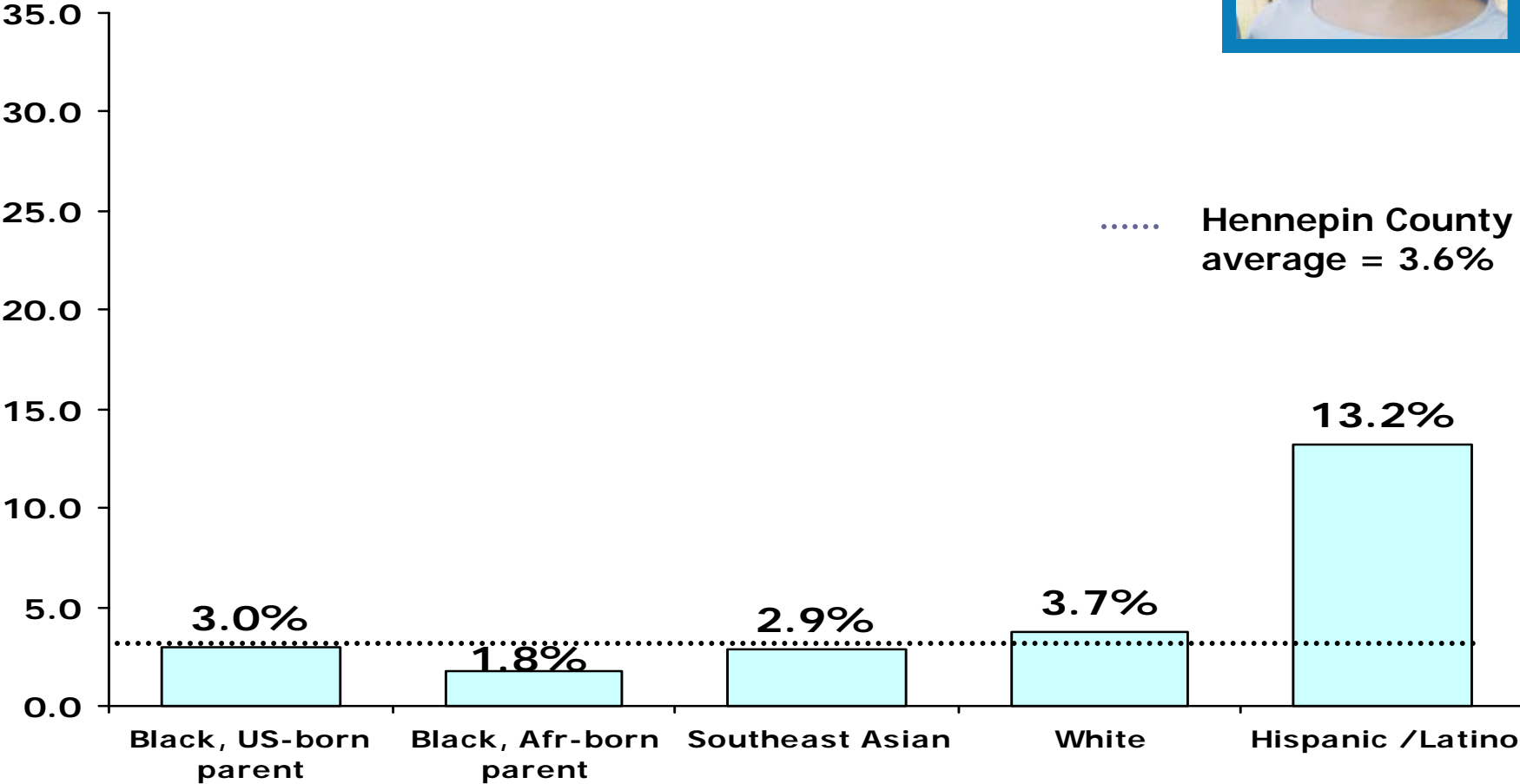
## Among children aged 4 to 17



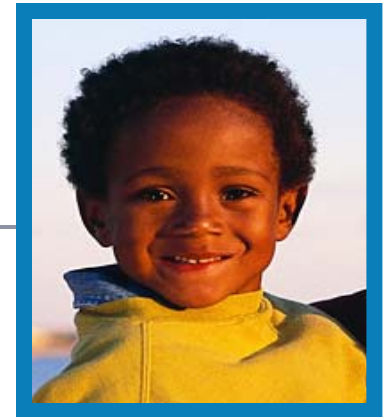
Percentage of children whose parents reported they were sometimes, usually or always afraid to go to school because they were picked on, teased or bullied by other students



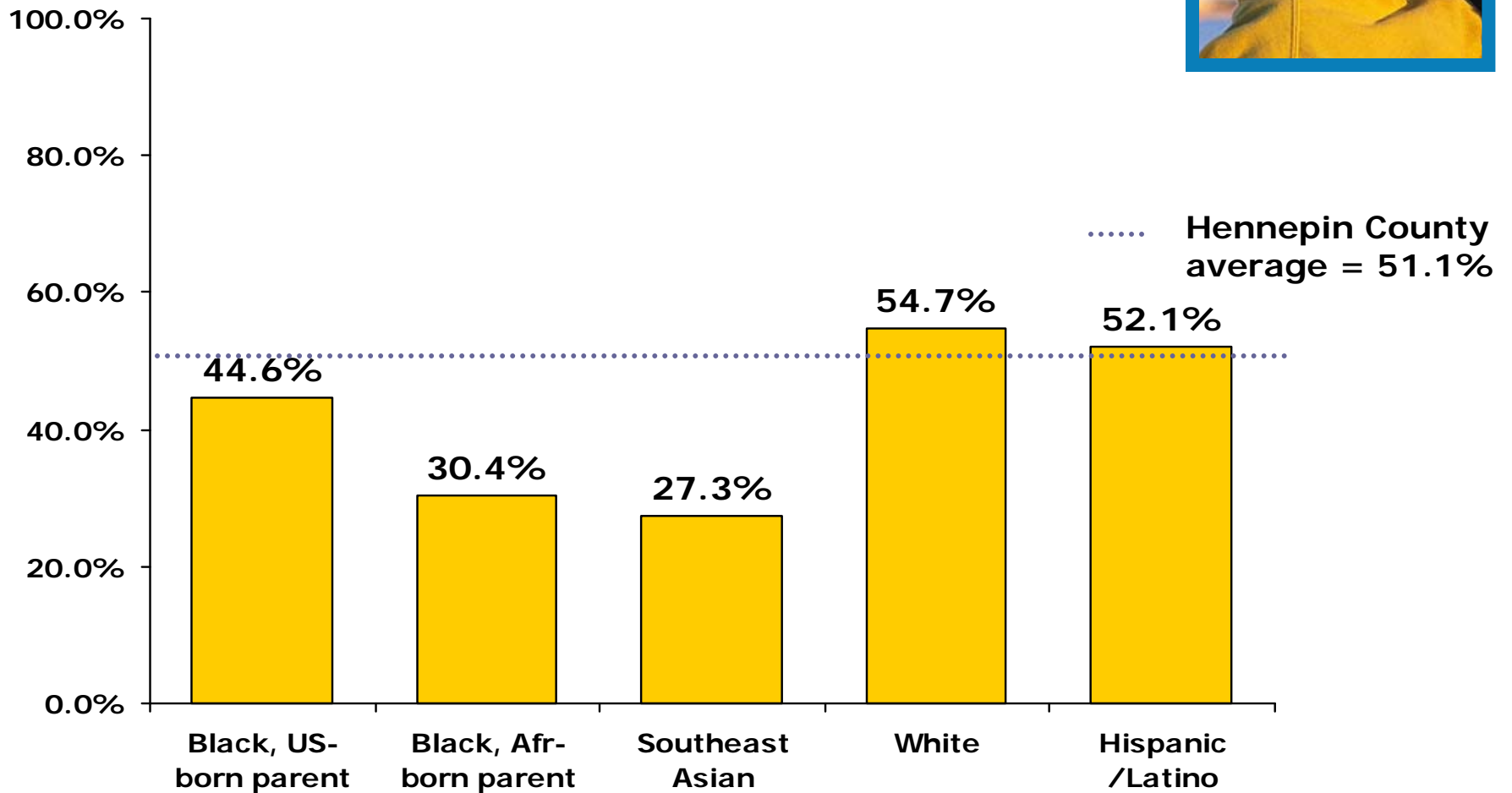
### Among children in Grades 1 to 12



# Percentage of children who regularly receive child care by someone other than a parent or guardian

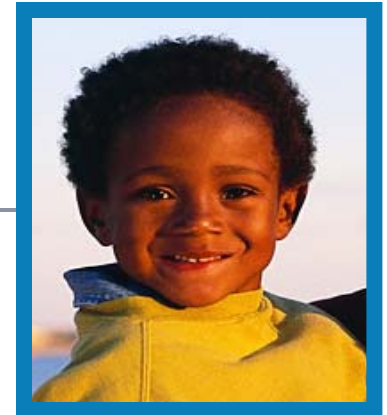


Among all children aged 0 to 5

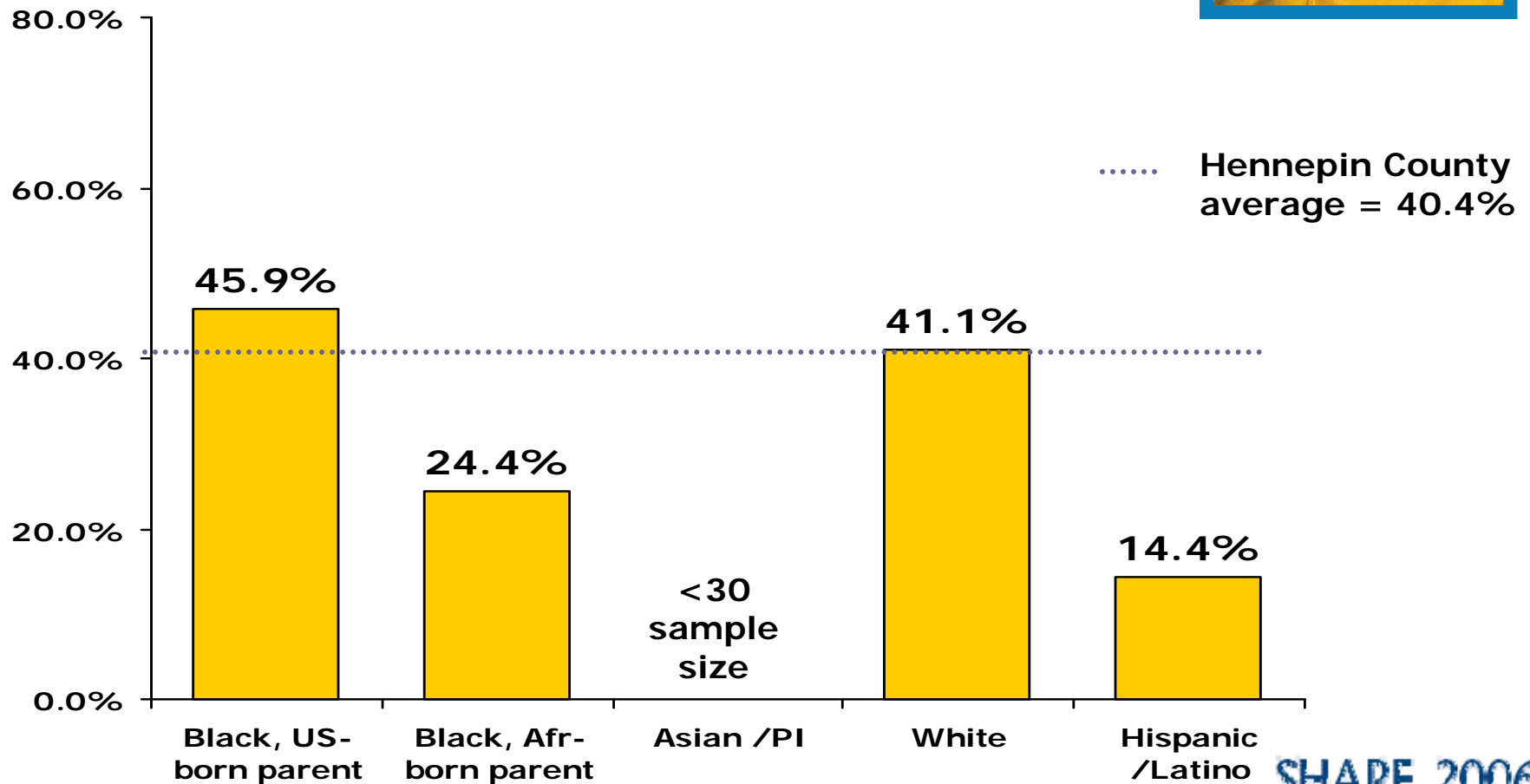




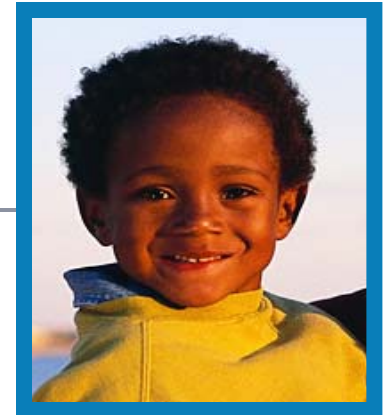
# Percentage of children who regularly receive care in a Daycare Center



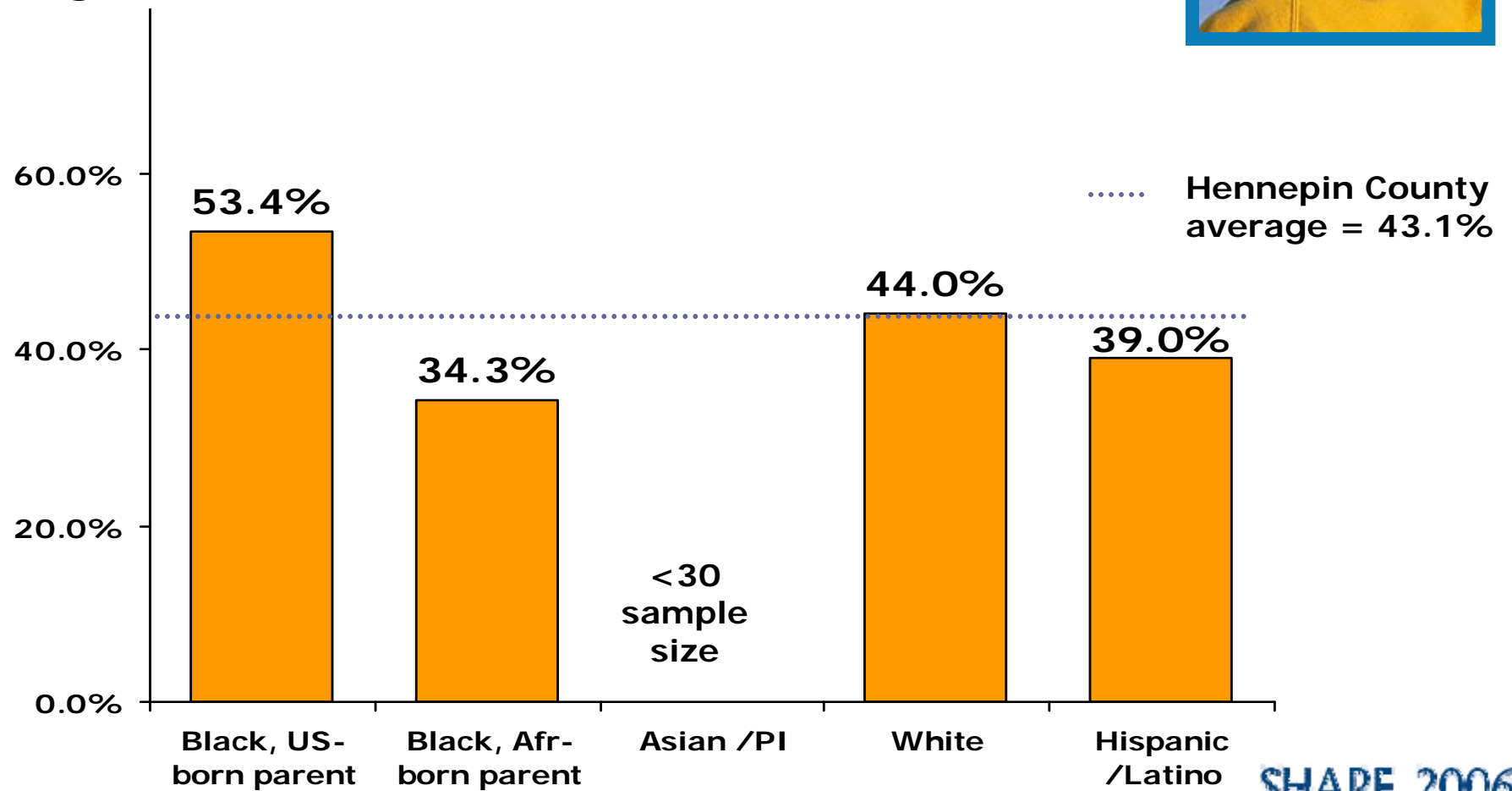
Among children aged 0 to 5 who receive regular child care



# Percentage of children who regularly receive child care in **Someone's Home**



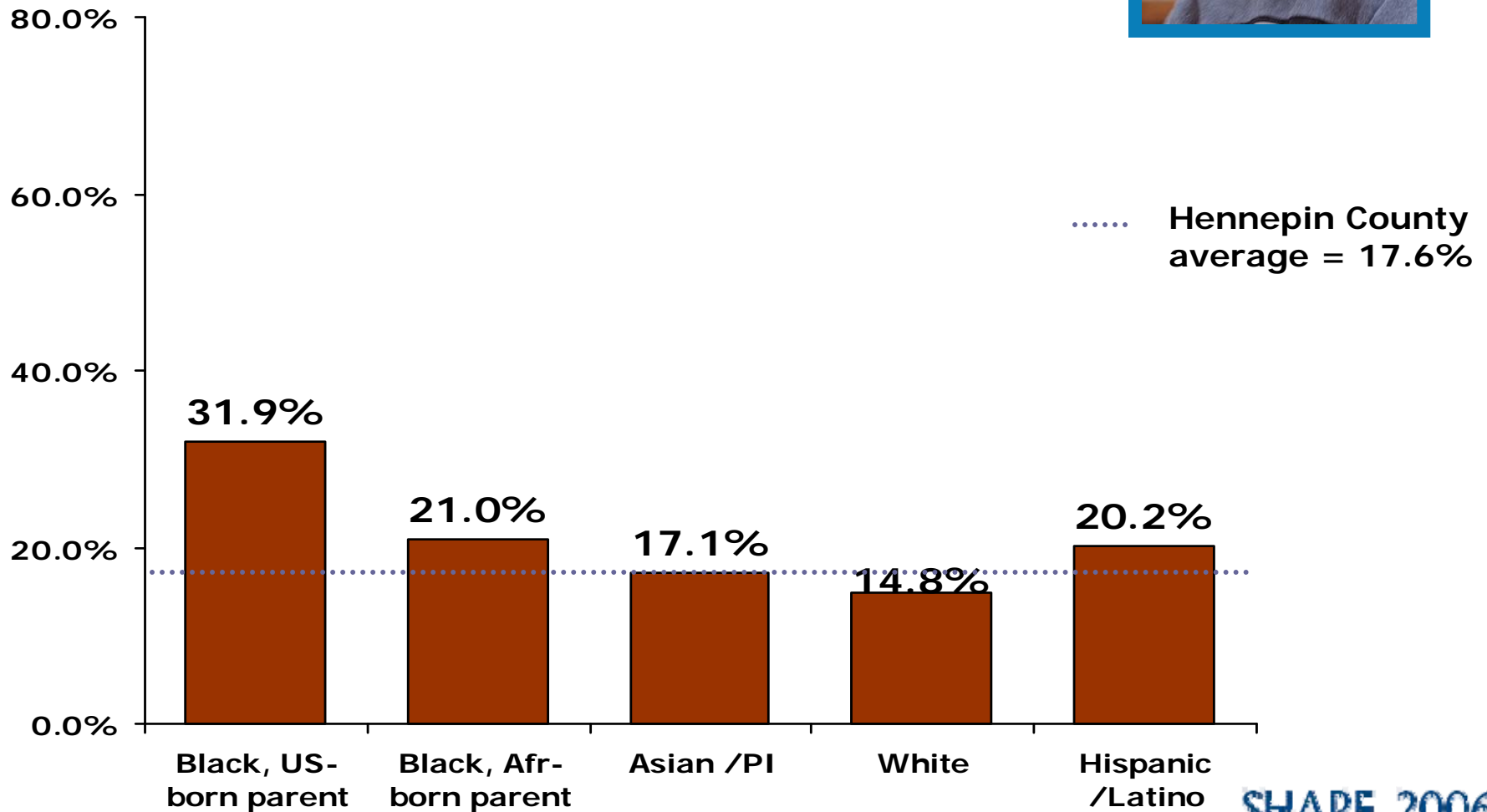
Among children aged 0 to 5 who receive regular child care



# Parent had to change work hours, quit a job, or not take a job due to child care problems



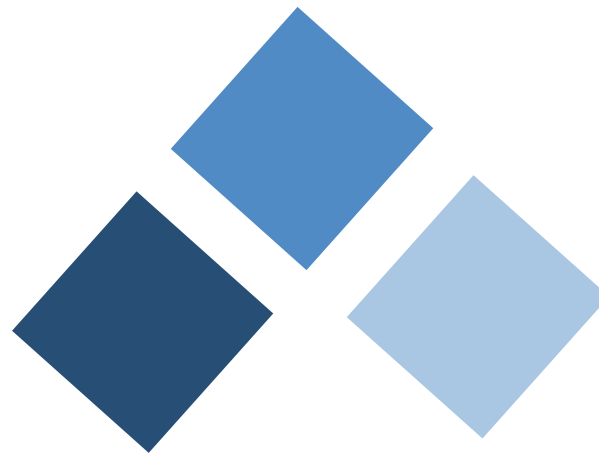
Among all children aged 0 to 5



# How to find out more ...

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[www.hennepin.us/SHAPE](http://www.hennepin.us/SHAPE)



**SHAPE 2006**