

Mental Health & Substance Use

Services Directory

All information in this directory may be reproduced

Hennepin County

Human Services & Public Health Mission:

- Increase safety and stability of people.
- Promote self-reliance and a livable income.
- Improve the health of the community.

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ACCESS AND CASE MANAGEMENT, ADULT BEHAVIORAL HEALTH

Area Manager: Leah Kaiser, Phone: 612-596-1779

Program/Administrative Managers:

Program	Program Manager (PM)	PM Phone
Behavioral Health Case Management (BHCM)	Martin Marty	612-348-8124
	ToiJya Holyfield	612-543-5188
Substance Use	Bob Rohret	612-348-9274
	Cynthia Arkema-O'Harra	612-879-3588
Civil Court	Martin Marty	612-348-8124
Commitment	Martin Marty	612-348-8124
Commitment Alternative Response Team (CART)	Martin Marty	612-348-8124
Community Integration Recovery Team (CIRT)	Martin Marty	612-348-8124
	ToiJya Holyfield	612-543-5188
Contracted Case Management (CCM)	ToiJya Holyfield	612-543-5188
Criminal Justice Behavioral Health Initiative (CJBHI)	Cynthia Arkema-O'Harra	612-879-3588
Diversion and Recovery Team (DART)	Bob Rohret	612-348-9274
Housing and Relocation Team (HART)	ToiJya Holyfield	612-543-5188
Managed Care	Bob Rohret	612-348-9274
	Martin Marty	612-348-8124
Mentally III & Dangerous Case Management (MI&D CM)	ToiJya Holyfield	612-348-4590
Operated Case Management (OCM)	Martin Marty	612-348-8124
	ToiJya Holyfield	612-543-5188
Planning	Cynthia Arkema-O'Harra	612-879-3588
Project Child	Bob Rohret	612-348-9274
Specialty Courts	Cynthia Arkema-O'Harra	612-879-3588
Supported Employment	Martin Marty	612-348-8124

ADULT PROTECTION SERVICES

MN Adult Abuse Reporting Center - Phone: 1-844-880-1574

All Vulnerable Adult Reports go to the MN Adult Abuse Reporting Center. Call 1-844-880-1574 to reach the Minnesota Adult Abuse Reporting Center. They are open 24 hours a day, seven days a week.

Adult Protection Services (APS) - Phone: 612-543-9912

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0140

Hours: 8a.m. – 4:30p.m Monday through Friday

Email: adultprotection@hennepin.us

Services: After a report is made to the MN Adult Abuse Reporting Center, Hennepin County Adult Protection social workers investigate reports of alleged abuse, neglect, and financial exploitation of vulnerable adults who are unable to protect themselves due to physical or mental impairments. Through the provision of protective social services, staff assists people in establishing a network of support to help reduce their risk of further harm. When legal intervention is required to protect a Vulnerable Adult from harm, Adult Protection staff can assist with civil commitment, an order for protection, the removal of a perpetrator, and with the appointment of a guardian or conservator.

ADULT REHABILITATIVE MENTAL HEALTH SERVICES (ARMHS)

MN DHS Current Providers List

ASSERTIVE COMMUNITY TREATMENT (ACT)

Population Served: ACT supports people who have re-experienced symptoms of serious and persistent mental illness, and/or may have co-occurring disorders (e.g., SPMI and substance abuse) when supported with less intensive supports. Histories often include multiple or extended hospitalizations, court-ordered treatment at a Regional Treatment Center, and placements in other restrictive settings. People may also have a significant history of homelessness or contact with the criminal justice system as a direct result of symptoms of their mental illness. Without intensive supportive services, they may be considered at imminent risk of civil commitment or nursing home placement and may be unable to secure or maintain more independent living situations. Initial Contact and Access approves clients for admission.

Services: An interdisciplinary team that includes a psychiatry provides Support services. Caseloads are 1:10. Services include case management, and services that instruct, assist and support the person in skills such as interpersonal communication, community resource utilization and integration, relapse prevention, budgeting and shopping, healthy lifestyle, cooking and nutrition, and transportation. Other support services include medication education and monitoring, mental illness symptom management, crisis assistance, health care directives, and transition to community living services.

Mental Health Resources, Inc. (MHR) - Phone: 612-337-4020

2105 Minnehaha Avenue Minneapolis, MN 55404

People Incorporated - Phone: 612-465-0105

1309 Girard Avenue North Minneapolis, MN 55411

Re-Entry - Community Treatment Team (CTT) - Phone: 612-435-7200

1313 5th Street SE, Suite 314 Minneapolis, MN 55414 Fax: 612-465-0107

Fax: 612-435-7201

Fax: 612-337-4035

South Metro Human Services, Integrated Community Services - Phone: 612-435-7200

1313 5th Street SE, Suite 314 Minneapolis, MN 55414

Res Care Minnesota - Phone: 763-537-6612

6120 Earle Browne Drive, Suite 100 Brooklyn Center, MN 55430

Fax: 612-435-7201

Fax: 763-537-7162

Phone: 612-348-4111

Phone: 612-879-3588

Services: Direct work with individuals and care communities in a collaborative enriching and respectful partnership, to identify, secure and sustain a full range of resources, both internal and external, to assist individuals to live in independently in the community. Functional assessments and support plans specifically address mental health symptoms, mental health needs, chemical use/addiction, vocational/education, social, interpersonal, self-care, medical, dental, financial, housing, and transportation needs.

CASE MANAGEMENT SERVICES

Call Front Door Access to Start the Referral Process:

For Forensic ACT, call Cynthia Arkema-Oharra:

Hennepin County Behavioral Health Case Management (HC BHCM)

Community Integration and Recovery Teams (CIRT) - Phone: 612-348-4111

Services Include: Case management for adults who have been court-ordered to receive treatment through the civil commitment process.

Housing and Relocation Team (HART) - Phone: 612-348-4111

Services Include: Intensive case management for persons at Anoka-Metro RTC, and to people under a Rule 20 court order to treat to competency.

Hennepin County Forensic Case Management - Phone: 612-348-4111

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0140

Services: Social workers provide specialized case management services to people who are indeterminately committed as Mentally III and Dangerous. Supervision and support of participation in treatment and rehabilitation programs is tightly structured. When people leave inpatient treatment to re-enter the community, case managers monitor compliance with the conditions of release.

Community University Health Care Center - Phone: 612-638-0700 x269

2001 Bloomington Avenue South Fax: 612-638-0685

Minneapolis, MN 55404 Website: http://www.ahc.umn.edu/cuhcc/

Mental Health Resources, Inc. - Phone: 612-333-0331

2105 Minnehaha Ave. Fax: 612-333-5614

Minneapolis MN 55404 Website: www.mhresources.com

People Incorporated - Phone: 612-230-6270

1315 Girard Ave N Fax: 612-522-7061

Minneapolis, MN 55411

Spectrum (Avivo- Resource, Inc.) - Phone: 612-752-8206

1825 Chicago Avenue S. **Fax:** 612-752-8203

Minneapolis, MN 55404 Website: www.resource-mn.org

Charaka (Avivo- Resource, Inc.) - Phone: 612-752-8350

7888 12th Ave S Fax: 612-752-8351

Minneapolis, MN 55425-1001 Website: www.resource-mn.org

Northwest (Avivo- Resource, Inc.) - Phone: 612-752-8302

7000 57th Avenue North, Suite 100 Fax: 612-752-8301

Crystal MN 55428 Website: <u>www.resource-mn.org</u>

Tasks Unlimited - Phone: 612-871-3320

2419 Nicollet Avenue South Fax: 612-871-0432

Minneapolis, MN 55404

Touchstone - Phone: 612-874-6409

1925 Nicollet Avenue So Fax: 612-874-0157

Minneapolis, MN 55403

COMMITMENT & COMMITMENT ALTERNATIVES

Community Alternative Response Team (CART)

Services Include: Short-term (under 90 days) intensive services aim to reduce commitments to Anoka-Metro Regional Treatment Center and other RTCs. The team focuses on early intervention services for people referred by Hennepin County Prepetition Screening or the adult crisis team (COPE).

Diversion and Recovery Team (DART)

Services Include: Case management for adults struggling with severe and chronic substance abuse. The team focus is on providing stable housing and harm reduction. Over time, they seek to see a reduction of hospital and detoxification use.

Prepetition Screening Program (PSP) - Intake Line: 612-348-2787

Hennepin County Government Center 300 South Sixth Street Minneapolis, MN 55487-0160

Intake Line Hours: 7 a.m. – 3:30 p.m., Monday – Friday

Services: Mental Health professionals screen individuals who are being considered for commitment because of struggles related to mental illness, chemical dependency, or developmental disabilities. The program attempts to prevent unnecessary petitions and commitments by diverting people to voluntary alternatives whenever possible. The PSP process typically takes place in a hospital setting while the patient is on a 72-hour hold, but people may also be in a community setting. In order to obtain a screening, there must be a "Petitioner" (someone interested in committing a person) and an "Examiner's Statement" (an official statement signed by a Medical Doctor, Ph.D. Psychologist, or advanced practice nurse).

COMMUNITY SUPPORT PROGRAMS (CSPs)

Services: Community Support Programs (CSPs) provide easy access to a wide spectrum of services, support, and resources for persons with serious and persistent mental illness (SPMI).

Examples Include: volunteer and work opportunities, daily living skills training, benefits assistance, social/recreational activities, employment assistance, housing support, and referrals for needed services.

The Primary Goal of CSPs: are to assist people in developing the skills necessary to function as independently as possible in the community and to provide an environment that encourages the development of person—centered support systems, including mutual-help networks.

Referrals: CSPs can make referrals to other mental health resources such as outpatient treatment, crisis intervention, case management, and employability services. Program hours vary by provider and sometimes change to meet the needs of their members. Some programs include evening and weekend hours.

Referrals to CSP services can be made by contacting Initial Contact and Access: Phone: 612-348-4111

South Hennepin County / Charaka CSP - Phone: 612-752-8350

7888 12th Avenue South **DD:** 612-752-8350 Minneapolis, MN 55425 **Fax:** 612-752-8351

Fax: 612-466-9684

Central Hennepin County / Light House - Phone: 612-752-8200

 1825 Chicago Ave. S.
 TDD: 612-752-8019

 Minneapolis, MN 55404
 Fax: 612-752-8203

Northwest Hennepin / Northwest CSP - Phone: 612-752-8300

7000 57th Avenue N., Suite100 **TDD:** 612-752-8300 Crystal, MN 55428 **Fax:** 612-752-8301

North Hennepin / Northside CSP - Phone: 612-521-2116

 1309 Girard Avenue North
 TDD: 612-521-2116

 Minneapolis, MN 55411
 Fax: 612-287-9818

Seward / Seward CSP - Phone: 612-333-0331

2105 Minnehaha Avenue **TDD:** 612-333-0331 Minneapolis, MN 55404 **Fax:** 612-333-5614

E-mail: sewardcsp@mhresources.com

West Hennepin County / Vail Place - Phone: 952-938-9622

15 Ninth Ave. South
Hopkins, MN 55343
Fax: 952-938-7934
E-mail: info@vailplace.org

Southwest Calhoun/Isles / Vail Place - Phone: 612-824-8061

1412 West 36th Street Fax: 612-824-9474
Minneapolis, MN 55408 E-mail: info@vailplace.org

CRISIS RESPONSE & INTERVENTION

Community Outreach for Psychiatric Emergencies (COPE) - Phone: 612-596-1223

Mobile Crisis Team Phone: 612-596-1223

Hours: 24 hours per day, 7 days per week

Services: COPE is a multi-disciplinary, mobile crisis response team that serves adults 18+ in Hennepin County. Team members are available 24/7 to provide outreach to people experiencing a mental health crisis. Mobile crisis services include the following: onsite crisis assessments; risk assessments; de-escalating a crisis situation; helping with safety planning; referrals to a hospital for further evaluation or placement at a crisis residence; and referrals for COPE stabilization services as appropriate. COPE responds to situations that occur within the geographic boundaries of Hennepin County though residency is not necessary for initial services. Calls are accepted from persons referring themselves, treatment professionals, residential facilities, family members, or any concerned individual. The primary goal of COPE mobile crisis services is to help people to manage their mental health crises in their current setting.

Acute Psychiatric Services at HCMC - Phone: 612-873-3161

Fax: 612-904-4232

701 Park Avenue South Minneapolis, MN 55415

Hours: 24 hours per day, 7 days per week

Services: Emergency evaluation and short-term treatment for people in a psychiatric crisis. The center works closely with other professionals, agencies, and community resources. Crisis intervention phone service, immediate help and referral for persons threatening suicide; and walk-in crisis services. The APS provides these services to any person in need. Our treatment team includes psychiatrists, psychologists, psychiatric social workers, advanced nurse practitioners, and psychiatric nurses.

Hennepin Health Crisis Residence - Phone: 612-352-5600

3633 Chicago Avenue **Fax:** 612-352-5609

Minneapolis, MN 55407

Hours: 24 Hours, 7 Days/Week

Services: The Crisis Residence provides short-term (3 - 10 days) housing and treatment for people who are clinically and physically stable, but need further assistance before returning to their home after receiving mental health care at the hospital or after being screened by Hennepin County Community Outreach for Psychiatric Emergencies (COPE). The Crisis Residence is an alternative to hospitalization, a place to go for more care and support after leaving inpatient treatment.

Nancy Page Crisis Stabilization Program, People Incorporated - Phone: 612-870-3787

245 Clinton Avenue South Fax: 612-870-3789

Minneapolis, MN 55403

Hours: 24 Hours, 7 Days/Week

Services: Residential Treatment Crisis Stabilization services for individuals experiencing a mental health crisis, which may lead to significantly reduced functioning, or hospitalization if untreated. The program assists individuals in resolving the circumstances that brought them to the facility, develops a Crisis Stabilization Plan within 24 hours of admission, and designs a Crisis Prevention Action Plan. Psychiatric consultants are available to evaluate and prescribe medications if necessary, and medical staff coordinates psychiatric care with existing mental health providers. People seeking assistance must have a Crisis Assessment completed by an authorized health provider prior to admission. All Minnesota State Health Plans and many private health insurance plans cover crisis services. Hennepin County pays for crisis services for eligible uninsured county residents.

ReEntry House Inc. Crisis Stabilization Program - Phone: 612-540-5700

1800 Chicago Avenue **Fax:** 612-540-5701

Minneapolis, MN 55404

Hours: 24 Hours, 7 Days/Week

Services: Residential Treatment Crisis Stabilization services for individuals experiencing a mental health crisis, which may lead to significantly reduced functioning, or hospitalization if untreated. The program assists individuals in resolving the circumstances that brought them to the facility, develops a Crisis Stabilization Plan within 24 hours of admission, and designs a Crisis Prevention Action Plan. Persons

admitted stay in the program from one to 10 days. Psychiatric consultants are available to evaluate and prescribe medications if necessary, and medical staff coordinates psychiatric care with existing mental health providers. People seeking assistance must have a Crisis Assessment completed by an authorized health provider prior to admission. All Minnesota State Health Plans and many private health insurance plans cover crisis services. Hennepin County pays for crisis services for eligible uninsured county residents.

DEAF AND HARD OF HEARING SERVICES

Deaf Supportive Living (DSL) - Voice Phone: 651-955-2626

Assisted Living Plus
726 NE 2nd Street
Fax: 612-331-3587
Minneapolis, MN 55413
Website: www.peopleincorporated.org

Penn House - Voice Phone: 612-521-0642

Adult Foster Care TTY: 612-521-9869
1800 Penn Avenue North Fax: 612-521-9889
Minneapolis, MN 55411

Scott House - Voice Phone: 763-503-9343

Adult Foster Care TTY: 763-503-6794

7573 Scott Avenue North Brooklyn Park, MN 55443

<u>Upton House - Voice Phone: 612-866-5490</u>

Hours: Vary according to client need.

Services: Services are provided to people who are deaf, hard of hearing, or deaf/blind, and struggle with a mental illness. The Assisted Living Plus program houses up to 10 individuals. The Penn and Scott Houses provide adult foster care for up to four individuals in each house. The goal is to assist residents to develop the skills necessary to live, work, and socialize in the community. The services provide a safe environment in which residents can practice new skills such as socialization, cooking, money management, and hygiene.

Deaf Mental Health Services (DMHS)

Community Support and Housing Support Services - Voice Phone: 612-379-1070

726 NE 2nd Street **TTY:** 612-379-1079 Minneapolis, MN 55413 **Fax:** 612-331-4547

Services: A drop-in center for people who are deaf or hard of hearing and struggle with a mental illness. The center offers educational groups in socialization; problem solving; values clarification, goal setting; self-awareness; behavior management; communication; physical, mental health, and stress management; sexuality and relationships; leisure skills; nutrition and meal planning; safety skills, community resources; money management; and basic survival communication.

DMHS also offers outreach housing support services to foster independence for people who are living on

their own, with family, or with friends. Staff visit clients in their homes and assist them with a wide variety of goal areas. Staff also monitor participants for signs of decompensation and communicate with appropriate mental health professionals.

EMPLOYMENT SERVICES

Goodwill Industries - Employment Development Services (EDS) - Phone: 651-379-5800

Goodwill – Easter Seals MN – St. Paul Campus Website: Goodwill Employment Development Services
553 Fairview Ave. N.

St. Paul, MN 55104

Services: Employment Development Services (EDS), Work Adjustment Training (WAT) and Work Experience Training (WEX) are training programs for people with multiple economic, social and academic barriers to employment. This may include little or no significant work history, lack of a high school diploma or criminal convictions. Participants learn basic skills, attitudes and work behaviors necessary to obtain and maintain employment. The goal of Goodwill-Easter Seals Minnesota's EDS is to develop and expand the soft skills necessary to find and maintain employment. Participants in the EDS Program: work with staff to build work skills, set career goals prepare for job search and future employment, participate in a paid training and supervision in real, integrated work settings, and gain work skills in multiple vocations through our partnerships with community employers. While in this program, participants may also take part in other services such as EDS training classes (St. Paul Campus only), computer training and Employment Readiness Training.

<u>Goodwill Industries - Employment Services - Phone: 651-379-5975</u>

Goodwill – Easter Seals Minnesota – St. Paul Campus Website: Goodwill Employment Services
553 Fairview Ave. N.

St. Paul, MN 55104

Services: Goodwill-Easter Seals Minnesota's main programs provide employment services specifically designed for people with disabilities, disadvantages or other barriers to work. Through training, individuals gain skills, attitudes and work behaviors needed to assist them in finding and keeping employment. Service delivery is a wrap-around approach, taking into consideration the individual's needs, including those that affect their ability to obtain and maintain employment. We also offer services to support individuals to advance in their careers after job placement.

Goodwill Industries - MN Family Investment Program (MFIP) - Phone: 651-379-5800

Goodwill – Easter Seals Minnesota – St. Paul Campus Website: Goodwill MFIP Program

553 Fairview Ave. N.

St. Paul, MN 55104

Services: Goodwill-Easter Seals Minnesota offers employment and job placement services for individuals in the Minnesota Family Investment Program (MFIP) and in the Stable Families Initiative living in Hennepin County and Ramsey County. We assist MFIP recipients in obtaining and retaining jobs. Our comprehensive employment support program include: vocational and skills assessment services, preparation and support for re-entering the workforce, resume preparation, interview preparation, job search support, and

employment support after starting work.

Goodwill Industries - Specialty Programs - Phone: 651-379-5800

Goodwill – Easter Seals Minnesota – St. Paul Campus Website: Goodwill Specialty Programs 553 Fairview Ave. N.

St. Paul, MN 55104

Services: Goodwill-Easter Seals Minnesota has a variety of programs offered to specific audiences and may have particular eligibility requirements. These programs are all part of our wrap-around approach to maximizing individual potential to eliminate barriers to work and independence. Services offered are career navigation, community outreach, FATHER Project, Medical Equipment Loan, Military Services, Re- Entry Program, Work Incentives Connection, and Youth Services.

Hennepin County Vocational Services Program (VSP) - Phone: 612-879-3007

1800 Chicago Ave. Fax: 612-677-6380 Minneapolis, MN 55404 Email: thomas.j.haselman@hennepin.us

Services: Hennepin County Vocational Services Program (VSP) works with adults who have mental health or chemical health barriers to employment. VSP's mission is help these individuals find and retain jobs in the community. VSP provides person centered work evaluation, job placement, and job retention services to individuals referred by DEED Vocational Rehabilitation Services and Hennepin County Operated case management teams.

<u>Jewish Family and Children's Service - Phone: 952-546-0616</u>

5905 Golden Valley Road Fax: 952-593-1778
Golden Valley, MN 55422 Email: jfcs@jfcsmpls.org

Lifetrack Resources, Inc. - Phone: 612-787-2302

3433 Broadway Street N.E., # 100 Fax: 612-788-8577 Minneapolis, MN 5541 website: www.lifetrack-mn.org

Rise Incorporated - Phone: 612-781-3114

2003 Central Ave. NE Fax: 612-718-1218
Minneapolis, MN 55418 Email: info@rise.org

Services: RISE, Inc. and Jewish Family Children's Service provide person-centered vocational evaluation, job search and placement assistance with retention support to help individuals reach their full career potential, establish independence and become integrated into the community. Target population consists of Hennepin County residents 18 and older with SPMI who are able to benefit from community-based vocational rehabilitation services. Individuals aged 21-64 with no dependent children, referred by the Hennepin Health Program.

FORENSIC ASSERTIVE COMMUNITY TREATMENT (FACT)

Population Served: FACT supports people who have re-experienced symptoms of serious and persistent

mental illness, and/or may have co-occurring disorders (e.g., substance abuse) when supported with less intensive supports, AND are involved with the criminal justice system. Histories often include multiple or extended hospitalizations, court-ordered treatment at a Regional Treatment Center, and placements in other restrictive settings. People may also have a significant history of homelessness as a direct result of symptoms of their mental illness. Without intensive supportive services, they may be considered at imminent risk of civil commitment or nursing home placement and may be unable to secure or maintain more independent living situations. Initial Contact and Access approves clients for admission.

Services: An interdisciplinary team that includes a psychiatrist provides support services. Caseloads are 1:10. Services include case management, and services that instruct, assist and support the person in skills such as interpersonal communication, community resource utilization and integration, relapse prevention, budgeting and shopping, healthy lifestyle, cooking and nutrition, and transportation. Other support services include medication education and monitoring, mental illness symptom management, crisis assistance, health care directives, and transition to community living services.

Res Care Minnesota - Phone: 763-537-6612

6120 Earle Browne Drive, Suite 100 Brooklyn Center, MN 55430

HENNEPIN COUNTY FRONT DOOR SOCIAL SERVICES

Hennepin County Front Door Social Services - Phone: 612-348-4111

Hennepin County Government Center Fax: 612-466-9523
300 South Sixth Street Website: www.hennepin.us
Minneapolis, MN 55487-0140 Email: Socialservices@hennepin.us

Hours: 8am – 4:30pm, Monday through Friday

After hour's messages, faxes and emails will be responded to within two business days.

Services: The Front Door Social Services program consolidates intake for most voluntary programs and connects people to the level of service that best meets their needs. Front Door response ranges from connecting callers to community resources or other providers, providing education and consultation, or providing intake into county-operated programs. A team of Social Workers answers initial requests and Public Health Nurses, who help callers, define their service needs and offers consultation about how those needs can be met. If a caller seems to require additional county assistance, the caller may be connected to another service area that will do a more thorough evaluation of needs and will assess client eligibility for possible ongoing services from the county or a contracted provider.

MENTAL HEALTH OUTPATIENT AND COUNSELING SERVICES

Fax: 763-537-7162

Note: For other clinics, Call Hennepin County Front Door Access 612-348-4111 or 211, or go to: http://www.hennepin.us/mentalhealth for more information

Adult Psychiatry Clinic at HCMC - Phone: 612-872-2218

Shapiro Building, Suite S1.110 914 S. 8th St.

Minneapolis, MN 55415

Child Adolescent Psychiatry Clinic at HCMC - Phone: 612-873-2617

Red Building, 7th Floor, Suite 255 701 Park Avenue Minneapolis, MN 55415

Community-University Health Care Center (CUHCC) - Phone: 612-638-0700 x269

2001 Bloomington Avenue South Minneapolis, MN 55404

Hennepin County Mental Health Center - Central Scheduling: 612-596-9438

1801 Nicollet AvenueFax: 612-879-38242nd and 3rd Floors, Nicollet Exchange Bldg.Website: www.hennepin.us

Minneapolis, MN 55403

NorthPoint Health & Wellness Center - Phone: 612-543-2500

1313 Penn Avenue North Minneapolis, MN 55411

MENTAL HEALTH RESIDENTIAL TRESTMENT PROGRAMS - IRTS

Updated 11.2017 - IRTS Directory - Facilities + Contact Info.xlsx

Intensive residential treatment services (IRTS) are time-limited mental health services provided by 24-hour mental health staff in a residential setting, for those in need of 24-hour structure and assistance. In the 90-day stay, the individual is provided personalized support guiding their discovery of what is important to them; how best they receive support; the way they communicate and make decisions; and how to move to outcomes and actions that leads to greater community integration.

Services Include: Individualized assessment and treatment planning, crisis assistance, crisis prevention plans, illness management and recovery, nursing, family education, transition and discharge planning, living skills development including medication self-administration, healthy living, household management, cooking and nutrition, budgeting and shopping, using transportation, and vocational skills.

Anchor House - Phone: 612-529-2040

1319 Girard Avenue North Minneapolis, MN 55411 Fax: 612-872-1614

Website: www.hcmc.org

Fax: 612-638-0685

Fax: 612-529-3849

Website: www.ahc.umn.edu/cuhcc

Bill Kelly House - Phone: 612-726-1502

3104 East 58th Street **Fax:** 612-726-1009 Minneapolis, MN 55417

Carlson-Drake House - Phone: 952-888-5611

5414 West Old Shakopee Road Fax: 952-888-3741

Bloomington, MN 55437

Northwest Residence - Phone: 763-566-3650

4408 – 69th Avenue N. **Fax:** 763-566-4217

Brooklyn Center, MN 55429

Oasis Residence - Phone: 763-544-1447

6739 Golden Valley Road **Fax:** 763-544-0833

Golden Valley MN 55427

Re-Entry House - Phone: 612-869-2411

5812 Lyndale Avenue S. **Fax:** 612-869-0313

Minneapolis, MN 55419

Transitions on Broadway - Phone: 763-588-7626

3776 West Broadway Fax: 763-588-7678

Robbinsdale, MN 55422

Tasks Unlimited - Interlodge - Phone: 952-767-0360

5141 William Avenue **Fax:** 952-922-8892

Edina, MN 55360

Tasks Unlimited Training Center* (LODGE, JOB\$) - Phone: 952-928-9390

4029 Utica Avenue South **Fax:** 952-836-2410

St. Louis Park, MN 55416

*Referred to as the Lodge Training Program because it primarily serves clients that are going into the TASKS Lodge or JOB\$ programs.

<u>Touchstone Residential Treatment-Minneapolis - Phone: 612-722-1892</u>

2516 East 24th St. Fax: 612-722-1983

Minneapolis, MN 55406 Email: RTInfo@touchstonemh.org

Touchstone Residential Treatment-Bloomington - Phone: 612-314-1100

8941 Portland Avenue South Fax: 612-314-1120

Bloomington MN 55420 Email: RTInfo@touchstonemh.org

SUBSTANCE USE COMPREHENSIVE ASSESSMENTS

Services: Substance use services are available to Hennepin County residents who have problems with drug or alcohol abuse and meet income guidelines, or who have been referred by the court. Services are available directly from a variety of health care and social services providers. Most programs are culturally diverse and offer different treatment models. Services include substance use assessments, Detoxification, Referrals to Rule 31 chemical dependency treatment programs for high, medium, and low-intensity inpatient and outpatient treatment services, supportive housing, and case management, other support services. Private insurance may not cover all or some substance use services. Services may be paid for with public funding if the recipient is financially eligible. This includes minors, who usually are eligible if they have private or no insurance.

Call 612-348-4111 to get information on where to get an assessment if you are a Hennepin County resident, or if Hennepin Health covers you. You may also get information on some of the programs located in Hennepin County, which perform assessments for other health plans.

For more information, and a complete listing of contacts for all counties, tribes, and healthcare plans, as well as treatment programs, follow the link below. http://mn.gov/dhs/people-we-serve/adults/health-care/substance-abuse/

ADDITIONAL RESOURCES

Alliance on Mentally III in Minnesota, 651-645-2948, or toll free: 1-888-NAMI-Helps (1-888-626-4435)

Alliance on the Mentally III in Hennepin County, 612-424-1823

First Call for Help, 1-800-HELP-555; or in Minneapolis, Dial 211

Greater Minneapolis Intergroup, 952-922-0880

Hennepin County Adult Mental Health Local Advisory Council

Mental Health America (Formerly National Mental Health Association)

Mental Health Association of Minnesota, 612-331-6840

Minnesota Association of Recovery and Chemical Health

Minnesota Depressive/Manic Depressive Association, 612-379-7933

National Depressive/Manic Depressive Association

Minnesota Disability Law Center-Minneapolis Office, 612-334-5970

Minnesota Office of Ombudsman for Mental Health, 651-757-1800, 651-757-3506

Minnesota Prevention Resource Center, 651-674-4085

Minnesota Recovery Connection, 612-582-4158

National Institute on Alcohol Abuse and Alcoholism

National Institute on Drug Abuse

National Institute of Health (National Institute on Drug Abuse, National Institute on Mental Health)

National Institute of Mental Health

National Mental Health Consumers' Self-Help Clearinghouse

National Resource Center on Psychiatric Advanced Directives

Schizophrenia.Com

Siblings Network

Suicide Awareness/Voices of Education (SA/VE)

Substance Abuse & Mental Health Services Administration

Suicide Prevention Resource Center

World Health Organization of Mental Health