

# Welcome:

# We are delighted that you can join us today!

- As the meeting begins, please introduce yourself by entering your **name and organization** in the **chat box**.
- While in the chat box, please note the link to our <u>brief survey</u> on winter active living projects and if / how Hennepin County Active Living could help your organization with a project through our technical assistance program or other efforts.





# Agenda

9:00 a.m. Welcome & Introductory Remarks:

• Marion Greene, Commissioner, District 3, Hennepin County

9:10 a.m. Presentations

• Wintermission Eau Claire: Combating social isolation and increasing physical activity through an innovative 8 80 Cities program

Jake Wrasse, Legislative and Community Relations Liaison, University of Wisconsin-Eau Claire

• Love Local Initiative: Using place-based strategies to support Hennepin County business districts during the pandemic

Jen Krava, Director of Programming + New Initiatives, Forecast Public Art;

Ryan Kelley, Hennepin County Housing and Economic Development

9:40 a.m. Q & A

10:55 a.m. Announcements

10:00 a.m. Adjourn

10:00 a.m. Additional discussion and Q & A (OPTIONAL)

Active Living Hennepin County Partnership meeting, December 11, 2020





# Improving Health & Social Isolation in Winter

Active Living Hennepin County

December 11, 2020

Virtual Meeting







# Help us shape winter in Eau Claire!

























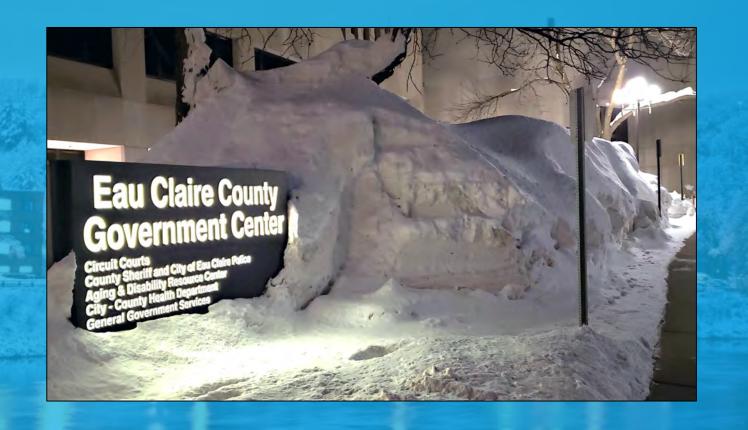


# Public Life



# **Our Wintermission**

- 1. Convene
- 2. Engage
- 3. Test
- 4. Strategize



# Wintermission Timeline

# Wintermission Cities Selected

# January 2019

Buffalo, NY, Eau Clare, WI and Leadville, CO selected Through a national Competition to participate in Wintermission

# Pilot Project Planning

# June - September 2019

Wintermission teams review community feedback and identify new ideas to improve life in winter

# Winter City Strategy Development

# March-July 2020

Using lessons learned, the Eau Claire Winter City Strategy provides recommendations to continue improving public life in winter

# Community Engagement

## March - May 2019

Start a city-wide conversation about what people love about winter in Eau Claire and what could be improved

# Pilot Project Implementation

#### October - March 2020

Wintermission
Eau Claire teams test
a series of programs,
activities, and events
to animate public
spaces in winter



# **Community Engagement Process**

March - May 2019

- 1. Pop-up Engagements
- 2. Focus Groups
- 3. Stakeholder Meetings
- 4. Surveys



1,000+

People Engaged



533

People Attended Engagement Events



471

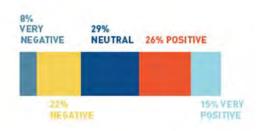
Survey Responses

#### CURRENT RELATIONSHIP WITH WINTER

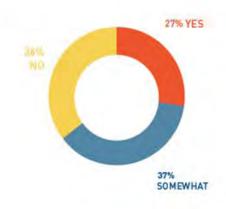
#### Winter in Eau Claire is:



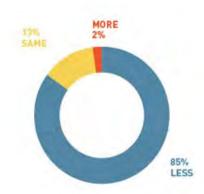
How would you describe your overall attitude towards winter?



Do you experience feelings of isolation or a lack of contact with friends and family in the winter?



How much time do you spend outdoors during the winter compared to the rest of the year?



#### CURRENT RELATIONSHIP WITH WINTER

Complete the sentence: Winter in Eau Claire would be better if...



18%



Better Snow Management More activities/ More affordable activities Opportunities for Outdoor Activities

(Le. ice rink, trails, fat bike racing, Ski bill, etc)





5%



2%



Places to warm up

More family friendly activities

Better communication /information

Other responses were primarily suggestions outside the abilities of the Wintermission team to implement, such as less snow or warmer temperatures.

# **COMMUNITY PRIORITIES**

We analyzed the feedback from all Wintermission Eau Claire surveys, workshops, pop-ups, and stakeholder meetings and have distilled them into four priority areas:



**Snow & Ice Management** 



**Winter Mobility** 



Winter Events & Activities



**Winter Culture** 

#### **Dedicated Winter Route**

A dedicated winter recreation path creates a circuit around the Randall Park neighborhood. The route will receive high priority plowing after snow events for people to have a safe place to be active.



# Winter Way-finding Signage

New and improved signage will help guide people in Eau Claire to key winter activities or attractions like Winter After Hours at Pinehurst Park.



#### Winter Gear Share

One of the largest barriers of being active in winter is access to the appropriate gear. Free winter gear will be made available to check out through the libraries in both Eau Claire and Altoona.



# **Highlight Winter Programs**

Eau Claire is rich in winter programing. Wintermission will better promote and create awareness of winter event opportunities.



# **Reframing Winter Culture**

How we talk about winter affects how we feel about winter. Wintermission Eau Claire will take a positive approach when communicating the winter season to hopefully change residents' perceptions.



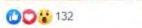


We have been working since April on a plan to have clear trails throughout the winter and today marks the "opening" of the Winter Recreation Path. All trails will be plowed as usual, but this 4 mile priority loop will be plowed first so that people have a safe place to walk and run throughout the winter months. Think of it as the go to place when the streets and sidewalks are a mess. Huge thanks to the city for shaping the plans, Wintermission for helping champion the idea and to all the people expressing support throughout the process. It's been a long road, but now we know the "road" will be clear after a snowfall!

https://www.uwec.edu/.../wintermission-city-of-eau-claire-es.../







23 Comments 12 Shares

# Winter Recreation Path

January 4 at 8:25 AM - 🔐 First run since Thanksgiving! Have lost all endurance and strength in being sick most of 2 months, so I only pushed to 2.5 miles. But it felt great and I realized how much I missed running Saturday mornings. LOVE the new

Wintermission route...its definitely clear enough to run at dark thirty in the morning when I workout. 🙂 #RunEC #WinterRunning



We are ON for the morning! Trail has had a plow and it is beautiful.





Wayfinding & Signage





# SNOWSHOEING TRAILS





# Winter Recreation Venues

Get out and enjoy winter with these perfect recreational locations in the Eau Claire area. From outdoor ice rinks, scenic snowshoe paths, sledding hills to so much more, these places are the ones that will have you celebrating the winter months! Eau Claire has an abundance of spots to enjoy all winter activities. We encourage you to get out there and appreciate them! Don't forget to take some pics to share with #EauWinter and #CaptureEC.

View By:

III Grid

= List 0 Mari

Sort By:

Recommended

Search...



# Categories

- lce Skating (10)
- Cross Country Skiing (9)
- ☐ Winter Kubb (9)
- Hiking (7)
- Snowshoeing (7)

View More ∨

# Neighborhoods

- Eau Claire (12)
- Altoona (2)
- Augusta (2)
- Osseo (1)

CLEAR FILTERS



#### **Beaver Creek Reserve**

- 9 S1 CTY Rd. K, Fall Creek, WI 54742
- Quick View Visit Website



# **Boyd Park**

- 9 1202 Fairway St., Eau Claire, WI 54701
- Quick View Visit Website



## **Buffalo River State Trail**

- P Buffalo River State Trail, Mondovi, WI 54755
- Quick View Visit Website



#### **Carson Park**

- 9 199 Carson Park Dr, Eau Claire, WI 54701
- Ouick View Visit Website



## **Demmler Park**

9 524 Putnam Rd., Eau Claire, WI 54701



Fairfax Park

4200 Fairfax St., Eau Claire, WI 54701



**Half Moon Lake** 

§ 615 Randall St., Eau Claire, WI 54701



# **Hobbs Municipal Ice** Center

9915 Menomonie St., Equ Claire, WI

#### PROGRAMS AND EVENTS

Expand Winter Gear Share – Expand the successful Wintermission pilot project offering free access to recreational winter gear.

Expand Winter After Hours – Bring existing fantastic weekly even in Pinehurst Park to neighborhoods and parks across the city.

Winter Business Pledge Campaign - Pledge from businesses owners to embrace winter and work together to make winter an asset for local entrepreneurs.

Public Music – Support local musicians and Eau Claire's cultural industry with outdoor winter concerts.

Warming Hut Competition – Partner with local artists and designers to build warming huts around the city. Offer prizes for the most innovative or fun designs.

Snow Sculpture Competition – Support local neighborhoods in competing against each other to see who can create the best snow sculptures.



## INFRASTRUCTURE AND OPERATIONS

Enhance + Expand Winter Route - Expand the successful Wintermission pilot project, Options for expansion include lengthening the route, or adding programmatic elements.

Signage + Wayfinding for Trails - Make it easier for residents to access outdoor recreational opportunities with improved wayfinding and signage to key destinations.

Ski Lift in Pinehurst Park – Improve accessibility and usage of the Pinehust Park ski hill by installing a ski lift.

Winter Greenhouse + Gardening - Make age-friendly activities like gardening and urban agricultural accessible all year round through a winter greenhouse.

Winter Block Party Kits – Support residents and community groups in programming their neighborhoods for winter fun with winter activation kits.

Warming Zones – Use fire pits, drop-in warming stations in public buildings, and even pop-up saunas to encourage people to spend more time outdoors.

Fat Bike Bike Share – Provide affordable or free access to fat bikes with a bike share program that will expand active mobility options in winter.

Senior Center Shuttle – Make it easier for older adults to access the L.E. Phillips Senoir Center during colder months by providing a free shuttle service to and from the center.

Bus Stop Enhancements – Improve the experience of transit users by adding weather protection and other amenities to transit stops and stations.

#### PLANS, POLICIES, AND GUIDES

Build Out Eauwinter.com - Continue the work begun by the Wintermission Eau Claire pilot project, and develop further a social media campaign to change how residents think and talk about winter.

Warming Location Guide – Create a simple to use and access resource that plots out the many locations in Eau Claire where residents can duck inside to warm up.

Rooftop Shoveling Guide – Develop a resource with tips and tools for keeping rooftops safe and clear of too much snow.

Winter Design Guidelines -Plan for warmth, light, and comfort in winter by developing a planning framework to support future winterfriendly development and initiatives.

Winter Tourism Strategy – Unlock economic opportunities by marketing the many natural landscapes and recreational opportunities present in the Chippewa Valley.

Winter Innovation Awards - Encourage local businesses to program for winter by giving out awards for best winter cocktall, holiday storefront, and other winter-themed competitions.

Plow Municipal Sidewalks – Clear municipal sidewalks of snow and ice, removing a major barrier to participating in social activity in winter for many residents.



# **CONTACT:**

Jake Wrasse, M.A.
Legislative and Community Relations Liaison
University of Wisconsin-Eau Claire
jwrasse@uwec.edu
715-836-5613

# Business District Recovery Program

- Part of broad effort to address economic impacts of COVID
- Possible due to CARES Act Funding
- Solicited Letter of Interest from cities
- Created two scopes of work:
  - Marketing
  - Public Space Enhancement









# LOVE LOCAL



cross the globe. Stop for Vietnamese winning Thai food, and cap it off with ro area. www.brooklynpark.org



85TH AVE. & HWY. 252



Now more than ever it's importa support your local businesses. Yo reduce the risk of COVID-19 while local businesses by:

- Shopping online
- Ordering takeout
- Shopping alone
- •Wearing a mask properly when in person
- Visiting stores briefly and during peak hours
- Washing your hands frequently
- Staying home if you're feeling sick #lovelocalHC

# LOVE LOCA

HENNEPIN COUNTY MINNESOTA





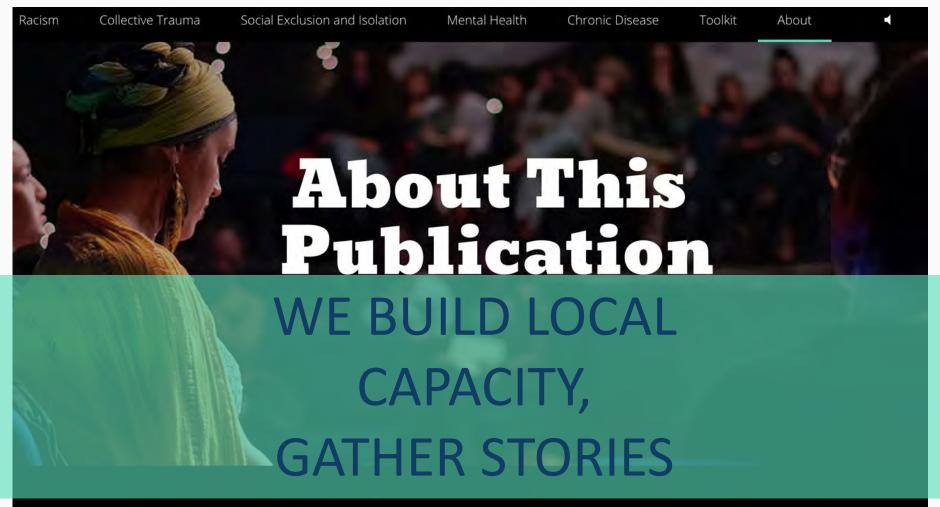




Forecast is a nonprofit organization that activates, inspires, and advocates for public art that advances justice, health, and human dignity.







communities to courageously tackle the vital issues of our time. It focuses on how cities, communities, nd others can benefit from partnering with and hiring artists to help meet the essential needs of his edition, focused on public health, was created in collaboration with the University of Florida's Center cine and ArtPlace America.

al research and framework behind this edition comes from Creating Healthy Communities through Crosstion. This groundbreaking 2019 white paper was created by The University of Florida Center for Arts in CREATING
HEALTHY
COMMUNITIES
THROUGH
CROSS-SECTOR
COLLABORATIC



- Focus groups
- Surveys
- Businesses
- Clientele



# Public space: engagement



# Public space: Strategy







# **Just launched!**

It's business as unusual. Check out the ultimate playbook of customizable plans, distancing recommendations, and more.

VIEW OUR FREE, ONLINE GUIDE HERE



# Public space: Strategy



#### **BLOCK PARTY**

A flexible approach to outdoor dining that is adaptable and easy to implement for many different sites, and street configurations.



Neil Reindel

20:51, Sep 07, 2020

31



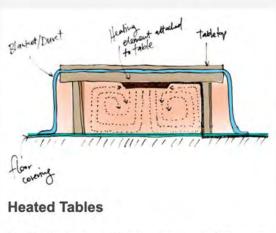
## **Cozy Cabins**

Small modular, adjoining "cabins" that fit within the footprint of a standard parking space.



Amy Young Updated on 17:43, Sep 07, 2020

3



Modify the Japanese Kotatsu, an economical way to keep warm and cozy in cold months



Ellie Henderson

0

11:12, Aug 28, 2020



# Public space:

Strategy





# Public space:

























# Public space: Strategy

- Create a renewed enthusiasm for customers/clients to come back to the businesss district and gather safely
- Provide spaces for people to enjoy goods purchased from district businesses, to take a stop and rest while moving through the district
- Pull people through the district so they stay longer and explore more businesses
- Offer an artistic element that gives visitors something to do while in the district, and that can also act as a draw for people to the district
- District wide strategy, not just focused on one or select businesses
- Utilize public spaces/publicly owned spaces as possible
- Do not close street or take away on street parking
- This is a demonstration project what can we do in a short amount of time with readily available materials?

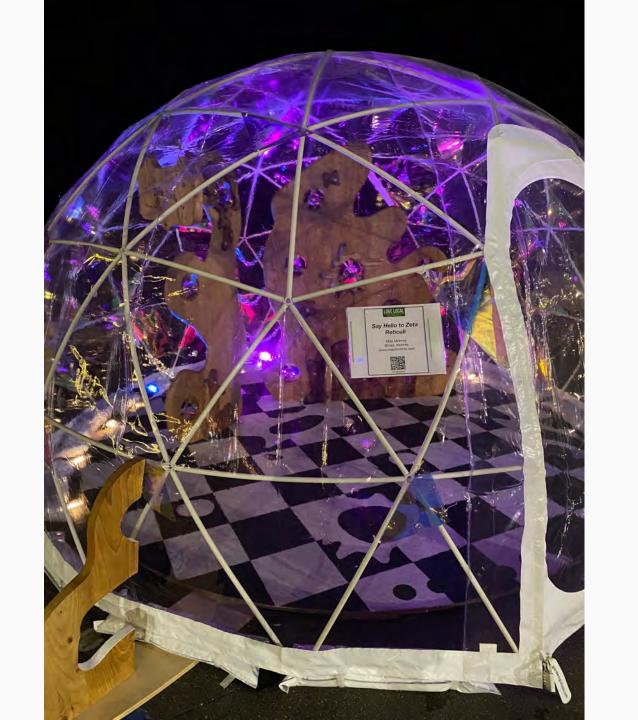
#### Four part strategy:

- 1. Shelter/Windblock something that creates spaces where people can be shielded from the elements and still be comfortable outside. This could include overhead and/or wall structures.
- 2. Heating + Seating place for people to rest, warm up, and spend more time in the district.
- 3. Wayfinding + Sanitizing visual cues that help people find their way through the district and encourage them to spend more time, and sanitization stations
- 4. Lighting illuminating new seating areas, providing a sense of warmth in the cold, dark winter days.









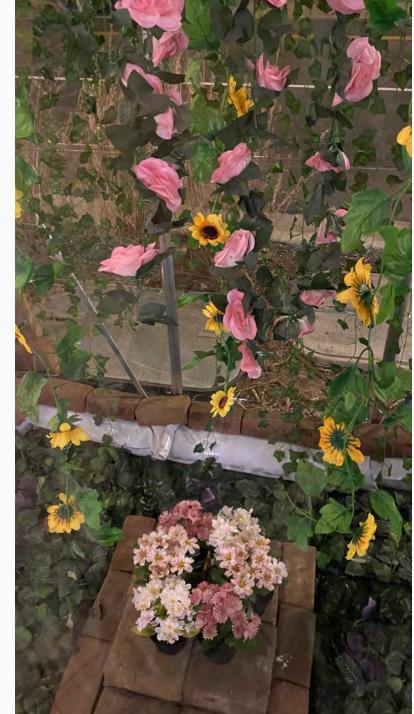






















# What can you do?

- 1. Prioritize the most vulnerable
- 2. Clear sidewalks, bike lanes, and walking paths of snow and ice
- 3. Make outdoor lighting "human scale"
- 4. Design for winter by creating comfortable "micro-climates"
- 5. Use snow and ice to a community's advantage
- 6. Maintain park amenities
- 7. Provide winter programs and activities

# THANK YOU!

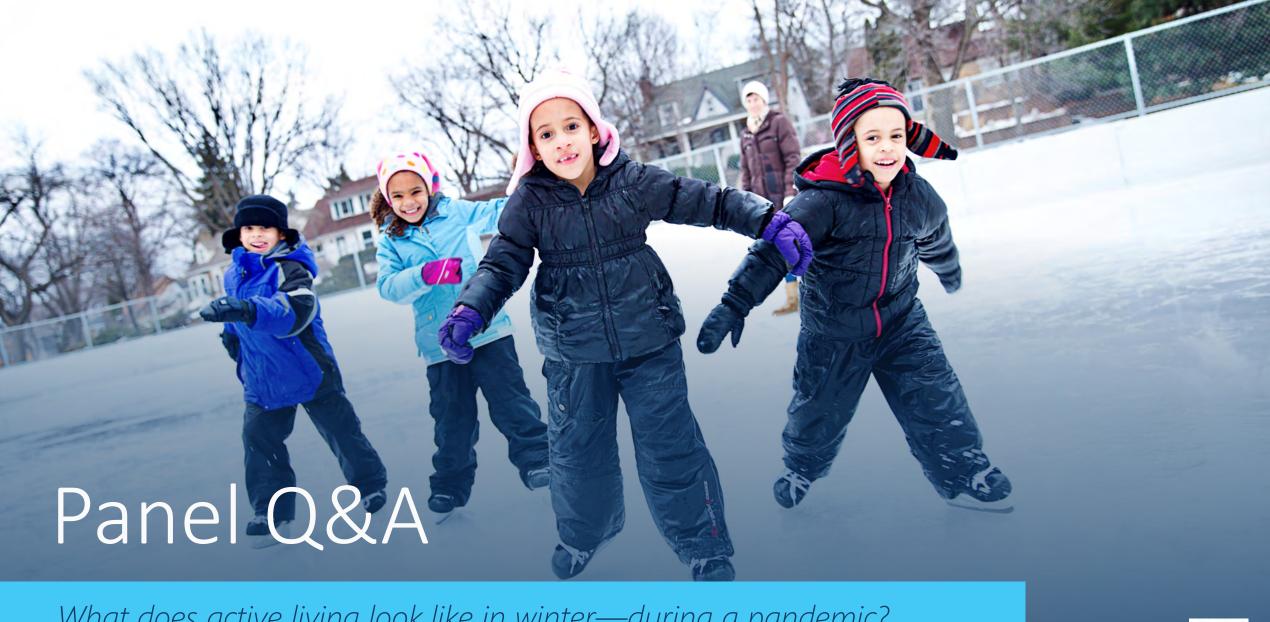
Jen Krava Director of Programming

jenk@forecastpublicart.org

651-641-1128 x111

www.forecastpublicart.org





What does active living look like in winter—during a pandemic?







# Winter Strategies COVID-19 Toolkit

Winter weather brings challenges for cities and businesses to keep their residents and customers engaged comfortable and safe throughout COVID-19. The toolkit:

- Shares best practices and creative ideas to support our partners efforts to safely encourage active living and maintain business during this winter of COVID-19.
- In particular, the winter toolkit presents strategies to support:
  - People staying connected to their communities in order to reduce social isolation and support mental health
  - Outdoor active living and physical wellness
  - Continued access to critical services for all members of our community
  - Economic vitality by driving customer traffic and sales to small businesses and to commercial districts
- View the winter weather toolkit
- View other updated COVID-19 response toolkits

Active Living Hennepin County Partnership meeting, December 11, 2020

### STRATEGY 1:

### New Strategies of Creating Wellness in Winter

Q: How can we better support people's physical wellness and active living with limited use of indoor space?

A: Fully embrace what is possible outside and support those who are less comfortable venturing out.



### STRATEGY 3:

### Winter Events

Q: How can we produce winter events in a way that still supports and is COVID-19-safe?

A: Flip events around - have activities over an extended period of time spread throughout a district or community rather than on a single day at one location.



### STRATEGY 4:

### Winter Regulation

Q: What policies and procedures can be put in place to support COVID-19-safe winter activities?

A: Examine your permitting process to make it easier to do "small good things".



### Outdoor Places to Support Commercial and Social Activity

Q: How can we create welcoming outdoor spaces that support commercial and social activity?

A: Keep people warm, engaged, illuminated and connected



### STRATEGY 5:

### Winter Mobility and Access

Q: How can we support accessibility to commercial districts and other destinations while sustaining increased interest in biking and walking, whether for local trips or physical activity?

A: Support bikers, walkers and transit riders in the winter by creating reliable maintenance systems, de-mystifying winter walking and biking, and making the waiting experience better for bus riders.



### Hennepin County Active Living

Denise Engen

Laura Fredrick

Robb Luckow

Crystal Myslajek



Funding for this project was provided from the Minnesota Department of Health through the Statewide Health Improvement Partnership (SHIP). SHIP supports communitydriven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living.





# Discussion

- What is your organization doing to keep residents and customers active and engaged?
- What are you hearing from your residents?
   What are your challenges?
- What questions do you have of other partners?
- What can Hennepin County Active Living provide in technical assistance that would be helpful?

# Thanks for coming!

