

## HENNEPIN COUNTY CHILDREN'S MENTAL HEALTH CONTINUUM OF SERVICES

In most cases, Hennepin County is required to utilize least restrictive programming (i.e. **prevention** and **community-based**) prior to **residential-based** programming. **Residential-based** programming or "out of home" placement of a child is rare and requires completion of a complex authorization process.

PREVENTION	COMMUNITY-BASED					RESIDENTIAL-BASED			
Family School Coordinator, Primary Project and Mpls Safe Schools Initiative Programs	Case Management	Screening and Assessment	Outpatient Mental Health Services	In home Mental Health Services/ CTSS	Day Treatment	Mobile Crisis Response Services	Respite care	Treatment foster care/ Group homes	Residential Treatment Services/ Evaluation
<p>Families can be referred by school staff to the <b>Family School Coordinator Programs</b> within their district. Family School Coordinators work with families who may have children with unidentified mental health needs to help families to access community and governmental resources.</p> <p><b>Primary Project:</b> Infant and toddler mental health and behavioral services based in community daycare centers in Hennepin County.</p> <p><b>Minneapolis Safe School Initiative:</b> Mpls school-based program provides a range of mental health services from prevention to diagnostic evaluation and therapy. They work closely with school staff and community agencies.</p>	<p>Children's mental health case managers assist parents in completing a <i>Functional Assessment</i> and developing an <i>Individual Family Community Support Plan</i> that allows children and families to determine the services they need. Case managers complete regular assessments to determine the suitability and effectiveness of services over time and utilize services from over 50 local contracted agencies. Case Management services are designed to help children with severe emotional disturbance in gaining access to needed medical, social, educational, vocational and other necessary services as they relate to the child's mental health needs. These services include referral and assistance with obtaining services, ensuring coordination of services functioning as a team coordinator within the wraparound process and monitoring the delivery of services. Case management is provided by either a <b>Contracted or Operated</b> provider.</p>	<p>Case managers may help families coordinate further testing and assessment of child to determine an appropriate service plan. Screening and assessment is provided by a contracted provider.</p>	<p>Psychotherapy services may be provided in a clinic setting to an individual child, family or group.</p>	<p>Individual, group and family psychotherapy and/or individual, group and family skills services, and Mental Health Behavioral Aide (MHBA) may be provided primarily in the child's residence.</p> <p>In Home Services may also be call Children's Therapeutic Support and Services or "CTSS."</p>	<p>Day Treatment is provided by a multidisciplinary staff under the direction of a mental health professional. These services are aimed at stabilizing the child's mental health status and improving the child's independent living and socialization skills while the child continues to live in the family home. Day treatment services are an integrated set of education, therapy and family interventions. The child receives services for at least three hours per day, up to five days per week.</p>	<p>A team of licensed mental health professionals and/or practitioners provides mobile consultation, assessment, intervention and stabilization services as needed to children who are experiencing a mental health crisis.</p> <p><b>Parents or caregivers can call (612) 348-2233 to request crisis services.</b></p>	<p>In rare cases, children may be eligible for short-term substitute care by appropriate caregivers. Respite care is utilized to prevent out of home placement in treatment foster care, group homes or residential treatment services.</p>	<p>In rare cases, a child's mental health needs are not able to be met while living in the family home and out of home placement in a treatment foster home or group home is necessary with the goal of reunification with family or caregiver.</p>	<p>Residential Treatment and/or Evaluation is a 24-hour per day program under the clinical supervision of a mental health professional in a residential setting. Services are designed to provide stabilization, improve the child's community living skills and assist the family in developing skills to care for their child when they are reunified with family or caregiver. Residential Treatment and/or Evaluation is the <b>most restrictive</b> option for out of home placement and requires completion of a substantial authorization process.</p>
Contact School Social Worker or staff at local school for referral info	Call Front Door at (612) 348-4111 for referrals and specific information regarding eligibility for services.								