

## Program Theory

Activity	IF the activity is provided, THEN what should be the result for participants?	WHY do you believe the activity will lead to this result?	What evidence do you have that this activity will lead to this result (data from your own or other services, published, literature, etc.)?
<p><b>Provide inspiration, tools, and learning and networking opportunities</b> to city and county staff working on their jurisdictions' 2040 comprehensive plan updates.</p>	<p>Staff will have the knowledge, language, tools, motivation and a support network to create plans that address the social determinants of health – and make healthy communities a priority in local decision-making.</p>	<p>Providing staff with knowledge, skills, tools and support and an environment in which to practice, gives staff confidence to use these as they work on their jurisdiction's comprehensive plan.</p>	<p>National planning and public health data show that health is a critical aspect of community planning.</p> <p>“Making the healthy choice, the easy choice” has been shown to be effective in increasing healthy practices and behaviors. It is easier to carry out healthy community planning if resources and support are readily available.</p>

# Logic Model: Metro Healthy Comprehensive Plans Workgroup

**Situation:** Eighty percent of our total health results from our built, natural and social environments. Many of the problems and solutions to improving our health are affected by how we plan, build and care for these environments.



**Priority:** All metro area cities, towns and counties will update their comprehensive plans by December 31, 2018; these plans should include measures that support community health and address the social determinants of health.

## INPUTS

Hennepin Co. support for carrying out activities and producing outputs

Funding from SHIP

Staff time from Hennepin Co., and Terra Soma/BCBS, and other partners

Meeting supplies and meeting locations

Good speakers to share best practices and information on the group's priority topics

Workgroup members shared: information, ideas, questions and issues, research, work products, and contacts

## ACTIVITIES

Convene a healthy comprehensive plans workgroup for metro area local government staff who are preparing their local plans

Engage workgroup members in setting group expectations, meeting schedule and topics

Plan and carry out meetings with opportunities to learn, share resources and network

Research local and national best practices

Help connect planners to public health professionals and others working to create healthy communities

Provide tools, resources and networking opportunities

## OUTPUTS

Printed, presented and/or electronic resources such as:

- Definition of a healthy community
- Best practices or policy examples locally/nationally
- Sample policy and plan language for comp plans

Checklist for assessing existing plans and illustrating policies that support health in comprehensive plans.

Webpage or similar location for materials and resources; available to workgroup

Other tools, resources, publications and networking or learning opportunities, TBD

## OUTCOMES

**Short Term**

**Knowledge Changes**

Work group participants:

- Increase their knowledge of the social determinants of health, resiliency, equity, and strategies to address disparities in health – and can effectively communicate about these.

Staff, residents, elected officials and other local stakeholders:

- Understand the importance of “place” as central to health; and the connections between health and the built, social & natural environments
- Acknowledge the negative health impacts of past policies and development practices

**Intermediate Term**

**Behavior changes**

Work group participants use skills, knowledge and tools to address health in community planning and in other local processes and decisions.

Work group jurisdictions are motivated leaders in planning, building and sustaining healthy communities.

Addressing community health through the lens of the social determinants of health is a basic, mainstream practice in planning, infrastructure & service delivery and planning for regional local governments

Health disparities and other negative impacts of past practices are addressed

**Long Term**

**System changes**

Twin Cities metro residents:

- Have equitable access to achieving their full health potential

Metro governments:

- Strive to meet the basic needs of all residents;
- Provide ample choices and opportunities to thrive economically, environmentally and culturally;
- Empower others through collaboration & inclusive engagement for the creation of safe and sustainable environments;
- Base decision-making processes on health.

**Assumptions:** Support for carrying out these activities; availability of SHIP funds, staff available and willing partners

**External Factors:** Room/site availability, conflicting schedules and member availability, legislative funding decisions, support, leadership and staffing changes