

Services offered through the Employee Assistance Program (EAP)



EMPLOYEE SERVICES

Child Care Referral

Child Care is one of the most important decisions parents are making today.

WE CAN HELP WITH:

- Child Care Search
 - Homes
 - Centers
 - Camps
 - Preschools
 - Education about State Regulations
 - Special Needs Care
 - Using a Nanny
-

Counseling

When problems arise, all of your employees and their family members may contact The Sand Creek Group for an assessment, brief counseling and, when necessary, a referral that is free of charge.

We can assist with an array of concerns:

- Relationship issues, marital conflict, and communication concerns
 - Separation and divorce concerns, and blended family issues
 - Alcohol and chemical abuse
 - Work concerns and job performance issues
 - Loss and grief
 - Domestic violence and sexual abuse
 - Depression, anxiety, stress, and other mental health issues
 - Parent/child difficulty
 - Post-traumatic stress
 - Career management and counseling
 - Life cycle transition including midlife crisis and pre-retirement
 - Health, emotional, and behavioral concerns
-

Elder Care Referral

An Elder Care Referral will provide an array of information about elder life style options and providers promoting the health and independence of older adults.

WE OFFER CONSULTATION AND REFERRALS FOR:

- Assisted Living Facilities
 - Nursing Homes
 - Adult Day Care Programs
 - Care Giver Support
 - Retirement Communities
 - Elder Hostels Meals-On-Wheel Programs
 - Home Safety
 - Elder Driving
 - Geriatric Case Managers
 - Hospice
-

Financial Counseling

Many individuals and families struggle to deal with sudden changes in their financial lives such as working with less income, dealing with debt issues, credit ratings and budgeting. It can become highly stressful and can cause problems in your health and/or relationships.

Whether you are starting to think about retirement or are dealing with a debt issue, by contacting a financial expert, you reach a confidential, nonbiased counselor to help you determine the best way to restore financial balance to your life. We can help navigate your financial situation that may be causing hardship.

The Sand Creek Group's financial resource is designed to place focus on your life situation and develop an action plan that is practical, attainable and in the best interest of you and your family.

TYPES OF FINANCIAL SERVICES AVAILABLE

- Bankruptcy Prevention
- Budget Counseling & Financial Coaching
- Consumer Advocacy, including help in cases of collections and repossessions
- Credit Counseling
- Credit Report Reviews
- Education and resources for legal, tax, estate and divorce
- Financial Crisis Intervention
- Mortgage Counseling
- Financial Resource Education

Legal Referral

You are eligible for a free 30-minute consultation with a lawyer. If you decide to hire the lawyer after the initial consultation, you will be offered a rate reduction of 25% from the lawyer's normal hourly rate. Your legal consultation can be over the telephone or in the lawyer's office.

CONSULTATION IS PROVIDED ON MANY LEGAL ISSUES SUCH AS:

- Business Legal Services
- Civil/Consumer Issues
- Criminal Matters
- Real Estate
- Personal/Family Legal Services

You also have access to an on-line resource that offers general legal forms by visiting our website at www.sandcreekeap.com

A VARIETY OF FORMS ARE AVAILABLE:

- Business
- Compliant Letters
- Deeds
- Landlord/Tenant
- Loans and Collections
- Wills, Power of Attorney, and Estate Planning
- And many more

Substance Abuse Professional (SAP) Assessment

For chemical health cases that require the services of a Substance Abuse Professional (S.A.P.) as part of United States Department of Transportation (DOT) regulations, Sand Creek maintains a certified Substance Abuse Professional (SAP) on staff to provide thorough consultation and case management services to employees.

LEADERSHIP SERVICES

Management and Supervisory Consultation

Being a manager or supervisor can be very rewarding and at the same time, quite challenging. Sand Creek provides professional and confidential consultation to help you address some of those challenges with more confidence.

Some examples include:

- Enhancing your communication skills
- Learning effective ways to address and resolve conflict
- Building effective work teams
- Addressing problematic or challenging employee situations
- Other interpersonal or behavioral situations you may be facing as a supervisor