

 Hennepin Hennepin County	Department of Community Corrections & Rehabilitation	Number: 1.15 Effective: July 1, 2013 Revision: Review: July 1, 2015	No. of Pages: 2
	County Home School Division <i>Policies and Procedures</i>		
Chapter: 7 Medical, Educational & Food	Subject: Wellness		

PURPOSE	To ensure Hennepin County Home School (HCHS) promotes and protects students' health, well-being, and ability to learn by supporting healthy eating and physical activity.
AUTHORITY	County Administration
APPLICABILITY	All Staff, Volunteers, and Interns
REFERENCES	<u>Child Nutrition Act: 42 U.S.C. 1751</u> <u>MN Rule 2960.0080 subp. 12</u> <u>MN State Department of Education</u>
DEFINITIONS	
POLICY	HCHS will provide quality food services to the students with access to a variety of nutritious foods that meet the health and nutrition requirements; accommodate the religious, ethnic, and cultural diversity of the student body in a clean and safe environment at appropriate times for students.
PROCEDURE	
Staff	<ol style="list-style-type: none"> 1. Recognize that nutrition and physical education are essential components of the educational process and that good health fosters both student and staff attendance and education. 2. Will promote and protect students' health, well-being, and ability to learn by supporting healthy eating and physical activity. 3. Will encourage the involvement of students, teachers, food service staff, and other interested persons in implementing, monitoring, and reviewing its nutrition and physical activity programs, policies, and practices.

- 4. Will be provided access to healthy foods in order to grow, learn, thrive, and maintain healthy lifestyles.
- 5. Will plan and implement programs and activities that promote health and wellness and support personal efforts by staff to maintain a healthy lifestyle.
- 6. Will provide students opportunity, support, and encouragement to be physically active on a regular basis.
- 7. Will provide students meals and beverages that will meet United States Department of Agriculture (USDA) Dietary Guidelines where appropriate.
- 8. Will designate appropriate staff to ensure the implementation and compliance with HCHS Wellness Policy.

Superintendent or Designee

Approval:

Angie Cousins
Corrections Division Manager



Fred Bryan, Area Director
Department of Community Corrections and Rehabilitation

 July 1, 2014

Date

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Date