Active Living Hennepin County: Quarterly Partnership Workshop

Active Living in a Winter City
Active, Vibrant, and Connected!

Monday, October 30, 2017
9:00 a.m. to 4:00 p.m.
Centennial Lakes Park, Hughes Pavilion, 7499 France Avenue South, Edina
Note: Breakfast will be served at 8:45am.

AGENDA

Welcome 9:00 a.m.
- James Hovland, Mayor, City of Edina

Workshop overview 9:10 a.m.
- Laura Fredrick Wang and Denise Engen, Hennepin County

Creating and activating winter places 9:25 a.m.
- Peter Haakon-Thompson, Springboard for the Arts
- Tom Shirley, City of Edina
- Alejandra Pelinka, City of Bloomington
- Patty Anderson, City of Maple Grove

Break 10:35 a.m.

Connecting Minnesota’s newcomers to great places year-round 10:45 a.m.
- Celina Martina, Metropolitan Council
- Yaomee Xiong, CAPI

Maintaining places in the winter 11:30 a.m.
- Danny McCullough, Three Rivers Park District
- Matthew Dyrdahl, City of Minneapolis

Break and get lunch 12:15 p.m.

Keynote Speech: Hazel Borys – Active Winter Places 12:30 p.m.
Introduction by Marion Greene, Commissioner, Hennepin County District Three
Winter is an amenity where active living can take on a different character! Hazel will help us contemplate placemaking in the winter context, with 5 key winter city urban design essentials: street character, the
useful walk, shelter from elements, civic anchors, and human scale. We will look at examples of places where winter walkability is working now, creating places that are regularly available for winter use.

**Break and assemble for tours**

1:30 p.m.

**Assessment tours**

1:45 p.m.

- Tour nearby locations to assess and discuss each space in the context of the winter comfort zone, asking ourselves how well this space does at capturing the sun, blocking the wind, what it feels like, what it would need to make it feel welcoming in the winter.

**Return to Centennial Lakes/Break**

3:15 p.m.

**Group Discussion**

3:30 p.m.

- Debrief after biking walking tour and discuss how ideas can be implemented in ALHC communities.

**Adjourn**

4:00 p.m.
Active Living Hennepin County Partnership

October 30, 2017

Denise Engen & Laura Fredrick Wang
Hennepin County Public Works, Healthy Community Planning

Active living in a winter city
Overview

• Understand the **intersections** of health & the built environment
  - How creating healthy places and healthy communities helps create healthy people

• Learn about **key concepts** for creating inviting winter spaces

• Learn about **creating, activating and maintaining** winter places and spaces
  - Where people of all ages, abilities and winter experience levels can be physically active and socially connected

• Look for winter and people friendly (or unfriendly) **spaces and features** in the local area, via a walking or biking tour
  ...and reconvene to connect what you saw with what you heard today!
Why take on winter?

• It’s a daunting topic!
• How do we move from this...
Why take on winter?

- It’s a daunting topic!
- How do we move from this...
  ...more towards this?
Why take on winter?

• It’s a daunting topic!
• How do we move from this...
  ...more towards this?
• Or this?
Winter reimagined

• New of dialogue and literature around people-centered design
  - UN Sustainable Development Goals, World Happiness Institute

• Also inspired by Metro Transit’s TOD forum held in February 2017
  - How could we bring this into our work?
Healthy Communities
Health is more than biology & medical care

Around 80% of our health has a social or environmental component

- Genes & Biology (10%)
- Social & Economic (40%)
- Health Behaviors (30%)
- Clinical Care (10%)
- Physical Environment (10%)

Hennepin County Community Works, October 30, 2017 | Slide 8
Healthy communities make healthy people

• Many of the problems and solutions to improving our health are affected by **how we plan and design our built environments**

• Planning and designing communities with **health in mind** can lead to improved community health, wellness, and quality of life.
Key Winter Design concepts

- Block wind
- Capture sunshine
- Color and materials
- Lighting
- Infrastructure

Block Wind

• In winter, even warm days can feel cold when we’re exposed to wind.

• Wind blocking or baffling building design

• Blocking wind through the use of awnings, building setbacks and trees (particularly evergreens) can increase comfort

Capture Sunlight

• Making the most of our limited winter sunshine is key.

• Street grids and buildings should be laid out to make the most of street level sunshine during winter.

Use Color & “Warm” materials

• Bright, vibrant colors feel warmer than neutral colors like browns and grays.

• Brightly colored buildings can “warm” a street in winter.

• Wood and clear glass feel much warmer than exposed steel, stone or mirrored glass.

Use Creative Lighting

• “Lightscape” or “nightscape”

• Enliven the long dark nights of winter with the use of creative lighting or fire, each which can make a space much more visually attractive in dark winter months.

Provide Infrastructure

• Provide destinations to draw people outdoors

• Places to walk, bike and to be active
  - Safety and maintenance

• Places to sit comfortably; gathering places

• Places to duck in and get warm

Today’s program

You will hear more about these concepts and the following topics:

- Creating and activating winter places
- Embracing winter as a part of our identity as Minnesotans
- Connecting Minnesota’s newcomers to great places year-round
- Maintaining places in the winter
- Active winter places: winter as an amenity

Get set to learn, be inspired – and please enjoy the day!
The Original Art
Shanty--2005
Drive-in Movies
FISH HOUSE ART, NOT DRAWN TO SCALE

By Bob von Rosenberg
Star Tribune Staff Writer

At first glance, the tableau appears to be quintessentially Minnesotan: nearly 30 fishig shanties scattered across the glimmering frozen surface of a suburban lake. But looks can be deceiving. The scenes are, in fact, a bit different from the accepted norm. For starters, they’re not intended for fishing. Some don’t even have a hole where lines can be dropped. And they’re being excavated by artists.

“Using the whole lake as a gallery,” said Peter Hanson, a photographer who grew up on the shore of Medicine Lake. “It’s done by my parents’ house and we have all these fish houses. I didn’t fish. Fishing doesn’t appeal to me, so I figured this was a way to partake of all the cool aspects of this without having to fish.”

Hanson and artist William Harman added, “The idea is that people come out here and use this temporary, beautiful space. It’s one of the last few places with no regulations, no permits, no limits to the size of the artwork you can create.”

Hanson, Harman and the contractors working on the project have been busy building the fish house art project, which is funded by a grant from the Minnesota Arts Board. The project is expected to be completed by the end of the year.

“Having a place to hang out and enjoy the outdoors has been a dream for many years,” said Hanson. “This is a perfect opportunity to make that dream a reality.”

The project is expected to attract visitors from all over the state, as well as from other parts of the country.

The Fish House Art project is a collaboration between Hanson, Harman and the contractors working on the project. It is funded by a grant from the Minnesota Arts Board.

“A different perspective | World War II through Germany’s eyes

INTERNET INDEX

Facet & Places B7
Orchards B8
Weather B10

By Steve Brandt
Star Tribune Staff Writer

Parents love it, but a program to make it easier for Minneapolis kids to get to suburban schools still can’t show any evidence that it is boosting student achievement.

State officials on Friday released an annual update on the program, which costs more than $1 million annually. They said they won’t know until at least May whether those attending the suburban schools for increased integration.

The program, known as "Choice," lets students from low-income families attend school in another district and receive transportation to the suburban school.

"Why in God’s name don’t we have academic data?" asked Manila Public School District Superintendent John B. Hefley, whose district is one of the few in the state that has implemented the program.

He said it was a common issue among districts and that the program was not as effective as previously thought.

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Bicicle Race
Basketball Shanty
Guinness attempt for longest bunny-hop on ice
Norae Shanty
Ready Go connects neighborhoods, businesses, non-profits and libraries to artist-created, mobile tools that are purpose built to pique curiosity and prompt interaction.
You know I’ll remember
you and I know, you know
I hope you’ll remember
ow we danced
WHAT IS YOUR WEIRD SPORT/HOBBY?

TW|EN
---|---
Cliff jumping | TENNIS
Rowing! | Rock Climbing
Tennis in Rain | Collecting Fairytale Books
Badmintonall | Spontaneous Dance Party
FA NSY BASEBALL | Thunderdome
Collecting Children's Books | Giving Piggyback Rides!
Taking photos of my pink plastic monkey | Fencing
RACE SAILBOATS
thrifting | Sandal Tossing
Campus Golf | Icicle Bowling
Motor cross | Juggling
9芜HaN | Soapmaking
Knitting | Swimming with my cat
Centennial Lakes Park

• Opened in 1991
• One of the original Mixed-use developments. Live/Work/Shop/Play
• Summer Programming Options: Putting/Croquet/Lawn Bowling/Amphitheater/Fishing/ Paddle Boats/Model boating.

www.EdinaMN.gov
Winter Programming - Skating

- Uniqueness of CLP Rink
- 3 ponds connected by channels
- Almost 10 acres
- Lighting
- Music
- Draw of skating on a lake
Hughes Pavilion

• Step up from the traditional warming house; comforts!
• Tables/chairs/benches
• 3 fireplaces
• restrooms
Concessions
Skate rental

- Fewer people own ice skates
- 400 pair
- Charge $6 per pair
- Rent 15,000 pair per season
Ice sleds and trainers

- Ice sleds $8/hr
- Good for non-skaters/skating aid for adults
- Trainers $5/hr
Additional Activities

• Pond Hockey Tournaments
• Winter Ice Festival
• Proposals/Weddings
• Walking Trails
Creative Placemaking

In the South Loop

Activating Spaces in the Winter - Illuminate South Loop
Creative Placemaking Plan
Creative Placemaking

Where is South Loop?
Creative Placemaking Plan

Outcomes:

• Vision: Sustained creative placemaking efforts will establish the South Loop as a distinctive destination known for welcoming creative people and using the arts to transform the neighborhood physically, socially, and culturally.

• Initiation of Momentum Phase
  Establish:
  o Budget
  o Artistry/Bloomington partnership
  o Creative Placemaking Commission
  o City staff position - Creative Placemaking
  o Continue “learning by doing” projects and activities
Creative Placemaking Goals

- Urbanism
- Animation
- Involvement
- Identity
- Leadership
- Investment
Recent Projects

ART BOXES
Landform – Tom Henry
Art Gate – Alexander Tylevich
Community Engagement + Artist-led activities
Upcoming Projects
Wright’s Lake Park Community Mural
Good Space Murals
Vision: Illuminate South Loop is a model placemaking project that will combine installations by world-class artists with event programming and installations by local artists to engage residents and visitors alike in a new sense of identity and possibility for the South Loop during the 52nd Super Bowl in the winter of 2018.
Illuminate South Loop

Where: Bloomington Central Park & Parking Lot

When: January 29 – February 3 (Event components and interactive projects February 1 – 3), 2018
Illuminate South Loop

9 Artist Groups
Interactive installations, performances, projection mapping, large scale participatory light installation

Goals:
• Build on CP Goals
• Leverage increased attention and media presence
• Spark more interest in South Loop
• Inviting to residents – and visitors
• Respond to weather and timing of event, site specific
• Activate Park, show potential
• Surprise and delight
Illuminate South Loop

Vitamin D: A pep rally for spring – Alyssa Baguss
Illuminate South Loop

Warm Welcome Teahouse

Plus/And (Amanda Lovelee and Emily Stover)
Illuminate South Loop

Score! – Daily Tous Les Jours

PLAYFIELD

2 teams, 2 colors
**Illuminate South Loop**

**Takeaways**

- Partnerships are crucial
- City support & creative funding sources
- Special Events Committee
- Locally relevant, site specific = powerful
- Community Engagement
- Working with private sector, property owners
- Then what? Legacy of the event:
  - Lessons, Evaluation
  - Inviting? Inclusive?
  - Walking/biking to Park?
  - Continue to experiment
Thank you!

Alejandra Pelinka
Director of Creative Placemaking
apelinka@bloomingtonmn.gov
952-563-8744
www.blm.mn/placemaking
Great Winter Spaces

Patty Anderson
Maple Grove Parks and Recreation
Central Park of Maple Grove
It all started with a gravel pit and a vision.
Creating a Civic Campus

Community Center

Private Fitness Center

Trails

Government Center

Library
Changes Take Time
Building Phases

1 Trails

2 Town Green

3 Central Park
Central Park

- Experiential
- Leisure
- Non-athletic Complex
- Place Gathering
- Multi-seasonal
How can you start creating great winter spaces?
1. Get creative with marketing and programs
2. Feature an article in your City Newsletter
3. Host a Simple Special Event
4. Use Social Media to advertise your winter spaces
Thank you!
Any Questions?
REGIONAL PARKS
AMBASSADOR PROGRAM

Celina Martina, Senior Outreach Coordinator

Hennepin County Active Living Fall Workshop
October 30, 2017
Regional Parks System

7 Metropolitan Counties

- 54,000 acres
- 380 Regional Trail Miles
- 54 Regional Parks and Park Reserves
- 8 Special Recreation Features
- 47 million visits per year
Racial Disparities in Park and Trail Use in Twin Cities Region

- White or Caucasian: 88.6% (2008 Park Survey), 84.2% (2007 American Community Survey)
- Asian: 4.0% (2008 Park Survey), 4.9% (2007 American Community Survey)
- Black or African American: 2.5% (2008 Park Survey), 6.5% (2007 American Community Survey)
- Hispanic: 2.3% (2008 Park Survey), 4.6% (2007 American Community Survey)
- Two or more races: 0.8% (2008 Park Survey), 2.2% (2007 American Community Survey)
- American Indian: 0.5% (2008 Park Survey), 0.6% (2007 American Community Survey)
- Some other race: 0.1% (2008 Park Survey), 1.7% (2007 American Community Survey)
- Refuse: 1.2% (2008 Park Survey)
## 2014 Park Use among Select Communities of Color Study

<table>
<thead>
<tr>
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<th>Suggestions to increase visitation</th>
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<tbody>
<tr>
<td>1</td>
<td>Increase Awareness</td>
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<tr>
<td>2</td>
<td>Address Safety</td>
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<tr>
<td>3</td>
<td>Enhance Capacity of Gathering Spaces</td>
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<tr>
<td>4</td>
<td><strong>Create Ambassador Program</strong></td>
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Parks Ambassador Program

- Program Purpose:
  - Building relationships
  - Bringing parks to the people
Parks Ambassador

• Building relationships
• Bringing Parks to the People
• Parks Ambassador
Winter Activities
parksambassador@metc.state.mn.us
651-602-1375 or 651-262-8283
capi’s mission enhancement
Asian Food and Nutrition Services –

Workforce Development Services –

Financial Support Services – include Volunteer Income Tax Assistance (VITA) services and ongoing financial education classes.

Health Services and Human Services

Community Engagement – CAPI serves as lead agency of the SE Asian Voting Coalition and the Twin Cities World Refugee Day and engages in advocacy/issue-based organizing efforts (i.e., a Temporary Workers initiative, Blue Line Coalition, etc.) that promote immigrant access and rights.
Asian Food & Nutrition

Asian Food Shelf

Community Gardens for Asian Households
Mnsure and Health care access
Hmong Seniors Program
Caregiver & Eldercare Program
Workforce Development: Employment Services

Minnesota Family Investment Program (MFIP)

Employment Counselors

Career Pathways Program

Employment Trainings

General Job Search

- Work Readiness Classes
- Career Counselors
- Employer referrals

MFIP Clients can also access these services
Outreach Engagement Strategize that Worked

* Direct phone calling to participants
  * Who is the messenger?
    * Ability to explain the purpose and the event itself
* Activities of engagement – culture values related
  * New Year celebration, family orientated activities
* In-person invitation – good persuasion
* Rapport between CAPI staff and participants
* Translated materials
Outreach Engagement Strategize that Worked
What’s Missing?

Proper education/outreach to the target audience

Question: “What is there for me to do?”

Elders – culturally what do they like to do?
- Ex. Starbucks/coffee shops - > Somali elder men
- Hmong elders – like to come together to talk/catch up

Accessing basic Resources especially during winter season
- Are participants even equipped to go outside of their own home?
  - No proper winter attires
  - Transportation

Lack of space for activities
- group oriented vs individual activities
Thank You!!

* Yaomee Xiong
  * Human Services Manager
  * Yaomee.xiong@capiusa.org
  * 612-767-3682
OUR MISSION

“Promote environmental stewardship through recreation and education in a natural resources based park system”
Park Reserves

Hyland-Bush-Anderson Lakes
Murphy-Hanrehan
Carver
Baker
Lake Rebecca
Crow-Hassan
Elm Creek

80/20 = natural/recreate & educate
Regional Parks

Bryant Lake
Cleary Lake
Coon Rapids Dam
Eagle Lake
Fish Lake
French
Lake Minnetonka
Minnetonka Islands
Lake Sarah
North Mississippi
Special Recreation Features

Gale Woods Farm
Noerenberg Gardens
Silverwood
The Landing
Snowmaking and Lights!

- Over 50 miles of groomed xc trail
- 30 miles of snowshoe trails
- Downhill, snowboarding parks, and skijorning
Eastman Nature Center

- Recently reconstructed building features large classrooms, wildlife viewing areas and an after-hours restroom.
Fun at Elm Creek Snowboard Area
Richardson Nature Center Ice Harvest
Regional Trails

Planned System:
- 20+ trails
- 400 miles planned

Existing System:
- 16 trails
- 140 miles
2015-16 Regional Trail Winter Use Study

6 Regional Trails
- Based on summer visitation
- Geographic distribution

Winter Season Nov-March
- November 15th through March 30th
- Winter use agreements

Total Visitation
- 361,055 visits across 6 trails
- March was highest and January was lowest
• Danny McCullough
• Danny.mccullough@threeriversparks.org
• (763)-559-6746
Winter Maintenance

Matthew Dyrdahl
Bicycle & Pedestrian Coordinator
City of Minneapolis Public Works
Winter Maintenance Topics

• Winter Maintenance Study (Currently Underway)

• Snow Communications

• Clearing Protected Bike Lanes
PEDESTRIAN AND BICYCLE WINTER MAINTENANCE STUDY
Winter Maintenance Study (Currently Underway)

- This report is divided into three primary sections:
  - Existing Minneapolis Pedestrian and Bicycle Winter Maintenance Practices
  - City and Agency Review
  - Winter Maintenance Alternative Options
MINNEAPOLIS, MINNESOTA

Sidewalk Snow Removal

- Property owners responsible for sidewalk snow removal
- After a snowfall, commercial properties and residential buildings > 2 units have 4 daylight hours to remove snow
- One-and-two family residential properties have 24 hours
- 311 to report non-compliance with snow clearance
- Complaint-based system receives thousands of complaints each year; results in ~4,500 notice of violations each year (2012-2017)
- Through a process improvement implemented last winter, the City reduced the time between 311 snow/ice complaint and crews to shovel by 2-3 days by eliminating the 1st physical inspection; the total process now takes about 6-8 days
MINNEAPOLIS, MINNESOTA

Special Service Districts

- Minneapolis has more than a dozen Special Service Districts, where special services are rendered, such as snow clearance and beautification efforts.

- About half of them arrange contracts with private companies to continuously clear snow and ice from sidewalks and maintain bare pavement conditions all winter.

- Tractors with special brooms are typically used to remove snow from sidewalks.

- Each property owner within the district pays a price for the services of each year, which is determined by the linear length of sidewalk adjacent to their properties. Some contractors are paid lump sums, and some are paid an hourly rate for their services.
Corner Snow Clearing Pilot Program

- Property owners on a corner lot are responsible for clearing curb cuts at the corners and crosswalks to the inside of the street gutter, but not the snow ridges or pilots left by plows on or beyond the street gutter.

- Property owners are encouraged to clear openings in any snow windrows (piles of snow left by street plows) to provide clear passage for pedestrians.

- Along pedestrian priority corridors (defined in the City’s Street and Sidewalk Design Guidelines) City staff aim to clear corners within 3-4 days after a snowfall. This program was originally introduced as a pilot in certain areas and now covers the entire pedestrian priority corridor network.
Possible Options to improve existing system

• Develop a Winter Pedestrian Priority Network

• Proactive enforcement

• Develop program for older adults/people with disabilities

• Education and awareness
Snow Shoveling Messages

• News Releases
• Elected Officials Newsletters
• Utility Bill Inserts
• Social Media (Facebook, Twitter, and Nextdoor)
• Public Works webpages
• Phone alerts ("Robocall")
News Release

Contact: NAME, 612-673-XXXX

When it snows, remember to shovel your sidewalk

It’s the law, and your neighbors rely on it

DATE, 2016 (MINNEAPOLIS) Sidewalks are a critical part of Minneapolis’ transportation system, and they should be open for everyone. That’s why Minneapolis ordinance requires property owners to clear sidewalks within 24 hours after a snowfall for houses and duplexes and four daytime hours for all other properties. Failure to shovel your walk could lead to a ticket plus the cost of crews shoveling it.
Utility Mailer

Make your snow season tow-free

Find out if the City of Minneapolis has declared a Snow Emergency.

- Call 612-348-SNOW
- Visit www.minneapolismn.gov/snow
- Sign up for a text, email or phone call alert:
  - Go to www.minneapolismn.gov
  - Sign up under “stay informed”
- Download the app for iPhones and Android devices
- www.facebook.com/MinneapolisSnowEmergency
- twitter.com/minneapolissnow

 Españól 612-348-SNOW (7669)
 (Spanish Snow Emergency hotline)

 Soomaali 612-348-SNOW (7669)
 (Somali Snow Emergency hotline)

 Hmoob 612-348-SNOW (7669)

When it snows, remember to shovel your sidewalk

It’s the law, and it’s the neighborly thing to do. Sidewalks are an important part of Minneapolis’ transportation system, and they should be open for everyone. That’s why Minneapolis ordinance requires property owners to clear sidewalks within 24 hours after a snowfall for houses and duplexes and four daytime hours for all other properties. Failure to shovel your walk could lead to a ticket plus the cost of crews shoveling it.

There may be resources for people who need help clearing their sidewalks. People can call 311 for a list of resources that might be available.

www.minneapolismn.gov/snow/shovel

Don’t forget your garbage, recycling and organics carts

Shovel a 36-inch-wide path from your garbage, recycling and organics carts to the street or alley.

City ordinances require this path be cleared for garbage, recycling and organics carts within 48 hours after the snow stops falling. If City crews have to shovel out the cart(s), you will be charged the cost of the labor.
Videos

Available in English, Spanish, Somali and Hmong

• Posted on social media
• Runs on Minneapolis 14 TV
• https://www.facebook.com/cityofminneapolis/videos/10154667648651346/
Social Media Platforms and Accounts

• Facebook
  • City of Minneapolis
  • Snow Emergency

• Twitter
  • City of Minneapolis (@CityMinneapolis)
  • Snow Emergency (@MinneapolisSnow)

• Next Door
Example: Twitter Message

City of Minneapolis @CityMinneapolis
Remember to clear sidewalks after a snow fall.

City of Minneapolis @CityMinneapolis
Help keep our city #walkable this winter. Remember to remove ice and snow from sidewalks.
City Website

• City Website
  (http://www.minneapolismn.gov/snow/)

• City Snow Shoveling Rules
  (http://www.ci.minneapolis.mn.us/snow/shovel/index.htm)
Partial/full sidewalk snow removal option

• Options could include city led snow removal on sidewalks identified in a winter pedestrian priority network or all sidewalks

• Considerations
  • Cost
  • Staff or contractors
  • Snowfall threshold
  • Level of service
  • Equity considerations/fairness
Bikeway Snow Clearance

• Protected bikeways prioritized
  • Usually with a smaller vehicle
  • Protected bikeways prioritized

• On street bikeways and some bike boulevards can be more challenging
Possible options to improve existing system

• Winter Bicycle Priority Network (WBPN)

• Establish Level of Service goals for WBPN
  • Time of day – certain amount of time after a snowfall

• Add streets to snow emergency routes (priority bike routes)

• Education
Vision of Protected Bikeways in Minneapolis

Recommended Protected Bikeway Network
With Existing Protected Bikeways and Bike Boulevards

Recommended Bikeway Type
- Protected Bikeways
- Bike Lane Connectors
- Bike Boulevards
- To Be Determined
- Existing

Existing Bikeway Type
- Protected Bikeways
- Bike Boulevards

*Includes corridors that require further evaluation

Protected Bikeways Open House
April 2015
Winter Maintenance

• Two way bike lane allows for the use of a standard pick-up

• Curb separated section easier to maintain
Winter Maintenance

- Conflicts
  - Sidewalk crews push snow into bike lanes
Winter Maintenance

• Level of Service discrepancy

• Bare pavement harder to attain in bike lanes. Bikes don’t have the volumes or power to get to bare pavement in same time frame as vehicles.
Protected Bike Lane Maintenance Equipment
Articulating ‘snow break’ v-plow helps in plowing around delineators day and night!
Brooms and blowers
Protected Bike Lane Maintenance Equipment