



# Babies don't come with instruction manuals ...

Parenting support  
services can help

*"It is nice to have someone confirm what you are doing right, and not just what you can do better on."*



**We offer free parenting support** services for families with young children.

**We come to you** – at home, at school, or at another place you choose.

**We provide:**

- › Support during your pregnancy and early years of parenting
- › Ideas about how to care for and play with your baby
- › Information about how your baby is growing and developing
- › Ideas for connecting to community resources

**Contact us**

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Hennepin County  
Public Health