

HENNEPIN COUNTY
MINNESOTA

Community Informational Sessions May through August 2022

Health and Human
Services A-1500
Government Center
300 South Sixth Street
Minneapolis, MN 55487-0240

612-596-6631

**In person trainings start in May
2022. All trainings will also have
an electronic option.**



Community Informational Sessions will be offered **face to face beginning in May 2022**. All trainings will also have an electronic option if you choose.

Long Term Services & Supports

Promoting Choice and Independence

Seniors and persons with disabilities receive help to live in their communities as independently as possible through services offered by aging and disability services. Our professionals help people access available home and community-based services and possible funding sources so that they can remain in their home longer and prevent or delay institutional care.

To make a referral to Hennepin County's "front door".

Call the access and initial consultation phone number at **612-348-4111** and select **option 1 for English then 0 for Front Door**.

- General inquiries and consultation do not need the specific person's information.
- Referrals for in-person assessments require the following:
 - 1) Person's name, birth date, Social Security number, address, phone number and contact information
 - 2) Income, asset, and health insurance information
 - 3) Summary information on health and functioning level

Table of Contents May – August 2022

This section offered in person and electronically

Long-Term Care and Developmental Disabilities Services

Person Centered Planning	5
It's Working! Program	6
Home and Community Based Waiver Services	7
Transition Services	8

Housing for People with Disabilities

Adult Housing Options	9
-----------------------	---

Vocational Supports and Services

Vocational Supports for People with Disabilities	10
--	----

Guardianship and Supported Decision Making

Guardianship/Supported Decision Making	11
--	----

This section only offered electronically

Employment First MN (E1MN)	12
Waiver Reimagine	13
Information on Health Care Programs Medical Assistance and Medicare	14

Consumer Support Grant

Consumer Support Grant	15
Spanish Consumer Support Grant	16
Somali Consumer Support Grant	17

Family Support Grant

Family Support Grant	18
----------------------	----

Community Section

Supported Employment Training Nicole Rabinowitz, Inclusive Networking	19
discapitados abriéndos caminos	20
Hennepin County Help for Youth	21
The Arc MN	23

How to Register for Community Information Sessions

(Required)



To register, call **612-596-6631** or register on-line CommunityInfoSessions@Hennepin.us. Please register early.

Include the title of the training session and your name, phone number and email address, in that order. Please indicate if you prefer an electronic option vs. in person training.

We will not call or reply to confirm your reservation. We will only contact you if the session is cancelled.

All sessions are FREE of charge and open to the public.

Funds Available for Person Centered Planning

Hennepin county has access to planning funds for those who would like a person-centered plan. Person centered planning is a dynamic and interactive process to help a person determine their life goals and what's important to them and for them. The process is facilitated by certified staff who have a contract with Hennepin County. You may choose from one of the agencies contracted.

Available to those who are currently not using waiver services and have case management.

- Also available to those on Consumer Directed Community Support (CDCS) who have allocated all their funds.
- And also for those using waiver services (DD, CAC, CADI, BI) may access person centered planning funds through their case manager using [family training and counseling](#).
- To enroll contact your case manager or email jerry.mellum@hennepin.us for information or request training information below.

Who Should View the Training?

Parents, providers, legal representatives and persons with disabilities

**In Person: Wednesday, May 11, 2022. 1 PM to 3 PM,
North East Library, 2200 Central Ave NE, Minneapolis, MN 55418**
[directions](#)

Electronically:

A YouTube training with more information on this topic is available.

1. When you register with the topic, your name, phone number and email address. We will forward you the specific training topic within one week of your registration.
2. Additional program materials and information regarding that topic will be included in the email.
3. The trainer's contact information will be included in the email, and you are encouraged to ask questions and consult about your situation.

Register by calling 612-596-6631 or email
CommunityInfoSessions@Hennepin.us

It's Working!

It's Working! is a consumer directed county funded vocational program for people with developmental disabilities who have case management and aren't open to waiver services. If you don't have a waiver and do have a developmental disabilities case manager, you qualify!

The program is for those as young as 14 years old and adults who have developmental disabilities or related conditions and are not currently open to waiver services. This program focuses on creative and individualized supports and flexibility in employment support. It allows you to write your own plan, become the employer for the staff they choose and set the rate of pay within a reasonable range. The program can pay for staff support, vocational assessments, creative options, on the job training, goods related to work, job searches and technical assistance and other things.

Who should view the training? Case managers and interested participants who don't currently have waiver services, are ages 14 through adulthood and have a county or contracted case manager for developmental disabilities, and/or related conditions

In Person: Thursday, June 23, 2022, 3 to 5 PM

Rockford Road Library, 6401 42nd Ave. N, Crystal, MN 55427

[directions](#)

Electronically:

A YouTube training with more information on this topic is available.

1. When you register with the topic, your name, phone number and email address. We will forward you the specific training topic within one week of your registration.
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CommunityInfoSessions@Hennepin.us

Home and Community Based Waiver Services

A basic overview of home and community-based waiver programs, including the Community Access for Disability Inclusion Waiver (CADI), Community Alternative Care Waiver (CAC), and Brain Injury Waiver (BI), Developmental Disabilities (DD), Elderly Waiver (EW) and the Alternative Care Program. These waiver programs provide community alternatives to Intermediate Care Facility level of care, nursing home level of care and hospital level of care. We will review the service menu for each program, provide examples of how the programs are used. The MN Department of Human Services program "[Waiver Reimagined](#)" will modify the way some waiver services will be provided. This session will also provide an overview of Consumer Directed Community Supports (CDCS).

Who Should View the Training?

Parents, legal representatives and persons with disabilities

In Person: Thursday, June 9, 2022, 12:30 to 2:30 PM

Southdale Library, Ethel Berry Room, 7001 York Ave. S., Edina, MN 55435

[directions](#) *or you may also register for--*

In Person: Wednesday, July 13, 2022, 3:30 to 5:30 PM

St. Louis Park Library, 3240 Library Ln, St. Louis Park, MN 55426

[directions](#)

Electronically:

A YouTube training with more information on this topic is available.

4. When you register with the topic, your name, phone number and email address. We will forward you the specific training topic within one week of your registration.
5. Additional program materials and information regarding that topic will be included in the email.
6. The trainer's contact information will be included in the email, and you are encouraged to ask questions and consult about your situation.

Register by calling 612-596-6631 or email

CommunityInfoSessions@Hennepin.us

Transition Services

Transition between the ages of 18 to 21 is a busy time for families. They must complete applications for Social Security, prepare to make a move from school to work, select vocational or other programs, participate in a complete guardianship assessment, and learn about the supports and services available to an adult like housing. You will also learn about "Employment First" concepts and get answers to your questions.

Who Should View the Training?

People with developmental disabilities, ages 18 to 21, and their families

In Person: Thursday, June 23, 2022, 5:30 to 7:30 PM

Rockford Road Library, 6401 42nd Ave. N, Crystal, MN 55427

[directions](#) *or you may register for--*

In Person: Wednesday, August 17, 2022, 10 AM to 12 Noon

Ridgedale Library, Lady slipper Room, 12601 Ridgedale Dr., Minnetonka, MN 55305

[directions](#)

Electronically:

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CommunityInfoSessions@Hennepin.us

Adult Housing Options

We will discuss the continuum of housing options for people with disabilities and recent changes. This training will address the questions 1) Where do you want to live? 2) How will you afford the staff support necessary and 3) How will you afford rent and food? The training will help you to determine which services best meet your needs, discuss funding, the process to begin. Hear stories about creative housing options in Hennepin County and what other people did to get started.

Who Should View the Training?

Parents, legal representatives and persons with disabilities seeking housing.

In Person: Thursday, June 9, 2022, 3 to 5 PM

Southdale Library, Ethel Berry Room, 7001 York Ave. S., Edina, MN 55435

[directions](#)

Electronically:

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CommunityInfoSessions@Hennepin.us

Vocational Supports for People with Disabilities

Learn about changes in vocational options and supports available for people with disabilities. We will discuss the services employment development, support, and exploration. Also learn about “employment first” philosophy and explain the new role of the Department of Vocational Rehabilitation Employment First MN (E1MN) in finding work for a person. This training will help you determine which services best meet your needs and how to find work.

Who Should View the Training?

Parents, legal representatives, and persons with disabilities

In Person: Wednesday, August 17, 2022, 1 to 3 PM

Ridgedale Library, Lady Slipper Room, 12601 Ridgedale Dr., Minnetonka, MN 55305

[directions](#)

Electronically:

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CommunityInfoSessions@Hennepin.us

Guardianship/Supported Decision Making

At age 18, any person is considered a competent adult unless a petition is filed for guardianship in probate court. It will review recent changes in the guardianship law which increase a person's rights and an option called "supported decision making". The training will also describe the individual powers assigned by the court, outline the responsibilities of the guardian, and offer options to complete the process at no cost. This introductory session will provide basic information on the difference between guardianship and supported decision making and conservatorship.

Who Should View the Training?

Parents, legal representatives and persons with disabilities

In Person: Wednesday, July 13, 2022, 1 to 3 PM

St. Louis Park Library, 3240 Library Ln, St. Louis Park, MN 55426

[directions](#)

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Register by calling 612-596-6631 or email

CommunityInfoSessions@Hennepin.us

[The following topics are only being offered electronically](#)

Employment First MN (E1MN)

E1MN, a new collaboration between agencies, works to deliver a seamless and timely employment support system for youth and adults with disabilities so they understand their options and get what they need to achieve and maintain competitive integrated employment. E1MN is led by the State of Minnesota Departments of Education (Career and Technical Education and Special Education), Employment and Economic Development (Vocational Rehabilitation Services and State Services for the Blind) and Human Services (Disability Services Division). E1MN coordinates their work through steering committees for adults (out of school) and youth (in school).

Who Should View the Training? Parents, legal representatives, and persons with disabilities

Only Offered Electronically:

A YouTube training with more information on this topic is available.

1. When you register with the topic, your name, phone number and email address. We will forward you the specific training topic within one week of your registration.
2. Additional program materials and information regarding that topic will be included in the email.
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Register by calling 612-596-6631 or email
CommunityInfoSessions@Hennepin.us

Waiver Reimagined

In 2019, the Minnesota Legislature authorized the Department of Human Services (DHS) to make system-level improvements to Minnesota's disability waiver programs. Home and Community based services will be evolving because of the MN DHS's Waiver Reimagined project. Beginning January 2021 people receiving services at their annual renewal started to choose between an updated service menu. This training will provide information on Waiver Reimagined and the new service menu.

The Waiver Reimagine project will accomplish the following:

- Ensure equal access and benefits across disability waiver programs and be responsive to a person's needs, circumstances, and preferences
- Align benefits across waiver programs for people with disabilities, including consistent limits and allowable services
- Provide flexible and predictable benefit changes that recognize life changes and an increased use of technology
- Allow simplified administration that make waivers easier to understand for people who receive services, county and tribal administrators and service providers.

Who Should View the Training? Anyone interested in Home and Community based waiver services.

Only Offered Electronically:

A YouTube training with more information on this topic is available.

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CommunityInfoSessions@Hennepin.us

Information on Health Care Programs Medical Assistance and Medicare

Do you have questions about financial assistance for payment of home care, nursing home or assisted living services? There is now a web presentation available about Health Care Programs (Medical Assistance, Medicare) that assist in paying for these services.

This training is posted at www.hennepin.us/cmtysupport

Topics Covered:

- General information about Medical Assistance
- Talking through options regarding timing of applying for assistance
- How to access waiver services
- Eligibility criteria, including income and asset limits
- How out of pocket payments are determined
- Protecting assets for non-assistance spouse
- What assets are counted versus excluded (e.g. real property)
- Veterans benefits
- Resources to learn about nursing facility and assisted living options

• Also covered:

Role of Authorized Representative, data privacy, and specific questions/issues brought by participants

Target Audience: ♣ Seniors and persons with disabilities in need of home care or Long-Term Care services ♣ Family members or authorized representatives ♣ Facility/Provider staff members: Social workers, bookkeepers, etc. ♣ Case Managers

Consumer Support Grant (CSG)

CSG is an alternative to Personal Care Assistance (PCA) Services (MA Homecare). It is directed by the person or caregiver/parent. CSG allows people enrolled to access a different set of support services within their CSG budget. Examples are prescribed special diets, art therapy, music therapy, and support staff. Please register for the online training below by calling 612-348-2939 or emailing HSPH.LTSS.CSG@hennepin.us

Who Should View the Training?

People who attend must have open Medical Assistance and have a current PCA assessment. Please have the individual's medical assistance number and a copy of the most recent PCA Assessment.

How to sign up and attend training? *

To start the Consumer Support Grant training is required and is on line.

If you are interested in completing the CSG Training, please email the address below to receive online training materials. Please note, much of this training can be completed on a smart phone.

Should you have additional questions or need assistance, please reach out to the CSG Team and we would be happy to assist you.

*Please click the link below or call in using the information provided.

Email: HSPH.LTSS.CSG@hennepin.us

CSG Coverage Line Voicemail: 612-348-2939

Spanish CSG Electronic Training

Subsidio de respaldo al consumidor hispanohablante (CSG, por sus siglas en inglés)

CSG es una alternativa a los servicios de ayuda del cuidado personal (PCA) y cuidado domiciliario (MA). Este subsidio es administrado por la persona, el cuidador o padre de familia. El subsidio CSG permite a las personas inscritas acceder un grupo de servicios de ayuda con el presupuesto de CSG. Por ejemplo: dietas especiales recetadas, terapia artística, terapia musical y personal de ayuda. La capacitación en línea (por Internet) es en español y explicará como la persona puede tener acceso a este programa y como utilizar los fondos distribuidos.

¿Quién debe asistir?

Las personas que asisten a esta capacitación deberán tener el servicio de asistencia médica y tener una evaluación actual PCA. Favor de tener el número de asistencia médica de la persona y una copia de la evaluación PCA más reciente.

¿Cómo inscribirse y asistir a la capacitación?

Debido a la pandemia del COVID-19, CSG ha cambiado sus capacitaciones a una plataforma digital (por Internet). Para poder iniciarse en CSG, usted tiene que capacitarse.

Si está interesado(a) en hacer la capacitación CSG, se pide que escriba al correo electrónico de abajo, para que reciba los materiales de capacitación. Tenga en cuenta que, la mayoría de esta capacitación se puede hacer con un teléfono inteligente. Si tiene alguna otra pregunta o si necesita ayuda, comuníquese con el personal de CSG y con mucho gusto lo ayudaremos.

Correo electrónico: HSPH.LTSS.CSG@hennepin.us

Línea telefónica CSG donde puede dejar correo de voz: 612-348-2939.

Somali CSG Electronic Training

CSG waa u bedel Adeegyada Kaalmada Daryeelka Shakhsiyeed (PCA) (MA Home care). Waxaa haga qofka ama daryeelaha / waalidka. CSG waxay u oggolaaneysaa dadka ka diiwaangashan inay marin u helaan noocyo kala duwan oo adeegyo taageero ah miisaaniyadooda CSG. Tusaalooyinka waxaa ka mid ah: Cunnooyinka gaarka ah ee loo qoro, daaweynta farshaxanka, daweynta muusikada, iyo shaqaalaha taageerada. Tababarka khadka tooska ah ee internetka wuxuu sharxi doonaa sida qofku u heli karo barnaamijka iyo sida loo isticmaalo lacagaha loo qoondeeyay.

Kumaa ka qeyb galaya?

Dadka imanaya waa inay lahaadaan Gargaar Caafimaad oo furan oo ay yeeshaan qiimeyn PCA oo hadda ah. Fadlan hayso lambarka kaalmada caafimaad ee qofka iyo koobiga qiimaynta PCA-ga ee ugu dambeeyay.

Sidee loo qoraa oo loo xaadiraa tababarka?

Sababo la xiriira COVID 19 Faafida, CSG waxay u dhaqaaqday qaab tababar internetka ah. Si loo bilaabo CSG, tababar ayaa loo baahan yahay.

Haddii aad xiisaynayso dhammaystirka Tababbarka CSG, fadlan emaylkan hoos ku soo dir si aad u hesho qalabka tababarka internetka. Fadlan la soco, in badan oo tababarkan ah ayaa lagu dhammayn karaa taleefanka caqliga leh.

Haddii aad qabtid su'aalo dheeraad ah ama aad u baahan tahay caawimaad, fadlan la xiriir Kooxda CSG waana ku faraxsanahay inaan ku caawino.

Iimayl: HSPH.LTSS.CSG@hennepin.us

Khadka Tooska ah ee Cilmiga Caymiska ee CSG: 612-348-2939

Family Support Grant (FSG)

The Family Support Grant (FSG) program provides cash grants to families of children with certified disabilities. The goal is to prevent or delay out-of-home placement of children with disabilities and promote family health and social well-being by providing access to family-centered services and supports specific to the child's disability. This session will explain the basics of the FSG program and how to complete the application to ensure program compliance.

Who Should View the Training? Case managers and families who want additional information to apply for their eligible child. Training for FSG is online only at this time.

Eligibility Criteria:

- Person must be under age 25
- Must live in biological or adoptive home, or transitioning home from a temporary licensed residential facility if grant is awarded
- Family income must not exceed \$111,102 (income verification is required, such as, check stubs, W-2's, tax returns, public assistance approval letters)
 - Except in cases where extreme hardship is demonstrated

Must be currently disabled through one of the following ways:

- Social Security Administration (SSI)
- State Medical Review Team (SMRT)
- May be qualified through a MnCHOICES Assessment and have a Lead Agency Rule 185 DD Case Manager also children who are working with a CMH case manager

Note: Families receiving services under the Developmental Disabilities Waiver, Community Alternative Care Waiver, Community Alternative for Disabled Individuals Waiver, Brain Injury Waiver, Consumer Support Grant or Personal Care Assistance are not eligible for the Family Support Grant.

To Register for Training:

Please reach out to the FSG team to request the electronic training session by emailing hsph.ads.fsg@hennepin.us or calling 612-596-6630.

Due to the COVID 19 Pandemic, FSG is moving to a new, online format. We appreciate your patience.

Community Section—Hennepin County does not explicitly endorse the following organizations but includes their information and training topics as a public service for the general public.

Supported Employment Training Nicole Rabinowitz, Inclusive Networking

Nicole Rabinowitz grew up in Minneapolis and graduated from the University of Kansas. She was trained in Customized Employment through Marc Gold and Associates and currently is an associate who trains and certifies those seeking Discovery Certification. Nicole is very passionate about supporting job seekers in finding integrated, competitive employment as well as providing support and innovative training to employers, employment specialists and job coaches to create more diverse and inclusive work environments. Nicole is the founder of Inclusive Networking where she provides trainings in Customized Employment and services in discovery, job development and ongoing supports.

Introduction to Customized Employment

This training will include an overview of Customized Employment including discovery, employment plan meeting, job development and ongoing supports. This training is great for job seekers and those supporting job seekers in finding competitive, integrated employment.

July

7/20/21, 10:00-11:00, Introduction to Customized Employment

Introduction to Job Coaching

This training will include an overview of job coaching, best practices to fading, training natural supports and provide resources/tools to support your role as a job coach, supervisor, parent, employee or employer.

August

8/24/21, 10:00-11:00, Introduction to Job Coaching

<https://www.inclusivenetworking.com/>

discapacitados abriéndos caminos

d.a.c Family Center—Serving Spanish families, children, youth with disabilities.

www.dacfamlycenter.org

As elders, advocates, educators and friends, the Ana and Kevin Pérez serve Spanish families, children, youth with disabilities, helping them over the hurdles of the healthcare, public services, schools and community systems. By being a constant source of support, d.a.c. has become a home away from home for the diverse community it serves.

Como ancianos, defensores, educadores y amigos, Ana y Kevin Pérez sirven a familias españolas, niños, jóvenes con discapacidades, ayudándoles a superar los obstáculos de la atención médica, los servicios públicos, las escuelas y los sistemas comunitarios. Al ser una fuente constante de apoyo, d.a.c. se ha convertido en un hogar lejos del hogar para la diversa comunidad a la que sirve.

- **Educate** Educar Lo ayudamos a comprender a su hijo, joven, adulto o miembro de la familia con discapacidad, y le enseñamos cómo obtener los recursos que necesitan y el apoyo que necesita. Nuestra capacitación se ofrece para asegurarnos de que entiendan sus derechos y responsabilidades bajo IDEA también ADA.
- **Connect** Conectar Trabajamos en estrecha colaboración con cada familia para cerrar la brecha cultural y lingüística que puede ser frustrante cuando se trata de hospitales, clínicas, escuelas y servicios sociales. También organizamos un grupo de apoyo semanal para ayudar a las familias a conectarse con otras personas que están experimentando discapacidades. También brindamos diferentes capacitaciones y traemos recursos de la comunidad.
- **Listen** Escucha No hay dos familias iguales. Al escuchar las necesidades de su familia, nos aseguramos de que reciba apoyo personalizado para ayudarlo a sobrellevar la discapacidad. Desde asistir a citas en el hospital hasta visitarlo en su hogar, estamos a su disposición en cada paso del camino.

Address:

discapacitados abriéndose caminos
107 7th Avenue South
South St. Paul, MN 55075

Email: centro@dacmn.org

Internet: www.dacfamlycenter.org

Phone: 651-293-1748

Fax: 651-293-1744

ARE YOU 14-26 YRS OLD?

WE ARE HERE, HELPING
YOU THRIVE



Health - Housing - Education - Transportation and IDs Job or Career - Cash and Food
- Relationships and support



CHECKOUT

WWW.HENNEPIN.US/HELPFORYOUTH



The Arc MN

The Arc MN The Arc Minnesota promotes and protects the human rights of people with intellectual and developmental disabilities. People with disabilities and their families trust The Arc for information, assistance, education, and public policy leadership. Including and supporting people who have disabilities 641 Fairview Avenue N., St. Paul, MN 55104
Phone: [\(866\) 797-1122](tel:(866)797-1122)

Notes

