

Helping families develop the knowledge, skills and confidence to meet the unique needs of their babies.



*Hennepin Healthy Families services are free thanks to the generous support from:*

- Hennepin County Human Services and Public Health Department
- Greater Twin Cities United Way
- Fairview Ridges Hospital

# Hennepin HEALTHY FAMILIES

*Hand in hand for early success*

Hennepin County Human Services and Public Health is a member of the Joint Powers of the Metro Alliance for Healthy Families. Hennepin County contracts with the agencies below to provide Hennepin Healthy Families home visiting services in the county.



Hennepin County Medical Center & Clinics  
The Birthplace at Fairview Ridges Hospital

Call for more information:

## 612-596-7537

A member of the  
Metro Alliance for Healthy Families  
[www.MetroAllianceForHealthyFamilies.org](http://www.MetroAllianceForHealthyFamilies.org)

# Hennepin HEALTHY FAMILIES

*Hand in hand for early success*



*Working together to build a  
secure foundation for babies  
and their families*

*Hennepin Healthy Families believes:*

- All parents want the best for their children
- All parents are responsible for helping their children grow and succeed
- All parents benefit from support and encouragement



*"It is nice to have someone confirm what you are doing right, and not just what you can do better on."*

*"It has helped me believe in myself as a parent."*



*We offer you parenting support and resources in your home, or at a place you choose.*

*Here is what you can expect:*

- Support during your pregnancy and early years of parenting
- Ideas about how to care for and play with your baby
- Information that will let you know how your baby is growing and developing
- Ideas for connecting to community resources



*This program may be for you if:*

- You are expecting your first baby OR
- You are a first time mom or dad with a baby younger than 3 months of age



*Call for more information:*

**612-596-7537**

*Free Parent Support Services*