

**Your child may have been exposed to:****Roseola**

Roseola is a viral rash illness. It is the most common cause of rashes in children 6 months to 2 years of age. Nearly all children will have had roseola infection by the time they are 4 years old.

**If you think your child has roseola**, tell your childcare provider.

**Keep your child home from childcare** until the fever is gone and other rash illnesses, especially measles, have been ruled out.

For more information, call Hennepin County HSPHD-Epidemiology at 612-543-5230 or call your local health department.

**Symptoms**

Your child may have a high fever that starts suddenly and lasts for a few days. As the fever breaks, a rash may appear on your child's belly, chest, back, and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel alright. Illness may last up to 7 days.

If your child is infected, it may take 9 to 10 days for symptoms to start.

**Spread**

- By cough or sneezing.
- By touching the secretions from the nose or mouth.

**Contagious period**

Most likely during the fever and before the rash appears.

**Call your health care provider**

- If your child has fever and a rash.

**Prevention**

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.