**Hennepin County Adult Mental Health Initiative**

**Quarterly Meeting**

**May 9, 2019**

Present:

Rick Crispino, Jolene Peterson, Todd Heintz, Martin Marty, ToiJya Holyfield, Karen Berg-Moberg, Tom Haselman, Ashley Trepp, Amy Mensch, EJ Dean, Cindy Moe, Barbara Tisdale, Sally Kratz, Ally Beckman, Nancy Taff, Ethan Marxhausen, Mary Devorak, Heather Bjork, Don Ryan, Dianne Kelly, Allan Henden, Laine Epps, and Megen Boysen

Introductions/Announcements – Done

LAC Update – Rick Crispino and Rozenia Fuller –

Rick Crispino Discussed a specific item in the 2019 Unmet needs to get feedback from those in attendance access to transportation for clients they serve and how have they identified as a problem for people to access transportation Services.

* Avivo TCM – working with specifically SPMI Diagnosis is very hard to maintain medical transportation. The folks driving do not appear to have the training on how to interact or de-escalate. So many times people are kicked out of multiple services and cannot get rides.
* MHC – They have had some success getting it resolved but 4 years ago they started drop in services for Clinics for med management and therapy. Clients were denied rides because they did not have a scheduled appointments.

Mental Health Center (MHC) and Hennepin Health Care (HHC) Psychiatry Updates

Sally Kratz- Mental Health Center (MHC)

* Hennepin County Mental Health Center is a Safety Net facility, they try to preserve and reserve their services for folks that are uninsured or under insured or people that would encounter other barriers to care. They see a lot of people who have tried and not have been successful in a number of other facilities.
* Last year they saw roughly 4000 clients or 24000 visits. They have a clinical staff of 45 people, they have 2 adult clinical teams. They also have one team that is for children/family and that team operates largely in Service to other programs within the county or within the public health department.
* The bulk or their work or about 96 percent of their clients are adults who either have a SMI or a SPMI. Over half of their clients struggle with a co-occurrence substance use disorder and about half of the clients are identified as having no primary care provider.
* Most of the clients have numerous psychiatric diagnoses, trauma is very common for many of the folks. A lot of them are currently or have lived experience with homelessness and many are at chronic risk for homelessness.
* HCMHC approaches mental health care using a multidisciplinary approach, offering a range of services, including:

Assessments and evaluations

•Diagnostic assessments

•Psychiatric evaluations

•Psychological evaluations

•Combined (psychological & parenting) evaluations

Therapy and education

•Individual and group therapy

•Psychoeducation

•Wellness and general health education

•Consultation

Medication services

•Medication management

•Genomic testing

•Nurse line

•On-site pharmacist

Whole-person care

•Primary health care to adult clients

•Treatment for co-occurring disorders

•Outreach to people experiencing homelessness

•Creating Access employment program with Rise

•Care coordination and resource assistance

•Collaboration with community partners and service providers

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Hennepin Health Care (HHC) Psychiatry Update

Amy Mensch - Hennepin Health Care Adult Outpatient Psychiatry

* They see a similar population as the HC Mental Health Clinic.
* They typical do not see the uninsured, they also do not have a sliding fee scale
* They see about 30000 patients a year, 150 to 200 per day. Their clinic have a medication clinic and a therapy clinic combined.
* They have a 16 percent no show rate.
* In the therapy clinic it is primary PHD Psychologists, they have one LICSW and the medication clinic is mostly MDs, they have two mid-level both are Physician Assistants providers that carry a case level as well. They also have a robust nurse involvement in the medication clinic as well.
* There is a Social Worker on the team she does not do case management, she focuses on resource needs for the client.
* The Current referral services are HCMC Providers and not necessarily all of them, the specialty providers, primary care behavior health team, Hennepin County Employees and all HCMC Employees the door is open also.
* The pair mix is pretty consistent, 20 percent is straight MA, 15 percent is Medicare, 30 percent is the PMAPS and 15 percent is commercial and the rest varies like self-paid.
* They are open M-F 8 am – 430 pm.

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Youth ACT Teams Presentation and Input on Gaps/Needs

People Incorporated Youth ACT Team – Mary Devorak, Team Lead

* Youth ACT is in the Statue known under Intensive Rehabilitative Mental Health Services.
* DHS has stated Youth ACT is not the actual name in the statue and they are trying to think of a different name because they are not an act team.
* Youth ACT sees patients 16-20, right now can see any one on their 21st Birthday. DHS is looking to push this to the age of 24.
* Who we serve

We serve youth ages 16-20 residing in the Twin Cities metro who are struggling with functioning at home, in school or in the community due to a diagnosed (or diagnosable) serious mental health disorder. Provision of these services includes working with the family of the youth being served.

* Our services

Case Management

Community Collaboration (school; work; legal; etc…)

Crisis Intervention

Individual, Group and Family Therapy

Medication Management

Peer Support

Psychiatry

Vocational Support

Licensed Alcohol and Drug Counseling

* About the process

Call 612-230-0737 to complete a brief eligibility screening. If deemed potentially eligible, a face-to-face interview will be required.

* About our fees

Cost for services are provided through state insurance once the individual meets eligibility requirements.

* About our staff

The ACT team consists of mental health professionals and practitioners, a licensed alcohol and drug counselor, a psychiatric provider and certified peer specialists.

* Hours of operation

Program staff are available 24 hours a day, seven days a week.

<https://www.peopleincorporated.org/program/assertive-community-treatment-youth/>

DHS Survey

Marty- Handed out a document with some of the questions from part of the survey that is going to DHS. A group internal is completing this also, people from children’s mental in the county, Adult Behavior Health. We want to get input here with what is working and what is not working in terms what is unmet needs or gaps right now in services for transition age youth, what are you seeing out in your agencies.

* Youth Act – having that hard requirement of having to meet with client three plus times a week.
* Tom H – Diagnosis – they are seeing FAS, TBI a lot of the organic brain injuries and not having providers who really understand that piece.
* Housing is a difficulty, it seems to be really difficult for transition age youth

**Next Meeting August 8th 2019**

**2:30- 4:00 pm**

Hennepin County South Minneapolis Human Services Center

**Community 122**

2215 East Lake St.   
Minneapolis, MN 55407