



## FOSTER CARE LICENSE TRAINING

The Governor has issued a Peace Time Emergency Order related to COVID-19. Until lifted, we will not be conducting trainings at the various onsite locations. Once lifted, trainings will resume at the various training locations.

Hennepin County follows Minnesota Department of Health and Centers for Disease Control and Prevention guidance on coronavirus (COVID-19). Information about COVID-19 is available on the [Minnesota Department of Health's website](#).

### Registering for In-Person trainings

Each foster parent in the home needs to register for the **In-Person** trainings with their Hennepin Learning Account. If you have not yet created your Hennepin Learning Account, you need to send a request to [fostercare@hennepin.us](mailto:fostercare@hennepin.us) and **provide the information below**.

- Write ***Hennepin Learning Account*** in the subject line
- Your first and last name
- Name of your **Hennepin County Foster Care Licensing Worker**

### Registering for Online Video & Webinar trainings

**Online Video** and **Webinar** trainings are not on the Hennepin Learning Account system. You need to request the training via email at [fostercare@hennepin.us](mailto:fostercare@hennepin.us) and **provide the information below**.

- Write ***Online / Webinar Training*** in the subject line
- Name of your **Hennepin County Foster Care Licensing Worker**.
- Complete name of the training/s.

### Car Seat Safety & SUID/AHT

- Speak with your Foster Care Licenser about the Car Seat Safety and SUID/AHT training alternatives.
- Trainings that were scheduled between March to June 2020 will be rescheduled once the Governor's Peace Time Emergency Order related to COVID-19 has been lifted. If you are registered, you will be added to the new dates based on the Month/Date you registered.

## In-Person Training

**Each foster parent in the home is required to register for In-Person trainings with their Hennepin Learning Account. Registration is not available the day before and day of the a training. Instructions on how to attend will be emailed the day before the training unless otherwise notified.**

### JANUARY

Name	Date	Time	Location
<b>Nuts and Bolts: Foster Care the Hennepin Way</b>	January 9	10am-12pm	Virtual
<b>Supporting Children Impacted by Trauma and Caregiver Disruptions</b>	January 12	10am-12pm	Virtual
<b>Impact of Foster Care on Children Already in the Home</b>	January 14	6pm-8pm	Virtual
<b>Extended Foster Care: What, Who, and How</b>	January 19	6pm-8pm	Virtual
<b>MAPCY: Foster Care Supplemental Rate</b>	January 21	6pm-8pm	Virtual

### FEBRUARY

Name	Date	Time	Location
<b>Domestic Abuse and the Impact on Children in the Home</b>	February 2	1pm-2:30pm	Virtual
<b>Nuts and Bolts: Foster Care the Hennepin Way</b>	February 4	6pm-8pm	Virtual
<b>Supporting Attachment with Children in Care</b>	February 11	10am-12pm	Virtual
<b>Racial Identity Development</b>	February 13	10am-1pm	Virtual
<b>Discipline in Foster Care</b>	February 16	6pm-8pm	Virtual
<b>LGBTQA+ - We Have Some Questions!</b>	February 17	6pm-8pm	Virtual
<b>Developmental Impact of Trauma</b>	February 18	6pm-8pm	Virtual
<b>When the Care of a Child Becomes a Family Affair</b>	February 19	10am-11:30am	Virtual
<b>How Trauma and Mental Health Impact Child Development</b>	February 25	10am-12pm	Virtual

### March

Name	Date	Time	Location
<b>Nuts and Bolts: Foster Care the Hennepin Way</b>	March 4	6pm-8pm	Virtual
<b>Initial Calls in Foster Care: Birth and Foster Parents</b>	March 6	10am-1pm	Virtual
<b>Mandated Reporter: With Child Protection</b>	TBA	6pm-8pm	Virtual
<b>Foster Care Court Systems: With County Attorney</b>	TBA	6pm-8pm	Virtual

## ONLINE VIDEO TRAININGS

Licensed foster care providers can take no more than 6 Online Video training hours annually.

### Required for Initial License

- Introduction to Mental Health, with DHS (2 hours)
- Prudent Parenting (1.5 hour)

### Mental Health **Mental Health training is required every year**

- Children's Mental Health: Anxiety (1.5 hours)
- Children's Mental Health: Depression (1.5 hours)
- Children's Mental Health: OCD (1.5 hours)
- Introduction to FASD (1.5 hours)
- Introduction to Mental Health, with DHS (2 hours)

### Fetal Alcohol Spectrum Disorder (FASDs) **FASD training is required every year**

- Introduction to FASD (1.5 hours)
- FASD: Interventions that work with drug/alcohol exposed children (1hour)

### Other

- A to Z Guide (3 hours) **Need to complete within the first year of getting licensed**
- Age Appropriate and Inappropriate Sexualized Behaviors (2.5 hours )
- Beyond Time In: Coaching Parents in Trauma Sensitive Discipline (1.5)
- Building Self-esteem in Children (1 hour)
- Child Abuse and Prevention Strategies (2 hours)
- Child Defiance - Overcoming Opposition, Resistance and Backtalk (3.5 hours)
- Child Discipline Without Punishments or Bribes (1.5 hours)
- Commercial Sexual Exploitation of Children ( 2.5 hours )
- Effects of Trauma on the Brain and Behavior (3 hours)
- Grief and Loss in Foster Care (1.5 hours)
- Healing through Tantrums and Tears (2 hours)
- Helping Kids with Difficult Behaviors (1 hour)
- Overcoming Anger, Aggression and Violence in Kids (2 hours)
- Picky Eaters, Sugar Addicts and Dinner Table Power Struggles ( 2 hours)
- Sensory Integration and Supporting Young Children (2.5 hours )
- SUID/AHT – **Need to get permission from your licensing worker to take this online**
- Toileting Problems: Enuresis & Encopresis (1.5 hours)
- Trauma Sensitive Discipline for Parents (2 hours)
- Working with Infants Experiencing Withdrawal (2 hours)

## WEBINAR TRAINING

Licensed foster care providers can take no more than 3 Webinar training hours annually.

### January Available January 1-31

- Helping Children with Sexualized Behaviors
- Developmental Repair: A Framework and Tools to Support Distressed Children
- **KIDS HAIR FUNDAMENTALS:** Ideal for someone with limited experience managing textured hair.

### February Available February 1-28

- Help Parents with Children Who Are Non-compliant and Defiant)
- Autism Spectrum Disorders: What They Are (and What They Are Not)

### March Available March 1-31

- De-escalation and Crisis Management for Parents
- (FASD)- Nutritional Interventions for Children with Fetal Alcohol Spectrum Disorder

### April Available April 1-30

- Reactive Attachment Disorder Throughout the Lifespan
- Understanding and Coping with Behavior Problems in Children

### May Available May 1-31

- Retooling Parenting Relationships for Children with FASD & Trauma

### June Available June 1-30

- Creating Inclusive Homes & Services for LGBTQ+ Youth in Our Care
- Caregiving After Trauma: The Effects of Witnessing Violence on Children