

HENNEPIN COUNTY  
MINNESOTA

# Community informational sessions September through December 2021

Health and Human  
Services A-1500  
Government Center  
300 South Sixth Street  
Minneapolis, MN  
55487-0240

612-596-6631

Please see information inside about  
training and the COVID-19 virus and new  
electronic options.



**Long Term Services and Support (LTSS)  
programs and COVID-19 response for community  
training.**

As a result of the COVID-19 Virus Community Informational Sessions will be offered electronically vs. face to face. It will be important for you to register your name, phone and email address so we will be able to contact you with more direction and instruction. If you have questions please feel free to email [communityinfosessions@hennepin.us](mailto:communityinfosessions@hennepin.us) or call **612-596-6631**. Thank you for your flexibility during this challenging time.

**Please stay in touch as our situation evolves so we can keep you  
informed.**

## **Long Term Services & Supports**

### *Promoting Choice and Independence*

Seniors and persons with disabilities receive help to live in their communities as independently as possible through services offered by aging and disability services. Our professionals help people access available home and community-based services and possible funding sources so that they are able to remain in their home longer and prevent or delay institutional care.

### **To make a referral**

Call the access and initial consultation phone number at **612-348-4111** and select **option 1 for English then 0 for Front Door**.

- General inquiries and consultation do not need specific client information.
- Referrals for in-person assessments require the following:
  - 1) Client name, birth date, Social Security number, address, phone number and contact information
  - 2) Income, asset, and health insurance information
  - 3) Summary information on health and functioning level



# **Table of Contents**                      **September – December 2021**

How to Register for Sessions	5
How to Contact Us	5
<b>Long-Term Care Services</b>	
Developmental Disabilities Waiver Overview	6
Waiver Overview for Individuals Under 65	7
<b>Developmental Disabilities Services</b>	
Adult Housing Option	8
Transition Services	9
Vocational Supports for People with Disabilities	10
Guardianship/Supported Decision Making	11
<b>Consumer Directed Options (CDO)</b>	
Consumer Support Grant (CSG)	12-14
<b>It's Working!</b>	17
<b>Family Support Grant</b>	18
<b>2021 Waiver Reimagined</b>	19
Supported Employment Training Nicole Rabinowitz, Inclusive Networking	20
discapitados abriéndos caminos	21

## How to Register for Community Information Sessions (Required)



To register, call **612-596-6631** or register on-line [CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us). Please register early.

Include the title of the training session and your name, phone number and email address, in that order.

**We will not call or reply to confirm your reservation.** We will only contact you if the session is cancelled.

All sessions are FREE of charge and open to the public.



**You can now register  
on-line:  
[www.hennepin.us](http://www.hennepin.us)**

Type [www.hennepin.us/cmtysupport](http://www.hennepin.us/cmtysupport) into your web browser. Scroll down page to Community Support Training and click on (+) sign to drop down options. Then click on [communityinfosessions@hennepin.us](mailto:communityinfosessions@hennepin.us), list name of session, your full name, phone number and email address.

# Developmental Disabilities Waiver Overview

Developmental Disabilities (DD) Waiver services provide funds to teach life skills in the home and community. The MN Department of Human Services program "Waiver Reimagined" will modify the way some waiver services will be provided. References to Waiver Reimagined and upcoming changes in services are included. This training reviews the menu of services provided by a licensed or traditional service provider and outlines the similarities and differences. This session will also provide an overview of Consumer Directed Community Support (CDCS). We will also discuss changes in non-licensed personal support services. Attendance is highly recommended if you are currently receiving DD Waiver services.

## Who Should Attend?

Parents, providers, legal representatives and persons with disabilities

As we continue to social distance, we are still not able to meet in person but have created YouTube training videos for each specific topic.

1. When you register with the topic, your name, phone and email address; we will forward you the specific training topic within one week of your registration.
2. Additional program materials and information regarding that topic will be included in the email.
3. You are encouraged to ask questions and consult on any of the topics. Specific contact information will be included in the email sent.

**Register by calling 612-596-6631 or email**  
**[CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us)**

# Waiver Overview for Individuals Under 65

A basic overview of home and community-based waiver programs, including the Community Access for Disability Inclusion Waiver (CADI), Community Alternative Care Waiver (CAC), and Brain Injury Waiver (BI). The MN Department of Human Services program "Waiver Reimagined" will modify the way some waiver services will be provided. References to Waiver Reimagined and upcoming changes in services are included. These waiver programs provide community alternatives to nursing home level of care and hospital level of care. We will review the service menu for each program, provide examples of how the programs are used, and explain the process to apply for a long term care waiver. This session will also provide an overview of Consumer Directed Community Supports (CDCS).

## Who Should Attend?

Parents, legal representatives and persons with disabilities

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# Adult Housing Options

Residential services are evolving and changing. We will discuss the continuum of housing options for people with disabilities and recent changes. The MN Department of Human Services program "Waiver Reimagined" will modify the way some waiver services will be provided. References to Waiver Reimagined and upcoming changes in services are included. The training will help you to determine which services best meet your needs, discuss funding, the process, and how to get started.

## Who Should Attend?

Parents, legal representatives and persons with disabilities

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# Transition Services

Transition between the ages of 18 to 21 is a busy time for families. This is a busy time for families. They must complete applications for Social Security, prepare to make a move from school to work, select vocational or other programs, participate in a complete guardianship assessment, and learn about the supports and services available to an adult. Learn about "Employment First" concepts and get answers to your questions.

## Who Should Attend?

People with developmental disabilities, ages 18 to 21, and their families

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- 2) Additional program materials and information regarding that topic will be included in the email.
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**[CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us)**

# Vocational Supports for People with Disabilities

Learn about changes in vocational options, how Employment First MN will affect vocational supports and what additional supports are available for adults with disabilities. Hear about a new Hennepin County consumer directed pilot called "It's Working!"

We will also cover "Employment First" philosophy, creative options for vocational support and more traditional options. Determine which services best meet your needs.

## Who Should Attend?

Parents, legal representatives, and persons with disabilities

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**[CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us)**

# Guardianship/Supported Decision Making

At age 18, any person is considered a competent adult unless a petition is filed for guardianship in probate court. This introductory session will provide basic information on the difference between guardianship and supported decision making and conservatorship. It will review recent changes in the guardianship law which increase a person's rights. The training will also describe the individual powers assigned by the court, outline the responsibilities of the guardian, and offer options to complete the process at no cost.

## Who Should Attend?

Parents, legal representatives and persons with disabilities

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## **Consumer Support Grant (CSG)**

CSG is an alternative to Personal Care Assistance (PCA) Services (MA Homecare). It is directed by the person or caregiver/parent. CSG allows people enrolled to access a different set of support services within their CSG budget. Examples are: prescribed special diets, art therapy, music therapy, and support staff. The online training will explain how a person can access the program and how to use the funds allocated.

### **Who should attend?**

People who attend must have open Medical Assistance and have a current PCA assessment. Please have the individual's medical assistance number and a copy of the most recent PCA Assessment.

### **How to sign up and attend training?**

Due to the COVID 19 Pandemic, CSG has moved to an online training format. *In order to start CSG, training is required.*

If you are interested in completing the CSG Training, please email the address below to receive online training materials. Please note, much of this training can be completed on a smart phone.

Should you have additional questions or need assistance, please reach out to the CSG Team and we would be happy to assist you.

Email: [HSPH.LTSS.CSG@hennepin.us](mailto:HSPH.LTSS.CSG@hennepin.us)

CSG Coverage Line Voicemail: 612-348-2939

**New: The dates below are available to CSG participants as a "drop-in session" for questions related to the program or CSG plans.**

Please click the link or call in using the information provided.

<p><b>Thursday, September 9<sup>th</sup>, 2021, 6 pm to 8 pm</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="tel:+16122636117446499958">+1 612-263-6117,,446499958#</a> United States,  Minneapolis  Phone Conference ID: 446 499 958#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>
<p><b>Wednesday, September 22, 2021 12:00PM to 2:00PM</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="tel:+16122636117657815074">+1 612-263-6117,,657815074#</a> United States,  Minneapolis  Phone Conference ID: 657 815 074#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>
<p><b>Thursday, October 14<sup>th</sup>, 2021, 6 pm to 8 pm</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="tel:+16122636117197980143">+1 612-263-6117,,197980143#</a> United States,  Minneapolis  Phone Conference ID: 197 980 143#  <a href="#">Find a local number</a>   <a href="#">Reset PIN</a>  <a href="#">Learn More</a>   <a href="#">Meeting options</a></p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>
<p><b>Wednesday, October 20, 2021 12:00PM to 2:00PM</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="tel:+16122636117252047271">+1 612-263-6117,,252047271#</a> United States,  Minneapolis  Phone Conference ID: 252 047 271#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>
<p><b>Wednesday, November 10<sup>th</sup>, 2021, 6 pm to 8 pm</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="tel:+1612263611763552953">+1 612-263-6117,,63552953#</a> United States,  Minneapolis  Phone Conference ID: 635 529 53#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>

<p><b>Thursday, November 18, 2021 12:00PM to 2:00PM</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="#">+1 612-263-6117,,395044101#</a> United States,  Minneapolis  Phone Conference ID: 395 044 101#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>
<p><b>Thursday, December 12<sup>th</sup>, 2021, 6 pm to 8 pm</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="#">+1 612-263-6117,,750298454#</a> United States,  Minneapolis  Phone Conference ID: 750 298 454#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>
<p><b>Wednesday, December 22, 2021 12:00 PM to 2:00PM</b></p>	<p><b>Microsoft Teams meeting</b>  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a>  <b>Or call in (audio only)</b>  <a href="#">+1 612-263-6117,,192435378#</a> United States,  Minneapolis  Phone Conference ID: 192 435 378#</p>	<p>By taking part in this live presentation some private information, such as name or phone number, may be displayed to other participants if you do not take steps in settings to hide that information.</p>

# Spanish CSG Electronic Training

## **Subsidio de respaldo al consumidor hispanohablante (CSG, por sus siglas en inglés)**

CSG es una alternativa a los servicios de ayuda del cuidado personal (PCA) y cuidado domiciliario (MA). Este subsidio es administrado por la persona, el cuidador o padre de familia. El subsidio CSG permite a las personas inscritas acceder un grupo de servicios de ayuda con el presupuesto de CSG. Por ejemplo: dietas especiales recetadas, terapia artística, terapia musical y personal de ayuda. La capacitación en línea (por Internet) es en español y explicará como la persona puede tener acceso a este programa y como utilizar los fondos distribuidos.

### **¿Quién debe asistir?**

Las personas que asisten a esta capacitación deberán tener el servicio de asistencia médica y tener una evaluación actual PCA. Favor de tener el número de asistencia médica de la persona y una copia de la evaluación PCA más reciente.

### **¿Cómo inscribirse y asistir a la capacitación?**

Debido a la pandemia del COVID-19, CSG ha cambiado sus capacitaciones a una plataforma digital (por Internet). Para poder iniciarse en CSG, usted tiene que capacitarse.

Si está interesado(a) en hacer la capacitación CSG, se pide que escriba al correo electrónico de abajo, para que reciba los materiales de capacitación. Tenga en cuenta que, la mayoría de esta capacitación se puede hacer con un teléfono inteligente. Si tiene alguna otra pregunta o si necesita ayuda, comuníquese con el personal de CSG y con mucho gusto lo ayudaremos.

Correo electrónico: [HSPH.LTSS.CSG@hennepin.us](mailto:HSPH.LTSS.CSG@hennepin.us)

Línea telefónica CSG donde puede dejar correo de voz: 612-348-2939.

# **Somali CSG Electronic Training**

CSG waa u bedel Adeegyada Kaalmada Daryeelka Shakhsiyeed (PCA) (MA Home care). Waxaa haga qofka ama daryeelaha / waalidka. CSG waxay u oggolaaneysaa dadka ka diiwaangashan inay marin u helaan noocyo kala duwan oo adeegyo taageero ah miisaaniyadooda CSG. Tusaalooyinka waxaa ka mid ah: Cunnooyinka gaarka ah ee loo qoro, daaweynta farshaxanka, daweynta muusikada, iyo shaqaalaha taageerada. Tababarka khadka tooska ah ee internetka wuxuu sharxi doonaa sida qofku u heli karo barnaamijka iyo sida loo isticmaalo lacagaha loo qoondeeyay.

## **Kumaa ka qeyb galaya?**

Dadka imanaya waa inay lahaadaan Gargaar Caafimaad oo furan oo ay yeeshaan qiimeyn PCA oo hadda ah. Fadlan hayso lambarka kaalmada caafimaad ee qofka iyo koobiga qiimaynta PCA-ga ee ugu dambeeyay.

## **Sidee loo qoraa oo loo xaadiraa tababarka?**

Sababo la xiriira COVID 19 Faafida, CSG waxay u dhaqaaqday qaab tababar internetka ah. Si loo bilaabo CSG, tababar ayaa loo baahan yahay.

Haddii aad xiisaynayso dhammaystirka Tababbarka CSG, fadlan emaylkan hoos ku soo dir si aad u hesho qalabka tababarka internetka. Fadlan la soco, in badan oo tababarkan ah ayaa lagu dhammayn karaa taleefanka caqliga leh.

Haddii aad qabtid su'aalo dheeraad ah ama aad u baahan tahay caawimaad, fadlan la xiriir Kooxda CSG waana ku faraxsanahay inaan ku caawino.

Iimayl: [HSPH.LTSS.CSG@hennepin.us](mailto:HSPH.LTSS.CSG@hennepin.us)

Khadka Tooska ah ee Cilmiga Caymiska ee CSG: 612-348-2939

## **It's Working!**

**It's Working!** is a consumer directed vocational program for those 14 years old and older who have developmental disabilities or related conditions and are not currently open to waiver services. It is county paid and focuses on creative and individualized supports and flexibility in employment support. You must also have a county or contracted case manager for developmental disabilities or related conditions.

This program allows people to write their own support plan, hire and identify staff, and set the rate of pay within a reasonable range. The program can pay staff support, vocational assessments, creative options, goods related to work, and technical assistance as needed.

**Who should attend?** Case managers and interested participants who don't currently have waiver services, are ages 14 through adult hood and have a county or contracted case manager for developmental disabilities, and/or related conditions

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**Register by calling 612-596-6631 or email**  
**[CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us)**

## Family Support Grant (FSG)

The Family Support Grant (FSG) program provides cash grants to families of children with certified disabilities. The goal is to prevent or delay out-of-home placement of children with disabilities and promote family health and social well-being by providing access to family-centered services and supports specific to the child's disability. This session will explain the basics of the FSG program and how to complete the application to ensure program compliance.

**Who Should Attend?** Case managers and families who want additional information to apply for their eligible child.

Eligibility Criteria:

- Person must be under age 25
- Must live in biological or adoptive home, or transitioning home from a temporary licensed residential facility if grant is awarded
- Family income must not exceed \$109,752 (income verification is required, such as, check stubs, W-2's, tax returns, public assistance approval letters)
  - Except in cases where extreme hardship is demonstrated
- Must be currently disabled through one of the following ways:
  - Social Security Administration (SSI/SSSI)
  - State Medical Review Team (SMRT)
  - May be qualified through a MnCHOICES Assessment and have a Lead Agency Rule 185 DD Case Manager
  - Children who are working with a CMH case manager

***Note: Families receiving services under the Developmental Disabilities Waiver, Community Alternative Care Waiver, Community Alternative for Disabled Individuals Waiver, Brain Injury Waiver, Consumer Support Grant or Personal Care Assistance are not eligible for the Family Support Grant.***

Please reach out to the FSG team to request the electronic training session by emailing [hsph.ads.fsg@hennepin.us](mailto:hsph.ads.fsg@hennepin.us) or calling 612-348-2939.

Due to the COVID 19 Pandemic, Family Support Grant training is electronic.

## 2021 Waiver Reimagined

In 2019, the Minnesota Legislature authorized the Department of Human Services (DHS) to make system-level improvements to Minnesota's disability waiver programs. Home and Community based services will be evolving as a result of the MN DHS's Waiver Reimagined project. Beginning January 2021 people receiving services at their annual renewal will choose between an updated service menu. This training will provide information on Waiver Reimagined and the new service menu. The Waiver Reimagine project will accomplish the following:

- Ensure equal access and benefits across disability waiver programs and be responsive to a person's needs, circumstances and preferences
- Align benefits across waiver programs for people with disabilities, including consistent limits and allowable services
- Provide flexible and predictable benefit changes that recognize life changes and an increased use of technology
- Allow simplified administration that make waivers easier to understand for people who receive services, county and tribal administrators and service providers.

**Who Should attend?** Anyone interested in Home and Community based waiver services.

**Register by calling 612-596-6631 or email**  
[CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us)

# Supported Employment Training Nicole Rabinowitz, Inclusive Networking

Nicole Rabinowitz grew up in Minneapolis and graduated from the University of Kansas. She was trained in Customized Employment through Marc Gold and Associates and currently is an associate who trains and certifies those seeking Discovery Certification. Nicole is very passionate about supporting job seekers in finding integrated, competitive employment as well as providing support and innovative training to employers, employment specialists and job coaches to create more diverse and inclusive work environments. Nicole is the founder of Inclusive Networking where she provides trainings in Customized Employment and services in discovery, job development and ongoing supports.

## Introduction to Customized Employment

This training will include an overview of Customized Employment including discovery, employment plan meeting, job development and ongoing supports. This training is great for job seekers and those supporting job seekers in finding competitive, integrated employment.

### September

9/10/21, 2:00-3:00, Introduction to Customized Employment

### December

12/16/21, 2:00-3:00, Introduction to Customized Employment

## Introduction to Job Coaching

This training will include an overview of job coaching, best practices to fading, training natural supports and provide resources/tools to support your role as a job coach, supervisor, parent, employee or employer.

### September

9/23/21, 2:00-3:00, Introduction to Job Coaching

### December

12/17/21, 2:00-3:00, Introduction to Job Coaching

Register: [inclusivenetworking.com](https://inclusivenetworking.com) Contact: [nicole@inclusivenetworking.com](mailto:nicole@inclusivenetworking.com)

Cost: \$15

## Building an Inclusive Workforce at Hydra-Flex: October 28th, 1:00-2:00 CST

Join us in learning about the initiative to strengthen disability inclusion at Hydra-Flex through Customized Employment. This event will showcase the partnership between Inclusive Networking and Hydra-Flex through the Inclusive Employers Grant Program. Customized Employment means individualizing the employment relationship between employees and employers in ways that meet the needs of both. Hydra-Flex underwent in depth training

on disability inclusion and customized employment and is in the process of customizing 5 new job opportunities for those with disabilities. Multiple perspectives of the key players that championed this journey will be shared, including a few of the self-advocates working in their new customized positions. Participants will have the opportunity to ask questions during a Q&A and the event will conclude with networking.

**Register at [inclusivenetworking.com](http://inclusivenetworking.com) or email [Nicole@inclusivenetworking.com](mailto:Nicole@inclusivenetworking.com) for more information! Classes are \$15.**

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## **discapacitados abriéndos caminos** **d.a.c Family Center—Serving Spanish families, children, youth with disabilities.**

[www.dacfamlycenter.org](http://www.dacfamlycenter.org)

As elders, advocates, educators and friends, the Ana and Kevin Pérez serve Spanish families, children, youth with disabilities, helping them over the hurdles of the healthcare, public services, schools and community systems. By being a constant source of support, d.a.c. has become a home away from home for the diverse community it serves.

- **Educate** We help you understand your child, youth, adult or family member with disability, and teach you how to get the resources they need, and the support you need. Our training is offered to make sure they understand their rights and responsibilities under IDEA also ADA.
- **Connect** We work closely with each family to bridge the culture and language gap that can be frustrating when dealing with hospitals, clinics, schools, and social services. We also host a weekly support group to help families connect with others who are experiencing disabilities. We also provide different trainings and bring resources from the community.
- **Listen** No two families are the same. By listening to your family's needs we make sure you get personalized support to help you cope with disability. From attending hospital appointments, to visiting with you at your home, we are there for you every step of the way.

**Address:**

discapacitados abriéndose caminos  
107 7th Avenue South  
South St. Paul, MN 55075

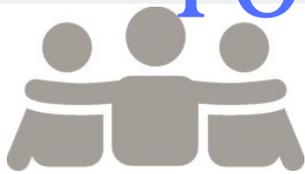
**Email:** [centro@dacmn.org](mailto:centro@dacmn.org)

**Internet:** [www.dacfamlycenter.org](http://www.dacfamlycenter.org)

**Phone:** 651-293-1748

**Fax:** 651-293-1744

# ARE YOU 14-26 YRS OLD? WE ARE HERE, HELPING YOU THRIVE



Health - Housing - Education - Transportation and IDs Job or Career -  
Cash and Food - Relationships and support



## CHECK OUT [WWW.HENNEPIN.US/HELPFORYOUTH](http://WWW.HENNEPIN.US/HELPFORYOUTH)



# Notes