



2024

Mental Health & Substance Use Services Directory

All information in this directory may be reproduced

Hennepin County

Health & Human Services
Mission:

Leveraging our strengths to support individuals and our communities by focusing on prevention, innovation, and engagement to allow our residents to lead optimal healthy lives.

Contents

CASE MANAGEMENT, ADULT BEHAVIORAL HEALTH	4
ADULT PROTECTION SERVICES.....	4
MN Adult Abuse Reporting Center : 1-844-880-1574	
Adult Protection Services (APS) : 612-543-9912	
ADULT REHABILITATIVE MENTAL HEALTH SERVICES (ARMHS).....	4
ASSERTIVE COMMUNITY TREATMENT (ACT)	5
Mental Health Resources, Inc : 612-333-0331	
People Incorporated : 612-230-0730	
Radies Health & Radies Re-Entry : 612-435-7200	
SpringPath Mental Health Services : 763-537-6612	
CASE MANAGEMENT SERVICES.....	5
Hennepin County Front Door (to start a referral) : 612-348-4111	
AVIVO : 612-753-8000	
Comunidades Latinas Unidas En Servicio (CLUES) : 612-746-3500	
Community-University Health Care Center (CUHCC) : 612-301-3433	
Jewish Family & Children’s Services (JFCS) : 952-546-0616	
Mental Health Resources, Inc : 612-333-0331	
Minnesota Care Counseling Services : 612-353-4191	
Tasks Unlimited : 612-871-3320	
Touchstone Mental Health : 612-874-6409	
Vail Place : 952-938-9622	
Volunteers of America : 952-945-4168	
COURT ORDERED COMMITMENT & COMMITMENT ALTERNATIVES.....	7
Prepetition Screening Program (PSP) : 612-348-2787	
COMMUNITY SUPPORT PROGRAMS.....	8
Hennepin County Front Door : 612-348-4111	
AVIVO : 612-753-8000	
Mental Health Resources, Inc : 612-333-0331	
Minnesota Care Counseling Services : 612-353-4191	
People Incorporated : 612-230-0730	
SEWA-AIFW (Asian-Indian Family Wellness) : 763-205-9873	
Steps of Strategy : 612-346-8064	
Tasks Unlimited : 612-871-3320	
Vail Place : 952-938-9622	
CRISIS RESPONSE & INTERVENTION.....	9
Community Outreach for Psychiatric Emergencies (COPE) : 612-596-1223	
Acute Psychiatric Services at HCMC : 612-873-3161	
Hennepin Health Crisis Residence : 612-352-5600	
Nancy Page Crisis Stabilization Program (People, Inc) : 612-870-3787	
ReEntry House Inc. Crisis Stabilization Program : 612-540-5700	

DEAF AND HARD OF HEARING SERVICES	10
Deaf Supportive Living (DSL) : Voice 651-774-0011, TTY 612-623-1045	
Penn House : Voice 651-774-0011, TTY 612-521-9869	
Scott House : Voice 651-774-0011, TTY 763-503-6794	
Upton House : Voice 651-774-0011, TTY 763-503-6794	
EMPLOYMENT SERVICES	11
Goodwill Employment Services : 612-286-8601	
Goodwill Minnesota Family Investment Program (MFIP) : 612-379-5800	
Hennepin County Vocational Services Program : 612-281-1264	
Jewish Family & Children’s Services (JFCS) : 952-546-0616	
Lutheran Social Services (formerly Lifetrack) : 651-642-5990	
Rise Incorporated : 651-642-5990	
FORENSIC ASSERTIVE COMMUNITY TREATMENT (FACT)	12
SpringPath Mental Health Services : 763-537-6612	
HENNEPIN COUNTY FRONT DOOR SOCIAL SERVICES	13
Hennepin County Front Door : 612-348-4111	
MENTAL HEALTH OUTPATIENT AND COUNSELING SERVICES.....	13
Adult Psychiatry Clinic at HCMC : 612-872-2218	
Behavioral Health Center Walk In Support : 612-879-3115	
Child/Adolescent Psychiatry & Psychology : 612-873-2617	
Community-University Health Care Center (CUHCC) : 612-301-3433	
Hennepin County Mental Health Center : 612-596-9438	
NorthPointHealth & Wellness Center : 612-543-2500	
INTENSIVE RESIDENTIAL TREATMENT SERVICES (IRTS)	14
SUBSTANCE USE DISORDER.....	14
ADDITIONAL RESOURCES	15

CASE MANAGEMENT, ADULT BEHAVIORAL HEALTH

Area Manager: Katie O'Brien, Phone: 612-596-8472

<u>Program</u>	<u>Program Manager (PM)</u>	<u>Phone</u>
Behavioral Health Case Management (BHCM)	Elizabeth Bieging	612-543-2056
Substance Use	Ali Kraak	612-348-9274
Civil Court	Elizabeth Bieging	612-543-2056
Commitment	Elizabeth Bieging	612-543-2056
Commitment Alternative Response Team (CART)	Elizabeth Bieging	612-543-2056
Community Integration Recovery Team (CIRT)	Elizabeth Bieging	612-543-2056
Contracted Case Management (CCM)	EJ Dean	612-543-3364
Criminal Justice Behavioral Health Initiative (CJBHI)	Adesola Jaiyesimi	612-596-0631
Diversion and Recovery Team (DART)	Ali Kraak	612-348-9274
Housing and Relocation Team (HART)	Katie O'Brien	612-596-8472
Managed Care	Elizabeth Bieging	612-543-2056
Mentally Ill & Dangerous Case Management (MI&D CM)	Katie O'Brien	612-596-8472
Operated Case Management (OCM)	Elizabeth Bieging	612-543-2056
Planning	Will Lehman	
Project CHILD	Ali Kraak	612-348-9274
Specialty Courts	Elizabeth Bieging	612-543-2056
Supported Employment	Elizabeth Bieging	612-543-2056

ADULT PROTECTION SERVICES

MN Adult Abuse Reporting Center : 1-844-880-1574

All Vulnerable Adult Reports go to the MN Adult Abuse Reporting Center, a 24/7 service.

Adult Protection Services (APS) : 612-543-9912

adultprotection@hennepin.us

8:00am-4:30pm, Mon-Fri

Services: After a report is made to the MN Adult Abuse Reporting Center, Hennepin County Adult Protection social workers investigate reports of alleged abuse, neglect, and financial exploitation of vulnerable adults who are unable to protect themselves due to physical or mental impairments. Through the provision of protective social services, staff assists people in establishing a network of support to help reduce their risk of further harm. When legal intervention is required to protect a Vulnerable Adult from harm, Adult Protection staff can assist with civil commitment, an order for protection, the removal of a perpetrator, and with the appointment of a guardian or conservator.

ADULT REHABILITATIVE MENTAL HEALTH SERVICES (ARMHS)

<https://mn.gov/dhs/partners-and-providers/policies-procedures/adult-mental-health/adult-rehabilitative-mental-health-services/armhs-certified-providers/>

ASSERTIVE COMMUNITY TREATMENT (ACT)

Population Served: ACT supports people who have re-experienced symptoms of serious and persistent mental illness, and/or may have co-occurring disorders (e.g., SPMI and substance abuse) when supported with less intensive supports. Histories often include multiple or extended hospitalizations, court-ordered treatment at a Regional Treatment Center, and placements in other restrictive settings. People may also have a significant history of homelessness or contact with the criminal justice system as a direct result of symptoms of their mental illness. Without intensive supportive services, they may be considered at imminent risk of civil commitment or nursing home placement and may be unable to secure or maintain more independent living situations. Initial Contact and Access approves clients for admission.

Services: An interdisciplinary team that includes a psychiatry provides Support services. Caseloads are 1:10. Services include case management, and services that instruct, assist and support the person in skills such as interpersonal communication, community resource utilization and integration, relapse prevention, budgeting and shopping, healthy lifestyle, cooking and nutrition, and transportation. Other support services include medication education and monitoring, mental illness symptom management, crisis assistance, health care directives, and transition to community living services.

Mental Health Resources, Inc : 612-333-0331

<https://www.mhresources.org/>

Fax: 612-337-4035

2105 Minnehaha Ave, Minneapolis, MN 55404

People Incorporated : 612-230-0730

<https://www.peopleincorporated.org/>

Fax: 612-465-0107

1309 Girard Ave N, Minneapolis, MN 55411

Radias Health & Radias Re-Entry : 612-435-7200

<https://radiashealth.org/>

Fax: 612-435-7201

1313 5th St SE, Ste 314, Minneapolis, MN, 55414

SpringPath Mental Health Services : 763-537-6612

<https://springpathmentalhealth.com/>

Fax: 763-573-7162

6120 Earle Brown Drive, Suite 100, Brooklyn Center, MN 55430

CASE MANAGEMENT SERVICES

Hennepin County Front Door (to start a referral) : 612-348-4111

Services: Direct work with individuals and care communities in a collaborative enriching and respectful partnership, to identify, secure and sustain a full range of resources, both internal and external, to assist individuals to live in independently in the community. Functional assessments and support plans specifically address mental health symptoms, mental health needs, chemical use/addiction, vocational/education, social, interpersonal, self-care, medical, dental, financial, housing, and transportation needs.

Hennepin County Behavioral Health Case Management Teams

Community Integration and Recovery Teams (CIRT) : 612-348-4111

Services: Case management for adults who have been court-ordered to receive treatment through the civil commitment process.

Housing and Relocation Team (HART) : 612-348-4111

Services: Intensive case management for persons at Anoka-Metro RTC, and to people under a Rule 20 court order to treat to competency.

Hennepin County Forensic Case Management : 612-348-4111

Services: Social workers provide specialized case management services to people who are indeterminately committed as Mentally Ill and Dangerous. Supervision and support of participation in treatment and rehabilitation programs is tightly structured. When people leave inpatient treatment to re-enter the community, case managers monitor compliance with the conditions of release.

Contracted Partner Case Management Teams

AVIVO : 612-753-8000

<https://avivomn.org/>

Fax: 612-752-8203

1900 Chicago Ave, Minneapolis, MN 55404

Comunidades Latinas Unidas En Servicio (CLUES) : 612-746-3500

<https://clues.org/>

Fax: 651-292-0347

777 East Lake St, Minneapolis, MN 55407

Community-University Health Care Center (CUHCC) : 612-301-3433

<https://cuhcc.umn.edu/>

Fax: 612-426-4710

2001 Bloomington Ave S, Minneapolis, MN 55404

Jewish Family & Children's Services (JFCS) : 952-546-0616

<https://jfcsmpls.org/>

Fax: 952-593-1778

5905 Golden Valley Rd, Golden Valley, MN 55422

Mental Health Resources, Inc : 612-333-0331

<https://www.mhresources.org/>

Fax: 612-337-4035

2105 Minnehaha Ave, Minneapolis, MN 55404

Minnesota Care Counseling Services : 612-353-4191

<https://mncarecounseling.com/>

3355 Hiawatha Ave S, Minneapolis, MN 55406

Tasks Unlimited : 612-871-3320

<https://tasksunlimited.org/>

Fax: 612-871-0432

2419 Nicollet Ave S, Minneapolis, MN 55404

Touchstone Mental Health : 612-874-6409

<https://touchstonemh.org/>

Fax: 612-874-0157

2312 Snelling Avenue, Minneapolis, MN 55404

Vail Place : 952-938-9622

<https://www.vailplace.org/>

Fax: 952-283-2352

23 9th Ave. S., Hopkins, MN 55343

Volunteers of America : 952-945-4168

<https://www.voamnwi.org/mental-health-case-management>

Fax: 888-526-2781

9220 Bass Lake Rd, Suite 255, New Hope, MN 55428

COURT ORDERED COMMITMENT & COMMITMENT ALTERNATIVES

Community Alternative Response Team (CART)

Services: Short-term (under 90 days) intensive services aim to reduce commitments to Anoka- Metro Regional Treatment Center and other RTCs. The team focuses on early intervention services for people referred by Hennepin County Prepetition Screening or the adult crisis team (COPE).

Diversion and Recovery Team (DART)

Services: Case management for adults struggling with severe and chronic substance abuse. The team focus is on providing stable housing and harm reduction. Over time, they seek to see a reduction of hospital and detoxification use.

Prepetition Screening Program (PSP) : 612-348-2787

Hours: Mon-Fri; 7am-3:30pm

Fax: 612-466-9684

Hennepin County Government Center

300 South Sixth Street

Minneapolis, MN 55487-0160

Services: Mental Health professionals screen individuals who are being considered for commitment because of struggles related to mental illness, chemical dependency, or developmental disabilities. The program attempts to prevent unnecessary petitions and commitments by diverting people to voluntary alternatives whenever possible. The PSP process typically takes place in a hospital setting while the patient is on a 72-hour hold, but people may also be in a community setting. In order to obtain a screening, there must be a "Petitioner" (someone interested in committing a person) and an "Examiner's Statement" (an official statement signed by a Medical Doctor, Ph.D. Psychologist, or advanced practice nurse).

COMMUNITY SUPPORT PROGRAMS

Hennepin County Front Door : 612-348-4111

Services: Community Support Programs (CSPs) provide easy access to a wide spectrum of services, support, and resources for persons with serious and persistent mental illness (SPMI).

Examples: volunteer and work opportunities, daily living skills training, benefits assistance, social/recreational activities, employment assistance, housing support, and referrals for needed services.

The primary goal of CSPs are to assist people in developing the skills necessary to function as independently as possible in the community and to provide an environment that encourages the development of person-centered support systems, including mutual-help networks.

Referrals: CSPs can make referrals to other mental health resources such as outpatient treatment, crisis intervention, case management, and employability services. Program hours vary by provider and sometimes change to meet the needs of their members. Some programs include evening and weekend hours.

AVIVO : 612-753-8000

<https://avivomn.org/>

Fax: 612-752-8203

1900 Chicago Ave, Minneapolis, MN 55404

Mental Health Resources, Inc : 612-333-0331

<https://www.mhresources.org/>

Fax: 612-337-4035

2105 Minnehaha Ave, Minneapolis, MN 55404

Minnesota Care Counseling Services : 612-353-4191

<https://mncarecounseling.com/>

3355 Hiawatha Ave S, Minneapolis, MN 55406

People Incorporated : 612-230-0730

<https://www.peopleincorporated.org/>

Fax: 612-465-0107

1309 Girard Ave N, Minneapolis, MN 55411

SEWA-AIFW (Asian-Indian Family Wellness) : 763-205-9873

<https://www.sewa-aifw.org/>

6645 James Ave North, Brooklyn Center, MN 55430

Steps of Strategy : 612-346-8064

<https://www.stepsofstrategy.com/community-support-program/>

4210 Fremont Ave N, Minneapolis, MN 55412

Tasks Unlimited : 612-871-3320

<https://tasksunlimited.org/>

Fax: 612-871-0432

2419 Nicollet Ave S, Minneapolis, MN 55404

Vail Place : 952-938-9622

<https://www.vailplace.org/>

Fax: 952-283-2352

23 9th Ave. S., Hopkins, MN 55343

CRISIS RESPONSE & INTERVENTION

Community Outreach for Psychiatric Emergencies (COPE) : 612-596-1223

Telephone and Mobile Crisis Team

Available 24/7

Services: COPE is a multi-disciplinary, mobile crisis response team that serves adults 18+ in Hennepin County. Team members are available 24/7 to provide outreach to people experiencing a mental health crisis. Mobile crisis services include the following: onsite crisis assessments; risk assessments; de-escalating a crisis situation; helping with safety planning; referrals to a hospital for further evaluation or placement at a crisis residence; and referrals for COPE stabilization services as appropriate. COPE responds to situations that occur within the geographic boundaries of Hennepin County though residency is not necessary for initial services. Calls are accepted from persons referring themselves, treatment professionals, residential facilities, family members, or any concerned individual. The primary goal of COPE mobile crisis services is to help people to manage their mental health crises in their current setting.

Acute Psychiatric Services at HCMC : 612-873-3161

Available 24/7

Fax: 612-904-4232

Hennepin County Medical Center, 701 Park Ave S, Minneapolis, MN 55415

Services: Emergency evaluation and short-term treatment for people in a psychiatric crisis. The center works closely with other professionals, agencies, and community resources. Crisis intervention phone service, immediate help and referral for persons threatening suicide; and walk-in crisis services. The APS provides these services to any person in need. Our treatment team includes psychiatrists, psychologists, psychiatric social workers, advanced nurse practitioners, and psychiatric nurses.

Hennepin Health Crisis Residence : 612-352-5600

Available 24/7

Fax: 612-352-5609

3633 Chicago Ave, Minneapolis, MN 55407

Services: The Crisis Residence provides short-term (3-10 days) housing and treatment for people who are clinically and physically stable, but need further assistance before returning to their home after receiving mental health care at the hospital or after being screened by Hennepin County Community Outreach for Psychiatric Emergencies (COPE). The Crisis Residence is an alternative to hospitalization, a place to go for more care and support after leaving inpatient treatment.

Nancy Page Crisis Stabilization Program (People, Inc) : 612-870-3787

Available 24/7

Fax: 612-870-3789

245 Clinton Ave S, Minneapolis, MN 55403

Services: Residential Treatment Crisis Stabilization services for individuals experiencing a mental health crisis, which may lead to significantly reduced functioning, or hospitalization if untreated. The program assists individuals in resolving the circumstances that brought them to the facility, develops a Crisis Stabilization Plan within 24 hours of admission, and designs a Crisis Prevention Action Plan. Psychiatric consultants are available to evaluate and prescribe medications if necessary, and medical staff coordinates psychiatric care with existing mental health providers. People seeking assistance must have a Crisis Assessment completed by an authorized health provider prior to admission. All Minnesota State Health Plans and many private health insurance plans cover crisis services. Hennepin County pays for crisis services for eligible uninsured county residents.

ReEntry House Inc. Crisis Stabilization Program : 612-540-5700

Available 24/7

Fax: 612-540-5701

1800 Chicago Ave, Minneapolis, MN 55404

Services: Residential Treatment Crisis Stabilization services for individuals experiencing a mental health crisis, which may lead to significantly reduced functioning, or hospitalization if untreated. The program assists individuals in resolving the circumstances that brought them to the facility, develops a Crisis Stabilization Plan within 24 hours of admission, and designs a Crisis Prevention Action Plan. Persons admitted stay in the program from one to 10 days. Psychiatric consultants are available to evaluate and prescribe medications if necessary, and medical staff coordinates psychiatric care with existing mental health providers. People seeking assistance must have a Crisis Assessment completed by an authorized health provider prior to admission. All Minnesota State Health Plans and many private health insurance plans cover crisis services. Hennepin County pays for crisis services for eligible uninsured county residents.

DEAF AND HARD OF HEARING SERVICES

Deaf Supportive Living (DSL) : Voice 651-774-0011, TTY 612-623-1045

<https://www.peopleincorporated.org/deaf-supportive-living/>

726 2nd Street NE, Minneapolis, MN 55413

Penn House : Voice 651-774-0011, TTY 612-521-9869

<https://www.peopleincorporated.org/deaf-supportive-living/>

Fax: 612-521-9889

1800 Penn Ave N, Minneapolis, MN 55411

Scott House : Voice 651-774-0011, TTY 763-503-6794

<https://www.peopleincorporated.org/deaf-supportive-living/>

Fax: 763-503-9813

7573 Scott Ave N, Minneapolis, MN 55443

Upton House : Voice 651-774-0011, TTY 763-503-6794

<https://www.peopleincorporated.org/deaf-supportive-living/>

Fax: 763-503-9813

7573 Scott Ave N, Minneapolis, MN 55443

Services: Services are provided to people who are deaf, hard of hearing, or deaf/blind, and struggle with a mental illness. The Assisted Living Plus program houses up to 10 individuals. The Penn and Scott Houses provide adult foster care for up to four individuals in each house. The goal is to assist residents to develop the skills necessary to live, work, and socialize in the community. The services provide a safe environment in which residents can practice new skills such as socialization, cooking, money management, and hygiene.

EMPLOYMENT SERVICES

Goodwill Employment Services : 612-286-8601

<https://www.goodwilleasterseals.org/services/employment-services>

Services:

Reentry Program: Supporting second chances, reentry works 1-1 with individuals exiting incarceration to connect them to resources that help stabilize their lives and avoid a return to prison. Enroll at no cost; support stipends may also be available to eligible, referred participants. Receive career navigation, mentoring, advocacy and financial literacy services through 1-1 case management. Connect to mental/chemical wellness services and legal aid partners in the area.

Dislocated Worker Program: Get the support and training you need to land your next job or career with the Dislocated Worker Program. We assist laid off Minnesotans with these services at no cost. Career counseling and assessments to help determine your career path. Funding for career certifications and training programs. Resume assistance, interview preparation and referrals to networking groups. Assistance with job searching across occupations and levels of experience.

Minneapolis Works: Goodwill-Easter Seals Minnesota, in partnership with Minneapolis Employment and Training (MET), provides Minneapolis job seekers with individualized career guidance and job search services. Resume and application assistance. Job leads and employer events. Interviewing skills and practice. Transportation assistance. Ongoing career support after securing employment.

Career and Job Support: Personalized, flexible job placement services are the heart of GESMN's mission; we work closely with job seekers and employers to connect people to a career. Explore goals, strengths, and interests and plan for a career. Prepare for interviews and build personal skills in employment & career readiness trainings. Shadow a professionals or try-out job. Receive ongoing job support from experienced staff to ensure success.

Goodwill Minnesota Family Investment Program (MFIP) : 612-379-5800

<https://www.goodwilleasterseals.org/services/family-stability>

Services: Goodwill-Easter Seals Minnesota offers employment and job placement services for individuals in the Minnesota Family Investment Program (MFIP) and in the Stable Families Initiative living in Hennepin County and Ramsey County. We assist MFIP recipients in obtaining and retaining jobs. Our comprehensive employment support program include: vocational and skills assessment services, preparation and support for re-entering the workforce, resume preparation, interview preparation, job search support, and employment support after starting work.

Hennepin County Vocational Services Program : 612-281-1264

<https://www.hennepin.us/residents/human-services/vocational-services>

Fax: 612-677-6380

1800 Chicago Ave, Minneapolis, MN 55404

Services: Hennepin County Vocational Services Program (VSP) works with adults who have mental health or chemical health barriers to employment. VSP's mission is help these individuals find and retain jobs in the community. VSP provides person centered work evaluation, job placement, and job retention services to individuals referred by DEED Vocational Rehabilitation Services and Hennepin County Operated case management teams.

Jewish Family & Children's Services (JFCS) : 952-546-0616

<https://jfcsmpls.org/>

Fax: 952-593-1778

5905 Golden Valley Rd, Golden Valley, MN 55422

Lutheran Social Services (formerly Lifetrack) : 651-642-5990

<https://www.lssmn.org/services/financial-and-employment/career-development>

Fax: 952-593-1778

5905 Golden Valley Rd, Golden Valley, MN 55422

Rise Incorporated : 651-642-5990

<https://rise.org/>

2003 Central Ave N.E., Minneapolis, MN 55418-4531

Fax: 612-781-1288

Services: RISE, Inc. and Jewish Family Children's Service provide person-centered vocational evaluation, job search and placement assistance with retention support to help individuals reach their full career potential, establish independence and become integrated into the community. Target population consists of Hennepin County residents 18 and older with SPMI who are able to benefit from community-based vocational rehabilitation services. Individuals aged 21-64 with no dependent children, referred by the Hennepin Health Program.

FORENSIC ASSERTIVE COMMUNITY TREATMENT (FACT)

Population Served: FACT supports people who have re-experienced symptoms of serious and persistent mental illness, and/or may have co-occurring disorders (e.g., substance abuse) when supported with less intensive supports, AND are involved with the criminal justice system. Histories often include multiple or extended hospitalizations, court-ordered treatment at a Regional Treatment Center, and placements in other restrictive settings. People may also have a significant history of homelessness as a direct result of symptoms of their mental illness. Without intensive supportive services, they may be considered at imminent risk of civil commitment or nursing home placement and may be unable to secure or maintain more independent living situations. Initial Contact and Access approves clients for admission.

Services: An interdisciplinary team that includes a psychiatrist provides support services. Caseloads are 1:10. Services include case management, and services that instruct, assist and support the person in skills such as interpersonal communication, community resource utilization and integration, relapse prevention, budgeting and shopping, healthy lifestyle, cooking and nutrition, and transportation. Other support services include medication education and monitoring, mental illness symptom management, crisis assistance, health care directives, and transition to community living services.

SpringPath Mental Health Services : 763-537-6612

<https://springpathmentalhealth.com/>

Fax: 763-573-7162

6120 Earle Brown Drive, Suite 100, Brooklyn Center, MN 55430

HENNEPIN COUNTY FRONT DOOR SOCIAL SERVICES

Hennepin County Front Door (to start a referral) : 612-348-4111

Fax: 612-466-9523

socialservices@hennepin.us

Hours: Mon-Fri, 8am - 4:30pm; replies within 2 business days

Services: The Front Door Social Services program consolidates intake for most voluntary programs and connects people to the level of service that best meets their needs. Front Door response ranges from connecting callers to community resources or other providers, providing education and consultation, or providing intake into county-operated programs. A team of Social Workers answers initial requests and Public Health Nurses, who help callers, define their service needs and offers consultation about how those needs can be met. If a caller seems to require additional county assistance, the caller may be connected to another service area that will do a more thorough evaluation of needs and will assess client eligibility for possible ongoing services from the county or a contracted provider.

MENTAL HEALTH OUTPATIENT AND COUNSELING SERVICES

Adult Psychiatry Clinic at HCMC : 612-872-2218

<https://www.hennepinhealthcare.org/specialty/psychiatry/adult-psychiatry-clinic-medication/>

Fax: 612-873-1614

Shapiro Building, Suite 1st Floor, 110
900 South 8th St, Minneapolis, MN 55415

Behavioral Health Center Walk In Support : 612-879-3115

<https://www.hennepin.us/residents/health-medical/behavioral-health-center>

1800 Chicago Ave S, Minneapolis, MN 55405

Child/Adolescent Psychiatry & Psychology : 612-873-2617

<https://www.hennepinhealthcare.org/specialty/psychiatry/child-adolescent-psychiatry-clinic/>

Fax: 612-904-4565

Red Building, Level 7, R7.255, 701 Park Ave, Minneapolis MN 55415

Community-University Health Care Center (CUHCC) : 612-301-3433

<https://cuhcc.umn.edu/>

Fax: 612-426-4710

2001 Bloomington Ave S, Minneapolis, MN 55404

Hennepin County Mental Health Center : 612-596-9438

<https://www.hennepin.us/residents/health-medical/mental-health-center>

Fax: 612-329-4500

2215 East Lake St, Minneapolis, MN 55407

NorthPointHealth & Wellness Center : 612-543-2500

<https://www.northpointhealth.org/>

Fax: 612-302-4872 (health records)

2220 Plymouth Ave N, Minneapolis, MN 55411

INTENSIVE RESIDENTIAL TREATMENT SERVICES (IRTS)

<https://www.minnesotahelp.info/> and search for Service, IRTS

Intensive residential treatment services (IRTS) are time-limited mental health services provided by 24-hour mental health staff in a residential setting, for those in need of 24-hour structure and assistance. In the 90day stay, the individual is provided personalized support guiding their discovery of what is important to them; how best they receive support; the way they communicate and make decisions; and how to move to outcomes and actions that leads to greater community integration.

Services: Individualized assessment and treatment planning, crisis assistance, crisis prevention plans, illness management and recovery, nursing, family education, transition and discharge planning, living skills development including medication self-administration, healthy living, household management, cooking and nutrition, budgeting and shopping, using transportation, and vocational skills.

SUBSTANCE USE DISORDER

<https://mn.gov/dhs/partners-and-providers/licensing/substance-use-disorder-treatment/>

Services: Substance use services are available to Hennepin County residents who have problems with drug or alcohol abuse and meet income guidelines, or who have been referred by the court. Services are available directly from a variety of health care and social services providers. Most programs are culturally diverse and offer different treatment models. Services include substance use assessments, Detoxification, Referrals to Rule 31 chemical dependency treatment programs for high, medium, and low-intensity inpatient and outpatient treatment services, supportive housing, and case management, other support services. Private insurance may not cover all or some substance use services. Services may be paid for with public funding if the recipient is financially eligible. This includes minors, who usually are eligible if they have private or no insurance.

Call Hennepin County Front Door at 612-348-4111 to get information on where to get an assessment if you are a Hennepin County resident, or if Hennepin Health covers you. You may also get information on some of the programs located in Hennepin County, which perform assessments for other health plans.

ADDITIONAL RESOURCES

- Depression and Bipolar Support Alliance
 - <https://www.dbsalliance.org/>
 - 800-826-3632
- First Call for Help
 - <https://211unitedway.org/>
 - In MN, dial 211
 - 800-543-7709
 - 651-291-0211
- Greater Minneapolis Intergroup (Alcoholics Anonymous)
 - <https://aaminneapolis.org/>
 - (952) 922-0880
- Hennepin County Local Mental Health Advisory Council
 - <https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/resources/lac.jsp>
 - <https://www.hennepin.us/residents/health-medical/adult-mental-health-initiative>
- Mental Health America
 - <https://mhanational.org/>
 - 800-969-6642
 - 703-684-7722
- Mental Health Minnesota
 - <https://mentalhealthmn.org/>
 - 800-862-1799
 - 651-493-6634
- Minnesota Association of Resources for Recovery and Chemical Health (MARRCH)
 - <https://www.marrch.org/>
 - 651-290-7462
- Minnesota Disability Law Center
 - <https://mylegalaid.org/our-work/disability-law>
 - 612-334-5970
- Minnesota Office of Ombudsman for Mental Health and Developmental Disabilities
 - <https://mn.gov/omhdd/>
 - 651-757-1800
 - 800-657-3506
 - TTY/TDD: 711
- Minnesota Prevention Resource Center
 - <https://mnprc.org/>
 - 651-646-3005
- Minnesota Recovery Connection
 - <https://minnesotarecovery.org/>
 - 612-584-4158
- National Alliance on Mental Illness of Minnesota
 - <https://namimn.org/about-nami-minnesota/>
 - 651-645-2948
- National Alliance on Mental Illness of Hennepin County
 - <https://www.namihennepincounty.org/>
 - 651.645.2948 x 126

- National Institute on Alcohol Abuse and Alcoholism
 - <https://www.niaaa.nih.gov/>
 - 301-443-3860
- National Institute on Drug Abuse
 - <https://nida.nih.gov/>
 - 301-443-6441
- National Institute of Health
 - <https://www.nih.gov/>
 - 301-496-4000
 - TTY: 301-402-9612
- National Institute of Mental Health
 - <https://www.nimh.nih.gov/>
 - 866-615-6464
- National Mental Health Consumers' Self-Help Clearinghouse
 - <https://www.mhselfhelp.org/>
- National Resource Center on Psychiatric Advanced Directives
 - <https://nrc-pad.org/>
- Schizophrenia.com
 - <http://schizophrenia.com/>
- Sibling Leadership Network
 - <https://siblingleadership.org/>
- Suicide Awareness/Voices of Education (SAVE)
 - <https://save.org/>
 - 988
- Substance Abuse and Mental Health Services Administration (SAMHSA)
 - <https://www.samhsa.gov/>
 - 800-662-HELP (4357)
- Suicide Prevention Resource Center
 - <https://sprc.org/>
- World Health Organization - Mental Health
 - <https://www.who.int/health-topics/mental-health>