

Your child may have been exposed to:**Yeast**

Yeast is a fungus that can cause infection. It is common to have yeast infections of the mouth or throat (thrush) or the diaper area (diaper rash).

If you think your child has a yeast infection, tell your childcare provider or call the school.

Children with yeast infections do not need to stay home.

For more information, call Hennepin County HSPHD-Epidemiology at 612-543-5230 or call your local health department.

Symptoms

Thrush - White, slightly raised patches on the tongue, gums, or inside the cheek. Sucking on fingers or thumbs may cause children to develop the infection around the fingernails.

Diaper Rash - Smooth, shiny, red rash with a raised border.

Spread

- Rarely, by touching skin rash/sores or secretions from the mouth.

Contagious period

The illness can spread as long as rash/sores are present.

Call your health care provider

- If anyone in your home has symptoms of thrush or diaper rash.

Prevention

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth and after changing diapers. Your child may need help with handwashing.
- Clean and disinfect objects that come in contact with secretions from the mouth or nose and the skin in the diaper area. Use a product that kills germs.
- Replace bottle nipples and pacifiers after treatment.
- For diaper rash, keep the skin dry and change diapers frequently.