



## Important: Self-document your class attendance to earn wellness points

You can earn 500 wellness points for attending an online or in person HealthWorks class. **To earn wellness points, you need to self-document your class attendance in your Virgin Pulse account.** Document your class attendance by October 31, 2021 to earn points towards the 2022 copay reduction. You can self-document your class attendance from a computer or the Virgin Pulse mobile app.



### From the computer

1. Log in to your Virgin Pulse account
  - a. If you have not yet registered, go to [join.virginpulse.com/hennepin](https://join.virginpulse.com/hennepin) to register your account
  - b. If you have already registered, log in at [app.member.virginpulse.com](https://app.member.virginpulse.com) or use [this link](#) if you are currently on the county network
2. Click **Benefits** and search "class"
3. Select **Self-document your wellness class attendance**
4. Click **Start now**
5. Complete the form and click **Submit**



### From the Virgin Pulse mobile app

1. Open your Virgin Pulse app
  - a. If you do not have the Virgin Pulse app, you can download it from the App Store or Google Play
2. Select **Benefits** and search "class"
3. Select **Self-document your wellness class attendance** and press **Start now**
4. Complete the form and press **Submit**

Once you've completed the steps, you will see your points reflected right away on your Virgin Pulse Rewards page.

**Questions?** Contact HealthWorks at [healthworks@hennepin.us](mailto:healthworks@hennepin.us) or 612-348-4628.