

Trade time for fitness reimbursable expenses

The trade time for fitness program is designed to **promote and increase physical activity** in employees and members of their household.

Expenses incurred from participating in exercises/sports that increase physical activity or expenses for physical activity opportunities are reimbursable. Common expenses are listed below:

Reimbursable expenses

- Health club membership dues(excluding reimbursement from health insurance providers, e.g. [Fitness Advantage](#))
- Fitness/exercise classes
- New and used fitness equipment including maintenance, repair, parts and warranties (e.g. treadmill, bicycle, weights)
- New and used sporting gear (e.g. football, basketball hoop, baseball bat/balls)
- Fees related to exercise
 - Youth and adult sport league registration (e.g. basketball, soccer, gymnastics)
 - Organized running/walking event registration fees
 - Rink rental or ice time
 - Bike locker rental
 - Equipment rental (e.g. bike rental, snowshoe rental)
- Personal trainers
- Activity trackers/wearable devices (e.g. Fitbit)
- Day sport camps (e.g. volleyball, football)
- Purchases from private parties for fitness equipment (requires bill of sale with: seller's name, address, phone number and signature, equipment purchased, payment information, date, and purchaser name and signature)
- Sales tax and shipping/handling on qualified items
- Items/services on exception list

This is not an all-inclusive list. Fitness services and items unfamiliar or not commonly requested will be reviewed by trade time for program administrators.

If an expense is not listed on the reimbursable, non-reimbursable, or exception list contact HealthWorks regarding eligibility.