

HENNEPIN COUNTY  
MINNESOTA

# Community Informational Sessions

## January to April 2026

Health and Human Services A-  
1500 Government Center 300  
South Sixth Street  
Minneapolis, MN 55487-  
0240

612-596-6631

**Trainings are offered in person and electronically.**



The trainings are free and open to the public. Community Trainings are offered in person and electronically. Each topic includes specific details.

## **Long Term Services & Supports**

### **Promoting Choice and Independence**

Seniors and persons with disabilities receive help to live in their communities as independently as possible through services offered by aging and disability services. Our professionals help people access available home and community-based services and possible funding sources so that they can remain in their home longer and prevent or delay institutional care.

### **To make a referral to Hennepin County's "front door".**

Call the access and initial consultation phone number at **612-348-4111** and select **option 1 for English then 2 for Front Door**.

- General inquiries and consultation do not need the specific person's information.
- Referrals for in-person assessments require the following:
  - 1) Person's name, birth date, Social Security number, address, phone number and contact information.
  - 2) Income, asset, and health insurance information
  - 3) Summary information on health and functioning level

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## **How to Register for Community Information Sessions**

Please email [CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us) or call **612-596-6631**.

Include the title of the training session and your name, phone number and email address.

We will verify your registration and will let you know if the session is cancelled.

**All sessions are FREE and open to the public.**

# Home and Community Based Waiver Services

An overview of home and community-based waiver programs, including the Community Access for Disability Inclusion Waiver (CADI), Community Alternative Care Waiver (CAC), Brain Injury Waiver (BI), Developmental Disabilities Waiver (DD), Elderly Waiver (EW) and the Alternative Care Program. We will review the service menu for each program, provide examples of how the programs are used. This session will also provide an overview of Consumer Directed Community Supports (CDCS).

## Who will benefit from the information?

People with disabilities and their families, caregivers, and supports

## When?

The second Tuesday of each month. See below for times and locations.

### **Tuesday, January 13, 2026, 12 PM – 1:30 PM**

*Virtual via Microsoft Teams*

Meeting Link: [Home and Community Based Waiver Programs - Community Information Session | Meeting-Join | Microsoft Teams](#)

### **Tuesday, February 10, 2026, 2 PM – 3:30 PM**

**In Person:** Hennepin County – Brookdale Library, ABC Room  
6125 Shingle Creek Parkway, Brooklyn Center, MN 55430

### **Tuesday, March 10, 2026, 4:30 PM – 6 PM**

*Virtual via Microsoft Teams*

**Meeting Link:** [Home and Community Based Waiver Programs - Community Information Session | Meeting-Join | Microsoft Teams](#)

### **Tuesday, April 14, 2026, 10 AM – 11:30 AM**

**In Person:** Hennepin County – Ridgedale Library, Ladyslipper Room  
12601 Ridgedale Dr, Minnetonka, MN 55305

**Register by email** [CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us) **or calling 612-596-6631.**

# Guardianship and Supported Decision Making

This introductory session will provide an overview of the guardianship process and explore recent changes in guardianship law which aim to increase a person's rights. We will discuss different legal tools that can be used to support a person in making decisions and expand our knowledge around tools that can be used on an informal basis to support a person's capacity in making decisions.

## Who will benefit from the information?

People with disabilities and their families, caregivers, and supports

## Tuesday, March 10, 2026, 2 PM – 3:30 PM

*Note: Hybrid, in person and virtual Via Microsoft Teams. Please join in the format that works best for you.*

**In Person:** Hennepin County – Brookdale Library, ABC Room  
6125 Shingle Creek Parkway, Brooklyn Center, MN 55430

**Virtual Meeting Link:** [Guardianship and Supported Decision Making - Community Information Session | Meeting-Join | Microsoft Teams](#)

**Register by email** [CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us) **or calling 612-596-6631.**

# **In-Person and Virtual Sessions on Consumer Directed Community Support**

## **Consumer Directed Community Support Services (CDCS) Overview:**

Are you interested in learning more about Consumer Directed Community Supports (CDCS)?

We invite you to attend an in-person three-hour training that provides a comprehensive overview of CDCS and how to get started.

CDCS is a self-directed service option that gives individuals more flexibility and control over the services and supports they receive. With CDCS, you can decide how to use your personalized CDCS budget based on your assessed needs, write your own support plan, manage how services are delivered, and act as the employer of your staff.

\*Prerequisite: You should have had a MnChoices assessment or be open to a waiver and your case manager or assessor should have submitted a referral to CDCS on your behalf.

### **In Person: Wednesday, January 7<sup>th</sup>, 2026, 9:30 AM to 12:30 PM**

Hennepin County – Ridgedale Library, Meeting Room 172

12601 Ridgedale Dr, Minnetonka, MN 55305

[directions](#)

### **In Person: Wednesday, February 4<sup>th</sup>, 2026, 9:30 AM to 12:30 PM**

Hennepin County – North Regional Library, Conference Room 208

315 Lowry Avenue North, Minneapolis, MN 55411

[directions](#)

### **In Person: Wednesday, March 4<sup>th</sup>, 2026, 9:30 AM to 12:30 PM**

Hennepin County – Ridgedale Library, Ladyslipper room

12601 Ridgedale Dr, Minnetonka, MN 55305

[directions](#)

### **In Person: Wednesday, April 1<sup>st</sup>, 2026, 9:30 AM to 12:30 PM**

Hennepin County- Brookdale Library - Meeting Room ABC

6125 Shingle Creek Parkway, Brooklyn Center, MN 55430

[directions](#)

If you need interpreter services, please email [CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us) or call 612-596-6631. Let us know what training you will attend and which language you require.

## Virtual Consumer Directed Community Support (CDCS) Question and Answer Sessions:

These “drop-in” sessions are for current or future CDCS participants who have questions about Hennepin County CDCS processes or writing their CDCS plan. The focus should be on how CDCS works or how to write or update your CDCS plan. We will not be able to answer specific questions about approved or denied items.

\*Prerequisite: You should have had a MnChoices assessment or be open to a waiver and your case manager or assessor should have submitted a referral to CDCS on your behalf.

### Electronically:

<b>Monday</b>	<b>January 5<sup>th</sup>, 2026</b>	<b>4pm - 5pm</b>
<b>Wednesday</b>	<b>January 21<sup>st</sup> 2026</b>	<b>9am - 10am</b>
<b>Monday</b>	<b>February 2<sup>nd</sup>, 2026</b>	<b>4pm - 5pm</b>
<b>Wednesday</b>	<b>February 18<sup>th</sup>, 2026</b>	<b>9am - 10am</b>
<b>Monday</b>	<b>March 2<sup>nd</sup>, 2026</b>	<b>4pm - 5pm</b>
<b>Wednesday</b>	<b>March 18<sup>th</sup>, 2026</b>	<b>9am - 10am</b>
<b>Monday</b>	<b>April 6<sup>th</sup>, 2026</b>	<b>4pm - 5pm</b>
<b>Wednesday</b>	<b>April 15<sup>th</sup>, 2026</b>	<b>9am - 10am</b>

### Microsoft Teams [Need help?](#)

#### [Join the meeting now](#)

Meeting ID: 241 248 660 058 11

Passcode: wY75p9oN

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### Dial in by phone

[+1 612-263-6117,,569513916#](#) United States, Minneapolis

[Find a local number](#)

Phone conference ID: 569 513 916#

For organizers: [Meeting options](#) | [Reset dial-in PIN](#)

[Org help](#) | [Privacy and security](#)

**If you need interpreter services, please email**

**[CommunityInfoSessions@Hennepin.us](mailto:CommunityInfoSessions@Hennepin.us) or call 612-596-6631. Let us know what training you will attend and which language you require.**



## Family Support Grant (FSG)

The Family Support Grant (FSG) program provides cash grants to families of children with certified disabilities. The goal is to prevent or delay out-of-home placement of children with disabilities and promote family health and social well-being by providing access to family- centered services and supports specific to the child's disability. This session will explain the basics of the FSG program and how to complete the application to ensure program compliance.

**Who Should Attend?** Case managers and families who want additional information to apply for their eligible child.

### **Eligibility Criteria:**

- Person must be under age 25
- Must live in biological or adoptive home, or transitioning home from a temporary licensed residential facility if grant is awarded
  - Family's/individuals living in shelter or receiving foster care funding are not eligible
- Family income must not exceed \$134,665 (income verification is required, such as, check stubs, W-2's, tax returns, public assistance approval letters).
  - Except in cases where extreme hardship is demonstrated
  - For individuals 18 years and older, we only look at the person's income, not the family's
- Must be currently disabled through one of the following ways:
  - Social Security Administration (SSI)
  - State Medical Review Team (SMRT)
  - Children who are working with a CMH/Rule 79 case manager
  - Individuals that have a Lead Agency Rule 185 DD Case Manager, must still be certified disabled

**Note:** Families receiving services under the Developmental Disabilities Waiver, Community Alternative Care Waiver, Community Alternative for Disabled Individuals Waiver, Brain Injury Waiver, Consumer First Services and Supports, Consumer Support Grant or Personal Care Assistance are not eligible for the Family Support Grant.

**Please reach out to the FSG team to request the electronic training session by emailing [hsph.ads.fsg@hennepin.us](mailto:hsph.ads.fsg@hennepin.us) or calling 612-348-2939.**