Youth Resource Guide

South & Southwest Suburbs of Hennepin County

Hennepin County Attorney's Office

be@school Program | be.at.school@hennepin.us Latest revision: July 6, 2018

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Hennepin County

<u>be@school</u> – The program serves Hennepin County, with all educational neglect and truancy efforts consolidated under the leadership of the Hennepin County Attorney's Office.

<u>Juvenile Supervision Center</u> – The Juvenile Supervision Center (JSC) is a 24/7 safe and supervised space for youth ages 10-17 who have been picked up for truancy, curfew, or low level offenses by law enforcement in Hennepin County. Youth are assessed for strengths and risk factors, connected to resources, returned to school or home, and given follow-up services when appropriate (including crisis intervention or case management). Operated by The Link.

<u>SELF Program Grants</u> – The federal John H. Chafee Foster Care Independence Act, passed in 1999, provides funding to and governs the program known as the Support for Emancipation and Living Functionally (SELF) Program in Minnesota. The intent of the funds is to reduce the risk that youth aging out of long term out-of-home placement will become homeless or welfare dependent. Funds are therefore awarded for the provision of services designed to help older youth, currently or formerly in out-of-home care, prepare for a successful transition to adulthood.

<u>Sexually Exploited Youth - Safe Harbor/No Wrong Door</u> – Hennepin County is stepping up efforts to protect children caught up in sex trafficking and end their exploitation. The Hennepin County Board of Commissioners approved a work plan to build a seamless response in order to identify, protect and heal sexually exploited youth; to prosecute traffickers, pimps and purchasers; and to prevent sexual exploitation of youth. This action is a response to Minnesota's Safe Harbor legislation which made clear that children involved in prostitution should not be treated like criminals but rather as sexual abuse victims. It is in alignment with the state's No Wrong Door model.

<u>Office to End Homelessness - Heading Home Hennepin</u> – Heading Home Hennepin is the City of Minneapolis and Hennepin County community's 10-year plan to end homelessness by 2016. The plan was developed over the course of 100 days in 2006 by a commission of representatives from federal, state, and local governments; business, nonprofit, faith and philanthropic communities; and homeless and formerly homeless citizens. Championed by hundreds of business, faith, philanthropic, government and advocacy leaders, Heading Home Hennepin is a model for similar initiatives nationwide.

<u>Family Shelter Network</u> – The Family Services Network is a working group of Heading Home Hennepin. Its purpose is to discuss issues and trends impacting families who are homeless, or at risk of homelessness, in Hennepin County. The group develops annual action items focused on improving the homeless service system for families. FSN also develops recommendations for the office to End Homelessness on issues related to family homelessness. <u>Stable Families Initiative</u> - The Stable Families pilot project was designed to address the growing number of families who are returning to shelter. About 1,500 are sheltered annually in Hennepin County. Recent data shows that about 25% had been in shelter previously in the past two years. The four focus components are; prevention, integrated county services, young parents and chronically homeless families.

<u>Better Together Hennepin</u> - Hennepin County recognizes that youth thrive when they wait until adulthood to become parents and that healthy, self-reliant young people, in turn, build strong communities. Better Together Hennepin builds four key supports that all young people need in order to delay parenthood: 1) Healthy youth development opportunities, 2) Connections to caring adults, 3) Evidence-based sexuality education, and 4) Accessible reproductive health services for those who choose to be sexually active. Better Together Hennepin builds these supports in two mutually-reinforcing ways: creating systems change and directly funding evidence-based programming.

Comprehensive Review of Children and Youth Services – Is an ongoing effort to examine current practices and identify opportunities for coordination and integration across multiple services to improve outcomes and well-being of youth. Looking at opportunities to strengthen and integrate county services that support the well-being of our youngest and most vulnerable residents.

<u>Children's Mental Health Collaborative</u> – Is a catalyst for improving children's lives by serving as convener, coordinator, advisor and advocate for community efforts to increase access to and resources for high quality mental health services for children and families.

<u>Children's Mental Health Services</u> – Hennepin County's children's mental health service area coordinates an extensive network of assessment, treatment, and supportive services for children and teens with mental health needs. These services include diagnostic assessments, individual and family therapy, in-home counseling and skills training, day treatment, and case management. Children's mental health services are aimed at supporting and improving children's emotional wellbeing and development, their relationships with family and friends, and their ability to get along with others and function effectively at home, in school, and in the community.

<u>Hennepin County Child Crisis Services</u> – To reach the mobile crisis team, call 612-348-2233. We provide support when a child 17 years and younger is in crisis. (For a crisis involving someone 18 years or older, call 612-596-1223.) We will go where the child is located to provide a risk assessment, help to de-escalate crisis, develop a plan to keep the child safe at home, and offer resources and referrals. Telephone consultation and stabilization services are also available. Call 911 if a child or someone else is in immediate physical danger.

<u>Hennepin County Teen Parent Connection</u> – The Hennepin County Teen Parent Connection (HCTPC) is a collaborative of school districts, social services agencies, health plans, government entities and professionals working with pregnant and parenting teen mothers and fathers and their children. Our mission is to provide a system of evidence-based support for teen mothers and fathers to: delay second pregnancies; complete their education; promote healthy growth of their children; and prevent early pregnancies among their family members.

<u>Hennepin County Teen Parent Housing Initiative</u> – The Hennepin County Teen Parent Connection has joined with Northwest Teen Parent Connection to work on developing housing for teen parents. There is currently no supportive housing for teen parents in Hennepin County. As a result, we are leading the initiative to create 30-40 units of supportive housing in Hennepin County for teen parent families experiencing homelessness.

<u>Office of Multicultural Services</u> – This office connects immigrants and refugees to resources and services in 32 languages offered by the county and our community partners. We also manage the Hennepin County cultural speakers' bureau which informs county workers about the ways culture affects the daily lives of our clients.

<u>Rule of 25- Treatment for Chemical Addiction</u> – Chemical health services are available to Hennepin County residents who have problems with drug or alcohol abuse and meet income guidelines, or who have been referred by the court. Services are available directly from a variety of health care and social services providers. Most programs are culturally diverse and offer different treatment models. Services include: chemical use assessments, detoxification, referrals to Rule 31 chemical dependency treatment programs for high, medium, and low-intensity inpatient and outpatient treatment services, supportive housing, and case management and other support services. Private insurance may not cover all or some chemical health services. Services may be paid for with public funding if the recipient is financially eligible. This includes minors, who almost always are eligible if they have private or no insurance.

Suburbs

Education

<u>Intermediate District 287</u> – Is a consortium of 12 member school districts located in suburban Hennepin County. District 287 provides responsive, innovative solutions for unique learners. District 287 provides more than 120 programs and services. Member Districts; Robbinsdale, Wayzata, Orono, Westonka, Eden Prairie, Edina, Richfield, Hopkins, Minnetonka, St. Louis Park, Osseo, Brooklyn Center.

<u>Area Learning Center</u> (ALC) – Area Learning Center (ALC) programs are built on the idea that education is best achieved when a small group of caring people team together to help one another. Intermediate District 287 ALC programs serves students who live within the 12 Hennepin County school districts. Students from other Minnesota school districts may participate as well. All students who elect to attend ALC programs must qualify under the Graduation Incentives Program. All programs strive to provide social, emotional and academic support for each student.

<u>Independent Study</u> – The Independent Study program is an individualized program for the student who has fallen behind in credits and is self-motivated to complete high school graduation requirements. Success in this program is dependent upon the student attending on a regular basis and completing assignments. Students meet once a week with their teacher(s) and then complete assignments on their own time.

Northern Star Online (online learning) – Allows students to earn high school credits through an online learning program.

<u>Career & Technical Programs</u> – Hennepin Technical Pathways - Intermediate District 287 serves member district high school students in 11th & 12th grade by offering courses at Hennepin Technical College (HTC), Eden Prairie Campus (EPC).

<u>Gifted Education</u> – Intermediate District 287 offers a wide variety of programs and enrichment opportunities for gifted and talented students. Consider the opportunities listed below that are offered through District 287. Also check the additional competitions, award programs and links to resources and other enrichment possibilities available in the greater community, as well as professional development for educators serving gifted and talented students.

<u>Special Education</u> – Provides highly-specialized programs to allow students with lowincidence impairments to receive a quality education to achieve their full potential.

<u>World Language Programs</u> – Offers up to five levels of various languages for credit to mature, highly motivated, independent students in grades 9 through 12. Students learn language and culture via two-way interactive cable television, or in a traditional classroom with an itinerant teacher, with some options available for online learning. Instructors are either native speakers or have had many years of teaching experience. Both the instructor and the curriculum are provided through Intermediate District 287's World Language Department.

<u>Diploma On!</u> – Is a voluntary and free program to reduce barriers for students and increase graduation rates by contacting students previously dropped from their school programs and inviting them back to school. Recovery Program in six area school districts that include: Brooklyn Center, Hopkins, Osseo, Richfield, Robbinsdale and St. Louis Park.

<u>Minneapolis Technical and Community College</u> – Minneapolis Community and Technical College (MCTC) is a public two-year college located in the heart of downtown Minneapolis. MCTC enrolls nearly 15,000 credit students annually and is an active partner in initiatives designed to strengthen the social, economic and cultural vitality of the Twin Cities metropolitan area.

<u>Power of YOU</u> program is designed to make a dream to attend college within reach. The program covers the cost of tuition and fees for two years or up to 72 credits at Minneapolis Community and Technical College (MCTC) or Saint Paul College through state and federal grants and private scholarships. The Power of YOU supports as many students as possible based on student need and funds available for the program. Program available to Minneapolis, Richfield, Brooklyn Center, Robbinsdale Cooper students.

<u>CollegeNOW!</u> is a tuition-free program providing Minneapolis Public School and Robbinsdale Cooper High School students the opportunity to take pre-college classes that will count towards high school graduation requirements. Students accepted into the CollegeNOW! Program are also eligible for PSEO and concurrent enrollment courses.

<u>Project for Pride in Living</u> – Project for Pride in Living, Inc. (PPL) is a nonprofit organization dedicated to empowering low-income people to become self-reliant through integrated services. Youth programs help break the cycle of poverty, PPL connects students of every age to resources and relationships that will help them succeed from early childhood through high school graduation.

<u>Loring Nicollet Alternative School</u> – *LNAS is a fully accredited high school for students who want something different from a large, traditional public high school. The environment at*

LNAS consists of respect for individuality, a multicultural and gender-fair curriculum, an informal atmosphere, participatory democracy, open communication, trust, honesty, values clarification, personal growth, self-discipline, and the balance between group and individual responsibility and decision making.

<u>MERC Alternative High School</u> – *MERC is an alternative high school with an emphasis on attendance, respect, and setting goals. The staff is committed to helping students obtain their diploma and set goals for their future.*

<u>Rotary District 5950</u> – STRIVE, which stands for Students Taking a Renewed Interest in the Value of Education, is a Rotary International education program that partners volunteer community and business leaders with high school students to help the students improve their attitude toward school, increase attendance, increase participation and raise their academic standing. Bloomington, Edina, Eden Prairie, Maple Grove, Orono, Richfield, Rogers.

School for Parenting Teens

<u>New Beginnings</u> – New Beginnings, located in Chaska at the East Creek Family Center, is a comprehensive interagency program supporting pregnant and parenting teens and their families to obtain their high school diploma. Students create a plan for healthy pregnancy, safe childbirth, and an effective plan for adoption or healthy attachment with their children. Students also learn independent living skills and develop a productive career plan for self-sufficiency. Child Care is available on site.

District 287 – SECA & NECA

Sober High

<u>P.E.A.S.E Academy</u> – Since 1989, PEASE Academy has been providing students with a refuge from social pressures and a doorway to incredible opportunity. As the nation's oldest recovery high school, we not only celebrate our long history- but we look forward to a strong future- one that continues to provide a quality educational experience that is centered on healing and hope.

Medical & Mental Health

Pregnant and Parenting

<u>FamilyWise Bright Beginnings</u> – Bright Beginnings offers pregnant and parenting youth ages 12-21 the opportunity to increase parenting skills, social skills, independent living skills and pregnancy prevention as well as awareness of physical, chemical and mental health. The program consists of 20 weeks of group meetings and case management services followed by 2 months of aftercare. Teaching methods include lecture, group discussion, problem solving, videos, role-playing, art projects, and hands-on activities. The program also includes a parent-child interaction coaching component to; enhance parent-child relationships, improve parenting skills, decrease problematic behaviors observed in the child and reduce risk for child abuse.

<u>Way To Grow- Teen Tracks Program</u> – Though teen parents face many obstacles and struggles, our Dream Tracks Teen Parenting Program helps educate and prepare them for a successful life. By reducing the number of additional pregnancies, and motivating teen parents to complete their education, we're helping increase their chances of obtaining a livable income and breaking the cycle of poverty.

<u>HUG- Helping Us Grow</u> – HUG is a unique collaboration of eleven Hennepin County school districts, their Early Childhood Family Education departments and the Robbinsdale Area Redesign Family

Service Collaborative. HUG partners pool their resources to provide universal, no-cost home visits to any family expecting, adopting or who has a newborn or toddler up to age two. Home visits provide one-on-one time with a licensed Early Childhood Parent Educator from the school district you reside in. The first few months of life are very important for the healthy development of your baby. Discover what you can do to build a strong foundation for your baby's future learning and growth. Participating Hennepin County School District Early Childhood Family Education (ECFE) partners: Anoka-Hennepin, Brooklyn Center, Eden Prairie, Edina, Hopkins, Minnetonka, Osseo, Orono, Robbinsdale, Robbinsdale Area Redesign Family Service Collaborative (HUG Central Offices), St. Louis Park, Wayzata.

Mental Health

<u>People Incorporated</u> – People Incorporated is a nonprofit organization that serves people with mental illness in the Minneapolis and Saint Paul metro area. Founded in 1969, they now operate more than 60 programs including children's programs, crisis residences, programs to help the homeless, residential programs, treatment services, case management, and in-home health services.

<u>Relate Counseling Center</u> – Relate Counseling Center is a nonprofit, community based mental and chemical health care center located in Minnetonka, Minnesota. Relate provides outpatient assessments and counseling services to individuals of all ages, couples and families at their main location in Minnetonka and branch office in Chaska. In addition, Relate provides services in numerous local schools and community resource centers and medical partner facilities in the western suburbs of Minneapolis. Relate strives to be in the forefront of identifying needs in the community and providing high quality care.

<u>Headway Emotional Health Services</u> – Mental health care professionals providing outpatient therapy, Dialectical Behavioral Therapy (DBT), psychiatric services, divorce education, in-school therapy and more throughout the Twin Cities, including Richfield, Golden Valley and Hopkins. Headway provides in school services, targeted case management services for parenting a child with mental health care needs, services to children and families affected by sexual abuse, Aggression Replacement Training and has an Adolescent Day Treatment Facility(located in Hopkins).

<u>PrairieCare</u> – PrairieCare is a privately-owned clinician led organization providing outpatient clinic, intensive outpatient program (IOP), partial hospital program (PHP) and inpatient services to the Twin Cities metro area. PrairieCare has thrived from agency collaboration and by remaining an agile and adaptive organization responding to needs of the community. Now providing employment for nearly 270 staff and clinicians, PrairieCare's growth has been fueled by the demand for services and reputation for high quality and individualized care. PrairieCare Medical Group consists of nearly 60 clinicians including child and adult psychiatrists, advance practice nurses, occupational therapists, play therapists, psychologists, neuropsychologists and more! PrairieCare inpatient and partial hospital programs earned Joint Commission accreditation in 2011.

Options Family & Behavior Services – Adolescent Day Treatment Program. Mental Health Focus: We provide a structured environment that combines mental health treatment and a positive social skills training environment for persons struggling with the effects of mental illness or psychiatric disorders. Mental Health and Substance Abuse (Dual Diagnosis) Focus: Our skilled therapists and substance abuse counselors combine to provide a truly integrated mental health and substance abuse experience in a structured environment. Substance Abuse/Dependency Focus: Our substance abuse program provides a structured recovery experience that focuses on abstinence based skills, healthy social contacts, healthy support groups and a fun understanding of triggers and relapse prevention.

<u>LifeSpan</u> – LifeSpan of Minnesota, Inc. is a Youth Transition Program (YTP) that is certified to provide Day Treatment by the Department of Human Services through Children's Therapeutic Services and Support (CTSS).

<u>University of Minnesota Masonic Children's Hospital, Fairview Riverside - Adolescent Partial and</u> <u>Day Therapy Program</u>. At University of Minnesota Masonic Children's Hospital, we agree with parents that adolescents age 13 to 18 have special needs when it comes to mental health treatment. The Adolescent Day Therapy Program provides partial (hours-long) hospitalization and day treatment as an alternative to a program completely conducted during a full-time hospital stay. It also can be used to help your child make an effective transition from being in the hospital to living at home.

Partial Hospitalization Program - As an alternative to inpatient care, this full-day program provides five hours of therapy and two hours of school while giving children an opportunity to live in the community for the balance of the day. Minneapolis Public School personnel provide on-site provide classroom instruction.

Day Treatment Program - This program offers three treatment hours plus two hours of school per day.

<u>St. Joseph's Home for Children</u> - St. Joseph's Home for Children, a program of Catholic Charities of St. Paul and Minneapolis, serves children and their families by addressing immediate needs for shelter and stability and offering long-term solutions to emotional and behavioral issues with quality mental health care.

Residential Treatment - *St. Joe's Residential Treatment program offers quality mental health treatment, individual and family therapy for children ages 6 - 17 who have serious emotional challenges.*

Day Treatment - St. Joe's Day Treatment program offers comprehensive mental health and education services to children in kindergarten through eighth grade with severe emotional and behavioral disturbances.

Central Intake - *St. Joe's Central Intake provides basic needs and emergency shelter placement for children from birth to 17-years-old who are referred by a county worker, police, probation officer or the court.*

Emergency Shelter - *St. Joe's Emergency Shelter provides 24-hour emergency shelter for youths 6 to 17-years-old who have been removed from a situation of crisis, abuse or neglect.*

Mental Health Case Management - *St. Joe's Mental Health Case Management serves children younger than 18-years-old who have severe emotional disturbances with case management needs.*

Community Health Clinic - St. Joe's Community Health Clinic in South Minneapolis is for children—newborns to 20-years-old —most of whom participate in Catholic Charities' Children's Services Division.

<u>St. David's Center for Child & Family Development</u> - David's Center for Child & Family Development serves 2,400 children and their families in more than 20 different community- and center-based programs across the Twin Cities. Our Minnetonka facility is a state-of-the-art center housing an inclusive preschool, a children's mental health clinic, an autism day treatment center and a pediatric therapies center. Many of our services, including early childhood home visiting, personal care assistants, mental health skills training, case management, and family support take place in homes. Youth programming includes; children's mental health services, therapeutic recreation for afterschool and summer serving kids with special needs ages 11-24, autism support services for ages 2-26, mental health skills training, and mental health case management.

<u>Washburn Center for Children</u> - Washburn Center for Children is the state's leading children's mental health center, caring for a wide variety of children's needs such as; attention deficit disorders, trauma, behavioral problems, anxiety, learning difficulties and depression. The goal is to help children with social, emotional and behavioral problems, and their families, lead successful lives. Locations: sites in Minnetonka, Minneapolis and Brooklyn Park. School based services in Eden Prairie, Bloomington and Minneapolis. In-Home services throughout Hennepin County.

Fraser - Fraser has been serving children and families for over 75 years and is recognized as an innovator in serving those with special needs. Fraser involves the entire family - parents and caregivers are the experts when it comes to their children. Each person has unique needs. For example, Fraser clinicians develop treatment plans for individuals with autism spectrum disorders that involves a combination of mental health therapy with rehabilitation treatments to develop skills that can be used in many different settings. ABA (Applied Behavioral Analysis) is also offered as one of many therapies that may be recommended. Fraser provides lifelong support for individuals of all abilities. The range of programs and services includes transition services for teens and adults, and housing options that range from supported to independent living.

Eating Disorders

<u>The Emily Program</u> - At The Emily Program, we treat people of all ages and all genders who struggle with anorexia nervosa, bulimia nervosa, binge eating, compulsive overeating, obesity, and other specified feeding and eating disorders (OSFED). The Emily Program offers outpatient, intensive day/partial programs with lodging available and 24/7 residential care at sites across Minnesota. The Emily Program has become nationally recognized for our compassionate and personalized approach to eating disorder awareness, treatment, and lifetime recovery.

<u>Melrose Center</u> - At Melrose Center, we offer support, encouragement and healing for people struggling with all types of eating disorders. When you partner with Melrose Center, you will be welcomed into a peaceful, safe and trusting environment that encourages a return to a rich quality of life. Our team of highly experienced, compassionate professionals are dedicated to caring for you in body, mind and spirit.

Chemical Dependency

<u>Hazelden Betty Ford Foundation</u> - Hazelden's Plymouth, MN campus, part of the Hazelden Betty Ford Foundation, has been helping adolescents, young adults and families impacted by the disease of addiction for more than 30 years. Young people between the ages of 12 to 25 come to our campus to find freedom from drugs and alcohol and to restore hope. Our accredited and acclaimed programs are nationally recognized with experts and highly specialized staff to meet the developmental needs of young people. We offer programs for parents and siblings because we know that drug and alcohol recovery is stronger when family members are educated and involved in the process. Let us help you make a fresh start.

Sexual Health

<u>University of Minnesota, Center for Sexual Health</u> - University of Minnesota Physicians' Center for Sexual Health provides compassionate patient care in sexual health for individuals, couples and

families of all backgrounds and ages. Patient assessment and treatment is available in the areas of relationship and sexual problems therapy, compulsive sexual behavior, transgender health services, sexual abuse, and HIV counseling, as well as psychological treatment for people living with HIV/AIDS.

Sexual Exploitation

<u>Sexual Violence Center</u> - At the Sexual Violence Center, it is our mission to eradicate sexual violence and abuse by; challenging the systems and individuals that promote privilege, oppression and domination, educating those that will join us as advocates and catalysts for change, and supporting those who have been victimized, empowering them to not only survive but thrive, finding power and movement in our collective voices.

<u>Breaking Free</u> - Breaking Free is an Afro-Centric non-profit agency helping women and girls escape systems of prostitution and sexual exploitation through advocacy, direct services, housing, and education. Breaking Free has become one of the nation's leading organizations for working with victims and survivors of sex trafficking and prostitution. Over the last 18 years, Breaking Free has served more than 6,000 clients and reached over 22,000 individuals via street outreach while systematically growing its programming to embrace a full continuum of care.

<u>Family Partnership Teen PRIDE Program</u> - The program supports young women who are at-risk of becoming sexually exploited or victims of survival sex (exchanging sex for protection, food, shelter or clothing). In addition to the adult services listed above, TeenPRIDE provides groups for girls ages 13-18 and support services for teens and parents. TeenPRIDE provides a place where girls can be safe, get help with their basic needs and discover they have choices.

Sexual Abuse

<u>Sexual Violence Center</u> - We support everyone affected by sexual violence, whether your assault has just happened, or you are coming to terms with trauma in your past. Even if you are not sure if what you have experienced is sexual violence, we are here to help you. We provide respectful, confidential services to survivors, their friends, and their families free of charge. Our services are open to people of all genders. We also offer education and training.

<u>Cornerstone Advocacy Services</u> - Cornerstone provides youth therapy, and safety for those experiencing domestic violence, sexual assault or human trafficking. Cornerstone services include; Individual Counseling, Specialized Support Groups, Clinical Therapy, School Based Services, Youth Enrichment Activities, After School Program, Early Childhood Education.

Health Care for the Homeless

<u>Health Care for the Homeless</u> - This clinic provides a variety of health and wellness services to people who are homeless. It operates at 11 different shelters and drop-in centers in Minneapolis, to address health concerns, provide treatment including medications, coordinate health care services, provide health education and coordinate access to health and social services in the community. Any homeless adult or child is eligible. This includes those living outside or on the street, in shelter or transitional housing, with friends or relatives or who have been homeless within the past year. One clinic location is at the Youth Opportunity Center (YouthLink).

Attachment

<u>Family Attachment and Counseling Center</u> - We believe in the power of relationships. Relationships with parents, children, spouses, peers, the Divine and even ourselves have an immense impact on an individual's holistic health. Our practice builds upon this philosophical base. We work with adults, couples, families and children in improving relationships and building on existing strengths. We offer

a full range of mental health services, with a special emphasis on services for children. We offer traditional therapy for children and adults.

Family Attachment Narrative Therapy program is designed for children whose development has been compromised by early life trauma and attachment relationship difficulties.

Grief

<u>Growing Through Grief- Methodist Hospital-Park Nicollet Foundation</u> - Growing Through Grief offers grief support and education to children who have experienced the death of a loved one. The program provides grief support groups, individual counseling, continuing education for staff and the community, peer helper training and more. There are currently 8 Hennepin County participating school districts; Edina, Hopkins, Minneapolis, Minnetonka, Mound-Westonka, Osseo-Maple Grove, St. Louis Park, Wayzata.

Homelessness

General

<u>StreetWorks Outreach Collaborative</u> - StreetWorks is a collaborative of 12 youth serving non-profits providing street based outreach to homeless youth. Our approach allows member agencies to maximize their street outreach coverage without duplicating services in one area. Through outreach workers and staff, we coordinate emergency case management and access to essential resources like socks, mittens, food and emergency shelter. Call 612-354-3345.

<u>The Link</u> - The Link provides support to at-risk youth in the Twin Cities through programs reaching out to youth and families when truancy, homelessness, or involvement in the juvenile legal system is putting youth at risk of not reaching their fullest potential. The Link provides case management services to youth who are truant, homeless or in trouble with the law through a Self-Sufficiency Support for Youth Experiencing Homelessness, Positive Alternatives in Juvenile Justice, and Programming for Minor Victims of Sex Trafficking programming. Minneapolis, MN, 612-767-4467; mobile: 612-232-5428

<u>Suburban Host Home Program</u> - Is a community initiative involving local schools, faith communities, local government, service providers and the greater suburban Hennepin County community. The mission of the program is to address the housing needs of homeless youth by connecting them with caring adults from their own communities who are willing to provide safe housing and support.

Drop-in Centers

<u>YouthLink</u> - YouthLink is a nonprofit in downtown Minneapolis that helps young people between the ages of 16 and 23 on their journeys from homeless to hopeful. We welcome young people of all backgrounds, races, genders, and orientations. We have over 40 years of experience connecting young people with a community of resources and support. Whether it's basic needs, like a hot shower or a warm meal, assistance with employment or educational goals, accessing mental and physical health resources, or finding supportive housing, we can help young people at all stages of their journey.

Emergency Shelters

<u>Avenues for Homeless Youth</u> - Avenues for Homeless Youth provides emergency shelter, short-term housing and supportive services for homeless youth in a safe and nurturing environment. Through such service, Avenues seeks to help youth achieve their personal goals and make a positive transition into young adulthood. Programs; Shelter and Transitional Housing, GLBT Host Home Program, Minneapolis Host Home Program, Suburban Host Home Program. <u>The Bridge for Youth</u> - Services include; 24-hour crisis hotline, emergency shelter for youth age 10-17, longer stay transitional housing for youth age 16-17, resource referrals, youth counseling, family counseling, weekly support groups for boys, girls, LGBTQ youth.

Hope Street Shelter for Teens-Catholic Charities - Hope Street Shelter, located in south Minneapolis, provides short-term emergency shelter and intensive case management services for homeless youth and young adults ages 16 - 20 escaping abusive living situations or street life. An estimated 1,800 homeless youth in Minnesota are on their own each night. Hope Street offers a secure, supportive environment to help homeless teens determine their own options. The shelter meets basic needs such as food, shelter, clothing and medical care. Staff assesses the feasibility of reconciliation with family or placement with friends. If neither is an option, staff work to move the person to more permanent living arrangements.

Transitional Housing

<u>Beacon Interfaith Housing Collaborative</u> - Beacon is an interfaith collaborative of congregations committed to ending homelessness through housing, the Families Moving Forward shelter program, and .0000000000. Plymouth Congregational Church was the founding congregation of Beacon (formerly known as Plymouth Church Neighborhood Association). Beacon works with 70 congregations, and serves 775 residents, 75 families each year.

<u>66 West Apartments</u> - HOUSING IN DEVELOPMENT, Beacons is acquiring this site to create 39 studio apartments, supportive housing for youth and young adults from the southwest Hennepin County suburbs who have experienced homelessness. Supportive services will be provided on-site. Developed with partner Edina Community Lutheran Church.

<u>Nicollet Square</u> - 42 studio apartments with supportive services designed for youth ages 16-21 who have experienced homelessness or are exiting the foster care system. YouthLink staff provide onsite supportive services and transition coaching. Butter Bakery Café in street level corner retail space offers internship opportunities. CommonBond Communities manages the property and handles leasing applications. Developed with congregational partners Plymouth Congregational Church and Westminster Presbyterian Church.

Health Care for the Homeless

<u>Health Care for the Homeless</u> - This clinic provide a variety of health and wellness services to people who are homeless. It operates at 11 different shelters and drop-in centers in Minneapolis, to address health concerns, provide treatment including medications, coordinate health care services, provide health education and coordinate access to health and social services in the community. Any homeless adult or child is eligible. This includes those living outside or on the street, in shelter or transitional housing, with friends or relatives or who have been homeless within the past year. One clinic location is at the Youth Opportunity Center (YouthLink).

<u>Runaway Intervention Project</u> - The Runaway Intervention Project was created in 2006 to identify and address the needs of young runaway girls. The initiative recognized the need to serve runaways with carefully targeted, ongoing care by providers with a special sensitivity toward the girls' culture and circumstances. The goal was to reduce the traumatic response to their victimization and to improve their health and protective factors, including reconnection to supportive relationships with family and school.

Food

<u>Sheridan Story</u> - Over 200,000 children in the state of Minnesota live in food insecurity and do not always know if they will receive their next meal. The Sheridan Story's purpose is to respond to this need by closing the weekend food gap between Friday and Monday, when children are not able to participate in the free or reduced meal programs at school. We are an ever-growing network of weekend food programs, commonly called backpack programs, operating in multiple schools. Our organizational model is unique in that The Sheridan Story provides logistical expertise and project execution while leveraging community partnerships for funding and volunteers. The Sheridan Story is empowering many new partners to join the fight against child hunger, and we hope to continue that trend moving forward.

<u>Good in the Hood</u> - Helping others and changing lives is at the heart of Good in the Hood, a Minneapolis Program partner with Union Gospel Mission Twin Cities. Each year, hundreds of dedicated volunteer individuals and groups join together in serving and providing essential resources for those in need.

<u>Backpacks for Homeless Youth</u> - Each January, in partnership with generous individual and corporate sponsors, we support the estimated 5,000+ homeless youth that are living in the Twin Cities by giving away backpacks filled with survival supplies.

Legal Resources

<u>Community Mediation and Restorative Services</u> - A nonprofit community-based mediation and restorative justice provider. Committed to developing the capacity of our community to respectfully resolve conflict and repair harm. (Northern and Western Hen Cty)

<u>Mid-MN Legal Aid- Youth Law Project</u> - The Youth Law Project (YLP) provides advice, referrals and representation to children between the ages of 12 and 18. The YLP reaches out to especially vulnerable communities of color. The Youth Law Project can offer assistance with the following issues; abuse and neglect, independent living, allegations of neglect involving a child under the age of 10, school discipline issues including suspension, expulsion, and referral to juvenile court.

<u>Legal Rights Center</u> - Our mission is to provide the highest quality criminal defense and restorative justice services to low-income people, in particular people of color. Our focus is Hennepin County, our priority is juveniles, and our services are at no cost.

<u>Volunteer Lawyers Network</u> - VLN extends the promise of Equal Justice under Law to those who otherwise would be denied it. We bring the power of the law to protect the safety, sustenance, shelter, and family relationships of struggling individuals and families in our community.

LGBTQ Resources

<u>OutFront Minnesota</u> - OutFront Minnesota's mission is to create a state where lesbian, gay, bisexual, transgender, and queer people are free to be who they are, love who they love, and live without fear of violence, harassment or discrimination. We envision a state where LGBTQ individuals have equal opportunities, protection and rights. We are working toward the day when all Minnesotans have the freedom, power and confidence to make the best choices for their own lives.

Community Resources

<u>Community Action Partnership of Suburban Hennepin County (CAPSH)</u> - Community Action Partnership of Suburban Hennepin (CAPSH) is a community action agency working in all of suburban Hennepin County to improve the lives of low-income people. We offer services to individuals through outreach, energy assistance programs, homeownership services, food support, free tax assistance, legal services, employment counseling, and financial counseling. Additionally, our Planning & Development Center assists nonprofit and other service entities in becoming more effective. We offer a variety of innovative services that are both responsive and adaptable to your organization's needs. These services include strategic planning, organizational support, technical computer assistance and community development. Services include; energy assistance, home owner assistance, home buying assistance, renters assistance, homeless services, food support, tax assistance, legal service clinics, community development, financial literacy workshops and MNSure Application Assistance.

<u>Jewish Community Action</u>- Jewish Community Action (JCA) is an agency that uses community organizing as a way to engage people in creating systemic social change and social justice. Knowing that the demographics of the suburbs are changing rapidly, the inequities in the suburbs are increasing, and that elected officials have been slow to respond to these changes and needs, The Community Action Partnership of Suburban Hennepin (CAPSH) recently gave us a grant with the overall goal of finding solutions to improve the lives of people living in the suburban Hennepin communities. To begin the process of finding solutions JCA is currently organizing direct service providers from across the West Metro to discuss how service providers, community organizers, and community members who are directly impacted by these social injustices, can work together to create some change at the systemic level that would ultimately create more equitable communities in the Hennepin County suburban region.

Furniture

<u>Bridging</u> - Bridging, a 501(c)(3) nonprofit organization serving the greater Twin Cities, is the largest furniture bank in North America. Through the effective reuse of donated items, we improve lives by providing quality furniture and household goods to those transitioning out of homelessness and poverty. Driven by volunteers and donations of furniture and household goods from the community, Bridging has furnished over 60,000 homes since 1987.

Job Resources

<u>Job Corps/CHP International</u> - Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.

Religious Support

<u>TreeHouse</u> - TreeHouse is a faith-based organization offering hope, guidance, and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. TreeHouse provides a safe environment and mentorship for teens to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow. Programs in Bloomington, Brooklyn Park, Minnetonka, New Hope, Plymouth and St. Louis Park.

Cultural Resources

<u>CLUES - Communidad Latinas Unidas en Servicio</u>, Is a linguistically and culturally relevant resource and service nonprofit organization by Latinos for Latinos. Our programs and services connect families to resources, skills, institutions, and systems and create an environment for people to be engaged and empowered. CLUES programs are designed to provide access to resources and opportunities for Latino families and individuals to be healthier, prosperous and engaged. <u>Centro</u> – Centro is a partnership with Latino and Chicano families. Centro is a place where we offer respite from troubles, understanding to solve crises, education and encouragement to make change, nurturing and healing to strengthen families, art and culture to reaffirm our identity and value, and resources to build a better future.

<u>Hmong American Partnership</u> - Hmong American Partnership (HAP) is a non-profit organization focused on moving the refugee and immigrant community towards social and financial prosperity. HAP was founded in 1990 to serve a growing Hmong community in Minnesota. We are rapidly expanding to address demand for services, and in the last 25 years we have grown to become the largest Hmong non-profit organization in the United States. We now offer programming across the nation. HAP is proud that the broader immigrant and refugee community has sought out services, and we serve approximately 7,000 clients annually and have the staff expertise to serve people from 18 nationalities.

Rogers/Elk River

Education

Elk River School District

<u>Ivan Sand Alternative Education</u> - Welcome to Ivan Sand Community High School (ISCHS), formerly the Elk River Area Learning Center. ISCHS is an alternative high school for students with different or unique needs. It is our plan to do everything we can to help you achieve all of your educational goals in an individual manner.

Rogers Safe Schools(Wright County) - Rogers Safe Schools,

meetings include; District, High School, Middle School, Elementary Schools, County Business, Court Services, County Attorney's Office, Law Enforcement, Human Services, Public Health and Fairview.

<u>STRIVE, Rotary Club of Rogers</u> - High school seniors ranked in the lowest tier of their class have little hope for their futures. Rotarians see great potential in these students – and use the STRIVE program to instill messages of motivation, confidence, life skills, and perseverance in each student. STRIVE Life Skills; mastering the habits of school success, making good choices, managing personal finances, making change permanent, developing a positive sense of self, planning for success, setting good goals. STRIVE motivates high school seniors to prepare for a successful future. Rotarians invest in these students' lives. Their life experience helps create student leaders for tomorrow.

<u>Spectrum High School</u>, Elk River - Welcome to Spectrum High School! Spectrum is a public charter school in Elk River, MN, enrolling approximately 625 students in grades 6-12. Spectrum is a comprehensive high school and middle school with robust course offerings in technology, fine arts and more. Spectrum has 17 courses that allow students to earn college credit. Spectrum's highly qualified teachers invest in students' lives preparing them for college and ultimately for a successful career. Spectrum embraces programs such as AVID and Service Learning to help each student succeed and become a contributing member of our global society. <u>Online728 High School</u> - Online728 is a full-time high school offered through Minnesota's 8th largets school district, ISD 728. Online728 helps personalize the learning process and provide a much-needed alternative to the one-size-fits-all classroom model.

Medical & Mental Health

Mental Health Services

<u>Bridging Hope</u> - Bridging Hope Counselling is a private practice counselling service offering individual, couple, family therapy, sand tray, play therapy, and DBT skills groups. We believe that you are doing the best you can with what you have. The approach is non-judgmental and effective, allowing you to feel comfortable and move forward with your goals. We work well with resistant clients and have thirteen different therapists working independently with Bridging Hope Counselling.

<u>Creative Therapy Center</u> - The Creative Therapy Center provides counseling services to infants, children, adolescents, adults, and families. The Creative Therapy Center offers a variety of nontraditional therapy techniques to assist each client in their personal journey toward resolution, healing and growth. At The Creative Therapy Center the client is given the opportunity to choose an alternative means to traditional talk therapies throughout their counseling sessions; allowing the client a non-threatening means to reach their personal goals. Services include; Play Therapy, Sand Tray Therapy, Animal-assisted Therapy, Traditional Talk Therapy, Filial Play Therapy, Somatic Experiencing®, Directive Play Therapy, Social Skills Groups, Emotional Regulation Groups, Infant Mental Health, Mediation, Co-parenting/Parent Coaching/Parenting Skills, Reunification Therapy, SENE.

<u>Northwinds Counseling Center</u> – We strive to provide our clients with the highest quality of care. We use a combination of compassion, knowledge, and respect, to support treatment goals. We work with children, teens, adults, and families to encourage personal growth and development. It is our goal to help you have a life changing therapeutic experience. At some point in our lives, each of us can benefit talking with a professional who can guide us through life challenges. We have chosen to be that "Someone" to assist you on your journey toward a happier, more balanced and mentally healthier future.

<u>Inside Out Life Development</u> - At Inside Out Life Development I understand that life's journey can be complicated and challenging. My commitment is to assist you in creating a life that reflects your beliefs, values and priorities. Life Coaching and Narrative Therapy services are the cornerstones of Inside Out Life Development.

Homelessness

Drop-in Center

<u>Open Doors For Youth</u> - Open Doors for Youth is a drop-in resource center in Elk River, Minnesota. We serve youth (16 to 21) who are experiencing homelessness or housing instability. Open Doors is a safe and welcoming place that meets the basic and immediate needs of youth and offers services to help them achieve their personal goals. Recognizing that each person has unique needs, experiences, abilities, and dreams, we meet them where they are in life and support them with the resources and services they need to move forward. Immediate Needs Provided; clothing, access to food support, onsite dinner, computer and internet access, laundry assistance, sleeping bags and pillows, hygiene supplies and a safe supportive place to relax and work. Services provided; assistance in accessing

government programs, access to medical, mental health and chemical health services, employment support, health services, legal assistance, education support, empowerment activities and independent living skills.

Food

<u>CROSS Food Shelf</u> - CROSS is a non-profit organization serving families and individuals living in Rogers, Maple Grove, Osseo, Champlin (West), Corcoran, and Dayton. Established in 1977 to provide food and clothing to those in temporary need. Services include; food shelf, clothing and household supplies, Holiday and Birthday baskets, Housing Assistance.

Legal Resources

LGBTQ Resources

Community Resources

<u>CROSS Food Shelf</u> - CROSS is a non-profit organization serving families and individuals living in Rogers, Maple Grove, Osseo, Champlin (West), Corcoran, and Dayton. Established in 1977 to provide food and clothing to those in temporary need. Services include; food shelf, clothing and household supplies, Holiday and Birthday baskets, Housing Assistance.

Religious Support

Young Life- Faith Community Tutors, Grief Group

Christ Lutheran in Otsego

Robbinsdale

(Crystal, New Hope, Golden Valley)

Education

Robbinsdale School District

<u>Highview Alternative Program</u> - The mission of Highview Alternative Program is to serve students in a safe, respectful, supportive environment where each student has the opportunity to develop and apply academic, personal and career skills.

<u>North Education Center Academy (NECA)</u> - District 287 Area Learning Center and ALC +. Nontraditional learning center for at risk students.

<u>Minneapolis Technical and Community College</u> - Minneapolis Community and Technical College (MCTC) is a public two-year college located in the heart of downtown Minneapolis. MCTC enrolls nearly 15,000 credit students annually and is an active partner in initiatives designed to strengthen the social, economic and cultural vitality of the Twin Cities metropolitan area.

<u>Power of YOU</u> program is designed to make your dream to attend college within reach. The program covers the cost of tuition and fees for two years or up to 72 credits at Minneapolis Community and Technical College (MCTC) or Saint Paul College through state and federal

grants and private scholarships. The Power of YOU supports as many students as possible based on student need and funds available for the program. Opportunity open to Minneapolis, Richfield, Brooklyn Center, and Robbinsdale Cooper students.

<u>CollegeNOW!</u> is a tuition-free program providing Minneapolis Public School and Robbinsdale Cooper High School students the opportunity to take pre-college classes that will count towards high school graduation requirements. Students accepted into the CollegeNOW! Program are also eligible for PSEO and concurrent enrollment courses.

<u>STRIVE Program</u> - STRIVE, which stands for Students Taking a Renewed Interest in the Value of Education, is a Rotary International education program that partners volunteer community and business leaders with high school students to help the students improve their attitude toward school, increase attendance, increase participation and raise their academic standing. Cooper High School. Rotary Club of Crystal, New Hope and Robbinsdale.

Medical & Mental Health

Medical Health

<u>Annex Teen Clinic</u> - A completely confidential, teen sexual health care provider and educator. Annex provides, birth control, STI treatment, pregnancy testing and options. Serves school districts: Robbinsdale, Brooklyn Center, Brooklyn Park, and North Minneapolis.

Pregnancy

<u>Robbinsdale Women's Center</u> - Robbinsdale Women's Center offers confidential and free services for pregnancy consultation to women and couples making decisions about unintended pregnancies. (Prolife)

Mental Health

<u>Headway</u> - Mental health care professionals providing outpatient therapy, Dialectical Behavioral Therapy (DBT), psychiatric services, divorce education, in-school therapy and more throughout the Twin Cities, including Richfield, Golden Valley and Hopkins. Headway provides in school services, targeted case management services for parenting a child with mental health care needs, services to children and families affected by sexual abuse, Aggression Replacement Training and has an Adolescent Day Treatment Facility(located in Hopkins).

Homelessness

Food

<u>NEAR Food Shelf</u> - NEAR is a non-profit volunteer organization, NEAR responds to the emergency needs of people in our community. Through a cooperative effort of twelve area churches, volunteers provide emergency food relief to residents of northern Robbinsdale, Crystal, and New Hope who live between 42nd and 62nd Avenues North. NEAR is a member of The Second Harvest Food Bank, The Emergency Foodshelf Network and Hunger Solutions Minnesota. Services include, food shelf, holiday baskets, school supplies and referrals.

<u>PRISM Food Shelf</u> - PRISM (People Responding in Social Ministry) is a social service agency that helps local families during times of financial hardship. For over 43 years, the volunteers and staff at PRISM have worked with families; counseling, educating and stabilizing basic needs to empower them to take an active role in their own solutions. Our Mission is to walk alongside families providing support-based programs that encourage self-sufficiency. Services include, children's programs,

clothing/household program, food shelf, financial assistance, employment program, transportation program.

PRISM Youth Food Shelf - hours M 5-8pm

Meals

Loaves & Fishes – Brunswick United Methodist, 6122 42nd Ave N, Crystal. Meal time W & Th 5:30-6:30.

Legal Resources

LGBTQ Resources

Community Resources

<u>Northern Star Council, Boy Scouts of America</u> – Our mission of positive youth development and our vision recognize the interconnectedness of our community and our desire to help all young people. While not all will be registered members, by working together with other organizations, whether collaboratively, by example, or referral, we strive to make a positive impact on the young people of our community.

<u>Juvenile Diversion Program</u> provides first-time juvenile offenders with a positive alternative to the court system. Teens are referred by local law enforcement officials to this three-month course which teaches proper decision-making skills, communication techniques and requires community service.

<u>Culturally Specific Scouting</u> ensures that all young people have the opportunity to gain the benefits of scouting through reaching under-served youth.

<u>YMCA New Hope</u> offers swim lessons, personal training, group exercise classes and other great fitness and community building programs.

Job Resources

Religious Support

<u>TreeHouse</u> – TreeHouse is a faith-based organization offering hope, guidance, and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. TreeHouse provides a safe environment and mentorship for teens to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow.

Wayzata/Plymouth

Education

Wayzata School District

<u>TAP-Trojan Alternative Program</u> – The Wayzata High School Alternative Learning Center programs will provide support necessary to ensure students make academic, social and emotional progress through their high school years. The Wayzata High School Alternative Learning Center programs are designed to address the academic, social, and emotional needs of 10-12 grade students who may be struggling in traditional education settings.

Fund a Need – Through the outpouring of personal giving and community support, the Fund A-Need program at WHS impacts the lives of many students in our community. Fund-A-Need has provided for an increasing number of students who cannot afford clothing, food, basic school supplies or activity fees for field trips or projects.

Community Collaboration

<u>Partners for Healthy Kids</u> – Established to help build a healthy, nurturing community for the children and youth who live in the eight municipalities within the geographic boundaries of the Wayzata School District.

<u>Caring for Kids Initiative</u> – Caring for Kids Initiative is a public/private collaborative scholarship program for low-income families which ensures access to quality early education opportunities for children prior to entry in kindergarten. Included in the CfKI scholarship model are parent education and family supports focused on family stability.

<u>Partners in Prevention</u> – is a community coalition working to prevent and reduce youth substance use. We are nearly all volunteers representing more than twelve different sectors within the community, including: business, civic/volunteer organizations, health care, government, law enforcement, media, other substance abuse organizations, parents, religious organizations, school, youth, and youthserving organizations.

Medical & Mental Health

Medical Health

<u>MyHealth</u> – MyHealth works to improve the health of our community by providing health services and information that supports teens and young adults in making responsible and well informed decisions. Districts: St. Louis Park, Edina, Hopkins, Eden Prairie, Minnetonka, Wayzata, Orono, Mound.

<u>Children's Dental Services</u> – Children's Dental Services (CDS) is dedicated to improving the oral health of children from families with low incomes by providing accessible treatment and education to our diverse community.</u>

Mental Health

<u>Headway</u> – Mental health care professionals providing outpatient therapy, Dialectical Behavioral Therapy (DBT), psychiatric services, divorce education, in-school therapy and more throughout the

Twin Cities, including Richfield, Golden Valley and Hopkins. Headway provides in school services, targeted case management services for parenting a child with mental health care needs, services to children and families affected by sexual abuse, Aggression Replacement Training and has an Adolescent Day Treatment Facility(located in Hopkins).

<u>Relate Counseling Center</u> – Relate Counseling Center is a nonprofit, community based mental and chemical health care center located in Minnetonka, Minnesota. Relate provides outpatient assessments and counseling services to individuals of all ages, couples and families at their main location in Minnetonka and branch office in Chaska. In addition, Relate provides services in numerous local schools and community resource centers and medical partner facilities in the western suburbs of Minneapolis. Relate strives to be in the forefront of identifying needs in the community and providing high quality care.

Domestic Abuse/ Chemical Abuse

<u>Sojourner Project</u> – Sojourner provides emergency shelter for women and children; legal advocacy and support to empower all those victimized by domestic violence; and information and education to raise awareness and promote violence prevention. The organization serves to; empower battered women, promote healthy communities and eliminate domestic violence. Two beds are designated for Sexually Exploited Youth.

<u>Missions Inc. Programs</u> – Missions Inc. is a nonprofit organization providing chemical health, domestic violence and long-term care services through six programs serving over 3,600 people each year.

<u>Home Free</u> – Home Free is a safe haven for women and children who have needed to flee their homes due to domestic violence. The Shelter provides emergency housing and support services to over 500 women and children each year. Usually filled to capacity, the Shelter can accommodate 30 women and children with an average length of stay of 18 days. Services are provided free of charge to all residents.

Homelessness

Drop in Center

<u>MoveFwd</u> is a FREE and CONFIDENTIAL service providing quick turnaround by a professional and knowledgeable staff. We will be there for teens and young adults who are homeless or at imminent risk of becoming homeless, because we know that young people and their families can become strong and resilient when they receive the support they need. MoveFwd counselors work with youth and their families from a strengths-based perspective and incorporate therapy approaches that support and empower youth. MoveFwd provides a Drop-in Center, Transitional Housing, Youth and Family Counseling. MoveFwd provides case management services and mental health services inside high schools and middles schools in specific districts including; Hopkins, Eden Prairie, St. Louis Park, Wayzata and Main Street Center for the Performing Arts.

Food

<u>Interfaith Outreach and Community Partners</u> – Provides both emergency and long-term solutions around food and clothing, housing, employment, child care, transportation, and access to resources and healthy community connections. The CONECT Program serves younger kids from the low income community in Plymouth including after school programs, homework club and leadership club. Programming takes place on site in affordable housing buildings and complexes.

Legal Resources

LGBTQ Resources

Community Resources

Hennepin County Satellite Office @ IOCP in Plymouth

<u>Interfaith Outreach and Community Partners</u> – Provides both emergency and long-term solutions around food and clothing, housing, employment, child care, transportation, and access to resources and healthy community connections. The CONECT Program serves younger kids from the low income community in Plymouth including after school programs, homework club and leadership club. Programming takes place on site in affordable housing buildings and complexes.

<u>Community Organizations Networking Compassionately Together (CONECT)</u> – CONECT (part of IOCP) serves more than 700 families living in 7 multi-unit apartment neighborhoods in Plymouth by offering on-site services, linking residents with community resources and engaging residents in building healthy neighborhoods.

<u>YMCA Ridgedale</u> in Minnetonka, MN offers personal training, group exercise classes, swim lessons and other great fitness and community building programs. Gym membership includes access to a fitness center, racquetball courts, aquatics (including a sauna, indoor pool and whirlpool), indoor track, and much more.

Westside Communities in Action

Westside Communities in Action (WCIA) is a non-profit charitable organization designed to bring together the needs of our neighbors with those who can help. WCIA serves the suburbs on the Westside of Minneapolis.

Job Resources

Religious Support

<u>TreeHouse</u> – TreeHouse is a faith-based organization offering hope, guidance, and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. TreeHouse provides a safe environment and mentorship for teens to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow. Minnetonka and Plymouth.

Messiah United Methodist Church

St. Philip the Deacon Lutheran Church

Job Resources

Minnetonka

(Minnetonka, Excelsior, Shorewood, Greenwood, Deephaven)

Education

Minnetonka School District

<u>Minnetonka Family Collaborative</u> – Minnetonka Public Schools, Tonka Cares (prevent underage substance abuse), Tonka Pride (supports pride in k-8 students), Minnetonka Alumni Assoc., Minnetonka Community Ed. Federal funds designate in early intervention and prevention services.</u>

<u>Tonka Cares</u> – Is a school and community based collaboration whose mission is to reduce underage substance use in the Minnetonka School District community. Tonka CARES vision is of a community where youth choose not to use, and are supported and valued for that choice.

<u>District 287 ALC's (Area Learning Center)</u> – non-traditional learning center for at risk students. West Education Center.

<u>West Alternative (W-ALT)</u> – Area Learning Center, non-traditional learning center for at risk students.

Medical & Mental Health

Medical Health

<u>MyHealth</u> – To improve the health of our community by providing health services and information that supports teens and young adults in making responsible and well informed decisions. Districts: St. Louis Park, Edina, Hopkins, Eden Prairie, Minnetonka, Wayzata, Orono, Mound.

Mental Health

<u>Relate Counseling Center</u> – Relate Counseling Center is a nonprofit, community based mental and chemical health care center located in Minnetonka, Minnesota. Relate provides outpatient assessments and counseling services to individuals of all ages, couples and families at their main location in Minnetonka and branch office in Chaska. In addition, Relate provides services in numerous local schools and community resource centers and medical partner facilities in the western suburbs of Minneapolis. Relate strives to be in the forefront of identifying needs in the community and providing high quality care.

<u>St. David's Center for Child & Family Development</u> – Provides Early Childhood Education, Pediatric Therapies, Mental Health Services, Life-Phase Services, Early Intervention and support, throughout the Twin Cities Metro Area.

Domestic Abuse/Sexual Abuse

<u>Sojourner Project</u> – Sojourner provides emergency shelter for women and children; legal advocacy and support to empower all those victimized by domestic violence; and information and education to raise awareness and promote violence prevention. The organization serves to; empower battered

women, promote healthy communities and eliminate domestic violence. Two beds are designated for Sexually Exploited Youth.

Attachment

Family Attachment and Counseling Center – We believe in the power of relationships. Relationships with parents, children, spouses, peers, the Divine and even ourselves have an immense impact on an individual's holistic health. Our practice builds upon this philosophical base. We work with adults, couples, families and children in improving relationships and building on existing strengths. We offer a full range of mental health services, with a special emphasis on services for children. We offer traditional therapy for children and adults. Our **Family Attachment Narrative Therapy program** is designed for children whose development has been compromised by early life trauma and attachment relationship difficulties.

Homelessness

<u>MoveFwd</u> is a FREE and CONFIDENTIAL service providing quick turnaround by a professional and knowledgeable staff. We will be there for teens and young adults who are homeless or at imminent risk of becoming homeless, because we know that young people and their families can become strong and resilient when they receive the support they need. MoveFwd counselors work with youth and their families from a strengths-based perspective and incorporate therapy approaches that support and empower youth. MoveFwd provides a Drop-in Center, Transitional Housing, Youth and Family Counseling. MoveFwd provides case management services and mental health services inside high schools and middles schools in specific districts including; Hopkins, Eden Prairie, St. Louis Park, Wayzata and Main Street Center for the Performing Arts.

<u>Westwood Community Church</u> – Westwood Community Church and The Bridge are teaming up to open up an emergency shelter for youth in crisis. The Bridge for Youth will run and oversee all services. Services will be provided at the house in the corner of the Westwood property, the old missionary house. There will be 6 beds available starting in November 2015.

Food

<u>ICA Food Shelf</u> – Inter-congregation Communities Association, has been in existence for 40 years. Our clients are your neighbors who find themselves struggling to make ends meet. Most of our clients work, but do not make enough money to cover the basic needs of their families. We offer food, employment assistance and financial assistance. ICA provides a food shelf, emergency financial assistance and employment assistance and case management.

<u>Teaming up for Teens</u> – Funded by the Hopkins Elks Lodge. Support Hopkins, Minnetonka, St. Louis Park and Westonka school districts. Our mission is to supply basic hygiene needs and link together the services for our homeless and at risk teens in the west metro suburbs so they can protect themselves from the elements and actively participate in school. And to inspire a new generation of philanthropic leaders by encouraging volunteerism and raising awareness among local youth.

Legal Resources

LGBTQ Resources

Community Resources

ICA Food Shelf – Inter-congregation Communities Association, has been in existence for 40 years. Our clients are your neighbors who find themselves struggling to make ends meet. Most of our clients work,

but do not make enough money to cover the basic needs of their families. We offer food, employment assistance and financial assistance. ICA provides a food shelf, emergency financial assistance and employment assistance and case management.

<u>ResourceWest</u> – Is a responsive community-based organization which assists people and strengthens the west metro community through collaborative programs and connections to resources for families and individuals. Services focus on: a) stabilizing households by addressing basic needs; and b) supporting households in making changes that will lead to sustainable self-sufficiency. We go beyond a 'band aid' approach. For example, we don't just refer a client to affordable housing or a job training program. Instead we work with them in overcoming challenges that might result in them losing the safe stable housing or employment opportunity that can lead to greater self-sufficiency.

<u>Jewish Family and Child Services</u> – Healthy Youth–Healthy Communities (HY–HC), provides innovative programming on issues such as mental illness, relationships, substance abuse, eating disorders, sexual assault, dating violence and bullying.

Job Resources

Religious Support

Family Friends – Family Friends is an outreach program for at risk youth and their families. The work is based mainly in Minnetonka School District. Bud Boberg works in Minnetonka High School every day and Bob Goodale works in both Middle Schools every day. They work with school counselors and social workers to meet the needs of students who are struggling with various issues. Including; food issues, groceries, cub cards, target gift cards, holiday gift cards, utility bills, rent, clothing housing, school issues, participate in SARBS, provide solutions to barriers, transportation, mentoring, accountability. The organization is supported with contributions from individuals and foundations. The Minnetonka High School Student Government is the largest funder donating \$35,000 from the Heart Week Fundraiser. Bud Boberg is also a Youth Lay Minister for Ridgewood Church and the Chaplain for the Minnetonka Police Department.

<u>TreeHouse</u> – TreeHouse is a faith-based organization offering hope, guidance, and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. TreeHouse provides a safe environment and mentorship for teens to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow.

Orono

(Orono, Maple Plain, Long Lake, Medina, Independence)

Education

Orono School District

<u>Orono Healthy Youth</u> – A community based non-profit and collaboration, working to help youth be healthy and successful. Cities of Orono, Long Lake, Maple Plain, Independence, Medina, Minnetonka Beach.

Medical & Mental Health

Homelessness

Food

<u>WeCan</u> – WeCAN is a non-profit 501(c)3 organization whose mission is to work in a personalized manner with individuals and families to enhance their stability and self-sufficiency. Our vision is that families and individuals will thrive in a vibrant community with full access to resources and support services. The organization's purpose is to address the human service needs by delivering emergency service, sharing information, developing cooperative efforts, and making referrals to other agencies as may be appropriate. WeCAN serves as a resource and catalyst for the provision of human services in the area by identifying unmet human service needs and developing solutions that address those needs, including information and referral services.

Legal Resources

LGBTQ Resources

Community Resources

<u>WeCan</u> – WeCAN is a non-profit 501(c)3 organization whose mission is to work in a personalized manner with individuals and families to enhance their stability and self-sufficiency. Our vision is that families and individuals will thrive in a vibrant community with full access to resources and support services. The organization's purpose is to address the human service needs by delivering emergency service, sharing information, developing cooperative efforts, and making referrals to other agencies as may be appropriate. WeCAN serves as a resource and catalyst for the provision of human services in the area by identifying unmet human service needs and developing solutions that address those needs, including information and referral services.

Job Resources

Religious Support

Westonka

(Mound, Minnetrista, Spring Park, Westonka)

Education

Westonka School District

<u>WALA</u> – The Westonka Area Learning Academy is a partner with Intermediate District 287. WALA serves students who have been identified as at-risk. WALA provides a structured environment that increases their basic skills, connects them to their community and challenges them to be life-long learners. Innovative curriculum, a 15-1 student-teacher ratio, a caring, enthusiastic staff and a safe classroom environment help students build self-respect and create options for their futures.

Medical & Mental Health

<u>Mental Health Resources</u> – link to mental health resources in collaboration with Westonka.

Homelessness

Food

<u>WeCan</u> – WeCAN is a non-profit 501(c)3 organization whose mission is to work in a personalized manner with individuals and families to enhance their stability and self-sufficiency. Our vision is that families and individuals will thrive in a vibrant community with full access to resources and support services. The organization's purpose is to address the human service needs by delivering emergency service, sharing information, developing cooperative efforts, and making referrals to other agencies as may be appropriate. WeCAN serves as a resource and catalyst for the provision of human services in the area by identifying unmet human service needs and developing solutions that address those needs, including information and referral services.

Legal Resources

LGBTQ Resources

Community Resources

<u>WeCan</u> – WeCAN is a non-profit 501(c)3 organization whose mission is to work in a personalized manner with individuals and families to enhance their stability and self-sufficiency. Our vision is that families and individuals will thrive in a vibrant community with full access to resources and support services. The organization's purpose is to address the human service needs by delivering emergency service, sharing information, developing cooperative efforts, and making referrals to other agencies as may be appropriate. WeCAN serves as a resource and catalyst for the provision of human services in the area by identifying unmet human service needs and developing solutions that address those needs, including information and referral services.

<u>Be a Shining Light</u> – Be A Shining Light is a non-profit organization that helps kids achieve their dreams through mentorship and financial support.

Job Resources

Religious Support

Eden Prairie

Education

Eden Prairie School District

<u>Eden Prairie for Youth</u> – EP4Y is an Eden Prairie community collaborative providing resources to youth and families in the areas of healthy youth development and prevention of youth alcohol and drug use. Through communication and coordination of programs and services, we provide access to resources youth need to grow up healthy and succeed in school and in life.

<u>FamiLink</u> – The Eden Prairie FamiLink Resource Center is a partnership between Eden Prairie Schools and the City of Eden Prairie. It is here to help connect you to valuable community resources. The service is free and confidential. If you have questions about housing, financial assistance, education, employment, family or healthcare support, legal services, childcare or other resources, the Eden Prairie FamiLink Resource center can help with information or referrals.

<u>STRIVE – Eden Prairie AM Rotary Club</u> – *STRIVE is a Rotary sponsored mentoring program for high potential students who face college and career planning obstacles.*

<u>Metro South</u> – Metro South Adult Basic Education provides basic educational opportunities to adults in Bloomington, Eden Prairie, Edina, and Richfield. Classes are offered in the areas of GED test preparation, high school diploma programs, English as a Second Language (ESL), and basic skills such as reading, writing, and mathematics.

<u>Alternative High School Program</u> – The Metro South Under 21 Diploma Program recognizes that the uniqueness of the individual and life circumstances create the need for an alternative to the traditional school setting. Our program is designed for those who have fallen behind in high school, who desire to attend a program which better fits their individual needs, and for those who have dropped out and want to return to complete their high school education. This program serves students age 17-21 years old.

<u>College Preparation Classes</u> – Metro South assists adult learners with specific goals of learning to read better, learning math skills, and improving writing abilities. Some learners need to improve their skills before taking a trade test or school entrance exam; others are learning new information for the first time. The program allows learners to work at their own pace in a supportive environment.

English as a Second Language Classes – Metro South offers ESL classes at many different levels to adult learners from a variety of countries. We have classrooms in the cities of Richfield, Edina, Bloomington, and Eden Prairie. Classes are offered Monday through Saturday. Day and evening classes are available. Students take a placement test and then are placed in a class that best meets their needs. <u>Headway</u> – Teen Day Treatment Center + Headway Academy (district 287). Day Treatment is a 6-12 month, full-day, Monday through Friday program consistent with school holidays. Part of each day is devoted to an academic curriculum coordinated through Intermediate District 287 (Headway Academy); and part to emotional health, via a path-based curriculum geared to enhance self-esteem and build social and coping skills, which includes process-oriented groups. In addition to groups Headway Day Treatment offers weekly individual therapy, family therapy at least every other week, diagnostic assessments, goal setting and treatment planning, and psychological testing.

Medical & Mental Health

Medical Health

Mental Health

<u>Nystrom & Associates, Adolescent Chemical Dependency Program</u> – Nystrom & Associates, Ltd. offers enhanced outpatient adolescent (ages 13-18) chemical dependency treatment program that is licensed by DHS under Rule 31. Participants receive group and individual counseling with chemical dependency and mental health professionals. The program is designed to provide a significant level of structure and therapeutic intervention to address the adolescent's substance use disorder and emotional problems. The program offers medium plus, medium, and low intensity groups after school.

Pregnancy and Parenting

<u>Planned Parenthood</u> – Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

Homelessness

Food

<u>People Reaching Out to People (PROP)</u> – Our mission is to compassionately provide comprehensive support to our neighbors in need that creates a path towards self-sufficiency. We help people in Eden Prairie and Chanhassen who are facing financial hardship or crisis. Primary services include our food shelf, short-term financial help, support for low-income families with children and teens, and support for seniors and individuals with disabilities. Explore all the ways we help people.

Legal Resources

LGBTQ Resources

Community Resources

<u>People Reaching Out to People (PROP)</u> – Our mission is to compassionately provide comprehensive support to our neighbors in need that creates a path towards self-sufficiency. We help people in Eden Prairie and Chanhassen who are facing financial hardship or crisis. Primary services include our food shelf, short-term financial help, support for low-income families with children and teens, and support for seniors and individuals with disabilities. Explore all the ways we help people. Job Resources

Religious Support

Hopkins

Education

Hopkins School District

<u>Hopkins Alternative Program (HAP)</u> – HAP is a small learning community at Hopkins High, specifically designed to help students develop both the academic skills and personal attributes necessary for success inside and outside of school. The focus of the student's learning experience centers on the development of their classroom participation skills, completion of course standards and understanding the importance of maintaining consistent attendance.

<u>SCIP School & Community in Partnership</u> – SCIP is Hopkins School District's Family Services Collaborative. The SCIP Collaborative meets monthly to share information and look for opportunities to improve the community by working together to solve community problems that are beyond the scope of any single organization. Collaborative members are representatives from Hopkins School District, Hennepin County, cities, social service providers, apartment management companies and faith communities. SCIP administers the Local Collaborative Time Study (LCTS), a federal funding source.

<u>PIM Arts High School</u> – PIM Arts High School (formerly Main Street School of Performing Arts (MSSPA)) is a tuition-free, public charter high school open to all students in grades 9 through 12 in the Twin Cities metropolitan area. For the past 10 years, our rigorous performing arts and academic curriculum has provided a rewarding environment for student artists to grow.

<u>Hopkins One Voice</u> – Is part of Hopkins Community Education. The goal is to unite and empower Hopkins Schools' community to promote healthy youth development and reduce substance use.

Medical & Mental Health

Medical Health

<u>MyHealth</u> – To improve the health of our community by providing health services and information that supports teens and young adults in making responsible and well informed decisions. Districts: St. Louis Park, Edina, Hopkins, Eden Prairie, Minnetonka, Wayzata, Orono, Mound.

Mental Health

<u>Headway</u> – Teen Day Treatment Center + Headway Academy (district 287). Day Treatment is a 6-12 month, full-day, Monday through Friday program consistent with school holidays. Part of each day is devoted to an academic curriculum coordinated through Intermediate District 287 (Headway Academy); and part to emotional health, via a path-based curriculum geared to enhance self-esteem and build social and coping skills, which includes process-oriented groups. In addition to groups Headway Day Treatment offers weekly individual therapy, family therapy at least every other week, diagnostic assessments, goal setting and treatment planning, and psychological testing.

Pregnant and Parenting

<u>Southwest Options for Women</u> – An organization providing parenting and adoption option information and education. Parents can earn diapers, wipes, formula and clothes through the "Earn While You Learn" program. Backed by Heritage House '76, a Pro-life Organization located in AZ. (prolife)

Homelessness

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<u>Teaming up for Teens</u> – Funded by the Hopkins Elks Lodge. Support Hopkins, Minnetonka, St. Louis Park and Westonka school districts. Our mission is to supply basic hygiene needs and link together the services for our homeless and at risk teens in the west metro suburbs so they can protect themselves from the elements and actively participate in school. And to inspire a new generation of philanthropic leaders by encouraging volunteerism and raising awareness among local youth.

Food

<u>ICA Foodshelf</u> – Inter-congregation Communities Association, has been in existence for 40 years. Our clients are your neighbors who find themselves struggling to make ends meet. Most of our clients work, but do not make enough money to cover the basic needs of their families. We offer food, employment assistance and financial assistance. ICA provides a food shelf, emergency financial assistance and employment assistance and case management.

Loaves & Fishes - St. Gabriel's Hours M &T 5:30 -6:30

Legal Resources

LGBTQ Resources

Community Resources

West Suburban Hennepin County Hub – *Center provides walk in service for Hennepin County families and individuals seeking support. Workers access clients for eligibility for food, cash and medical assistance. Center staff also provides support services for clients seeking help with Child Support, Child Care Assistance, Family Stabilization and Emergency Assistance. Additionally MA Waiver program eligibility is determined for families needing Elderly, CADI, Developmental Disabilities or Brain Injury waivers.*

<u>The Depot Coffee House</u> – Provides youth a place to learn, relax, have fun while directing both a coffee shop and an entertainment venue.

<u>ResourceWest</u> – Is a responsive community-based organization which assists people and strengthens the west metro community through collaborative programs and connections to resources for families and individuals. Services focus on: a) stabilizing households by addressing basic needs; and b) supporting households in making changes that will lead to sustainable self-sufficiency. We go beyond a 'band aid' approach. For example, we don't just refer a client to affordable housing or a job training program. Instead we work with them in overcoming challenges that might result in them losing the safe stable housing or employment opportunity that can lead to greater self-sufficiency.

<u>Vail Place</u> – Serve 18 years old and up. Vail Place creates a community of support for people with serious mental illnesses by connecting them with the services and resources they need to find a home, a job, friends, and a healthy lifestyle.

Job Resources

Religious Support

<u>Reach & Restore</u> – A ministry that provides needy families with resources to provide a sense of hope and be a support to get back on their feet. This may include physical needs such as household items, furniture, locating housing or transportation and personal needs such as moral support, friendship, tutoring, counselling, or spiritual guidance.

St. Louis Park

Education

St. Louis Park School District

<u>SLP Family Services Collaborative</u> – The St. Louis Park Family Services Collaborative is a locally based grassroots effort to promote health, education and services to children and families most in need in the local community. It is early intervention and prevention services at a local level to keep children out of foster care and keep families intact by using an integrated service system. Committee working on a Youth Safety Mapping. This project will show places that are friendly to youth in the community.

Medical & Mental Health

Medical Health

<u>Central Clinic</u> – Infants, preschoolers and youth in grades K-12 can receive free medical care on Tuesday and Wednesday afternoons at the Central Clinic, located in room 228 of Central Community Center. Volunteer doctors from Park Nicollet Health Services provide treatment for illness and injuries, well baby checkups, shots and preventive care. The clinic is sponsored by Park Nicollet Health Services and the St. Louis Park Public Schools.

Mental Health

<u>Growing Through Grief</u> – Methodist Hospital-Park Nicollet Foundation - Teen/Youth Grief Counseling. Growing Through Grief offers grief support and education to children who have experienced the death of a loved one. The program provides grief support groups, individual counseling, continuing education for staff and the community, peer helper training and more. There are currently 8 Hennepin County participating school districts; Edina, Hopkins, Minneapolis, Minnetonka, Mound-Westonka, Osseo-Maple Grove, St. Louis Park, Wayzata.

<u>Park Nicollet, Creekside Clinic</u> – We're here to help you find and maintain your best health so you can focus on the people and things you love. We're dedicated to helping you and your family live your happiest, healthiest life by offering extended hours, same-day appointments and quality, collaborative care.

Homelessness

Food

<u>Step Emergency Program</u> – The St. Louis Park Emergency Program (STEP) has served the St. Louis Park community since 1975, evolving into a community-wide resource serving the basic needs of more than 1,600 people each month. STEP is more than just a food shelf; it provides a full-service resource for people in need and helps people by providing advocacy, referrals, and going the extra mile to serve those who are most vulnerable in our community. STEP's motto is "Empowering Lives and Restoring Hope". Services include; food shelf, seasonal support, clothes closet, crisis support, transportation, emergency financial assistance, referrals.

<u>SLP Bird Feeder</u> – The Bird Feeder is our high school food shelf that is run by students for students. Our goal is to be able to provide well rounded meals in weekend food packages, disguised as backpacks, for our fellow classmates who receive little to no food over the weekend. Our services are completely confidential so students in need feel more comfortable asking for these essentials.

Legal Resources

LGBTQ Resources

Community Resources

<u>Step Emergency Program</u> – The St. Louis Park Emergency Program (STEP) has served the St. Louis Park community since 1975, evolving into a community-wide resource serving the basic needs of more than 1,600 people each month. STEP is more than just a food shelf; it provides a full-service resource for people in need and helps people by providing advocacy, referrals, and going the extra mile to serve those who are most vulnerable in our community. STEP's motto is "Empowering Lives and Restoring Hope". Services include; food shelf, seasonal support, clothes closet, crisis support, transportation, emergency financial assistance, referrals.

<u>Community Action Partnership of Suburban Hennepin Cty</u> – CAPSH is a community action agency working in all of suburban Hennepin County to improve the lives of low-income people. We offer services to individuals through outreach, energy assistance programs, homeownership services, food support, free tax assistance, legal services, employment counseling, and financial counseling.

<u>ACT</u> – Offered through Jewish Family and Children's Services of Minneapolis. The ACT program provides support for families in the St. Louis Park School District. ACT is a collaborative program of St. Louis Park Schools and Jewish Family and Children's Service of Minneapolis. ACT provides resources for; family and parenting support, school concerns, basic needs, health care, housing and access to community resources. <u>Meadowbrook Collaborative</u> – A collaboration of the city of SLP, SLP school district, Park Nicollet. Focusing on the health, education and safety of its 1200 neighborhood residents. Linda has been there for 22 years. She is now serving the children of children. They run a high quality daycare and homework help with teachers through SLP schools. Has a very solid relationship with school administrators and social workers. Has worked with city of SLP to provide a playground and nature center. Has worked with SLP Police Department to reduce crime in the neighborhood. Population is changing. More Latino families and African Immigrants.

<u>Perspectives</u> – Is a multi-program, human service agency for woman and their children suffering from addictions, mental illness, and poverty. Our innovative wrap-around programs are designed to move women and their children out of cycles of despair into hope. The program offers after school programs, supportive housing and services, parenting time services, summer basketball league, and referral services.

<u>Children First</u> – An organization dedicated to changing the behavior of adults toward young people, they focus on the 40 Developmental Assets including experiences, expectations, relationships. Dedicated to helping young people thrive.

Job Resources

<u>HIRED</u> – Serves youth 18 and older. Founded in 1968, HIRED has grown into one of the Twin Cities' most effective workforce development organizations, in terms of both scope of programs and number of people served. Our team of professionals is among the best in the industry, providing unmatched expertise, compassion and guidance to help unemployed individuals find jobs and advance in their careers. From providing job skills training and career counseling to helping employers find qualified job candidates, HIRED meets a range of employment-related needs in our community. Four Social Workers on staff.

<u>Tree Trust</u> – Tree Trust provides hands-on training to youth and adults who are low-income, have disabilities, and are at risk of not succeeding in employment or education. Participants get an opportunity to further their education, receive high school credit while working, set goals and meet them, as well as learn job skills and receive a paycheck. Programs include: Summer Youth Employment Program, Young Adult Conservation Corps, YouthBuild, and Youth Development & Young Adult Services.

Religious Support

<u>Tree House</u> – TreeHouse is a faith-based organization offering hope, guidance, and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. TreeHouse provides a safe environment and mentorship for teens to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow.

Edina

Education

Edina School District

<u>Options, An Alternative Learning Program</u> – Welcome to Options at Edina High School. Options is a state approved alternative learning program located within Edina High School. It is designed to provide students who qualify with a second chance at designing and pursuing a graduation plan.

<u>STRIVE, Rotary Club of Edina Morningside & Rotary Club of Edina</u> – STRIVE, which stands for Students Taking a Renewed Interest in the Value of Education, is a Rotary International education program that partners volunteer community and business leaders with high school students to help the students improve their attitude toward school, increase attendance, increase participation and raise their academic standing. Edina Morningside Rotary Club is excited to be partnering with Edina High School to create this mentoring opportunity.

<u>Metro South</u> – Metro South Adult Basic Education provides basic educational opportunities to adults in Bloomington, Eden Prairie, Edina, and Richfield. Classes are offered in the areas of GED test preparation, high school diploma programs, English as a Second Language (ESL), and basic skills such as reading, writing, and mathematics.

<u>Choice Alternative High School Program</u> – The Metro South Under 21 Diploma Program recognizes that the uniqueness of the individual and life circumstances create the need for an alternative to the traditional school setting. Our program is designed for those who have fallen behind in high school, who desire to attend a program which better fits their individual needs, and for those who have dropped out and want to return to complete their high school education. This program serves students aged 17-21 years old.

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English as a Second Language Classes – Metro South offers ESL classes at many different levels to adult learners from a variety of countries. We have classrooms in the cities of Richfield, Edina, Bloomington, and Eden Prairie. Classes are offered Monday through Saturday. Day and evening classes are available. Students take a placement test and then are placed in a class that best meets their needs.

Medical & Mental Health

Domestic Abuse/Sexual Abuse

<u>Cornerstone Advocacy Services</u> – Cornerstone provides youth therapy, and safety for those experiencing domestic violence, sexual assault or human trafficking. Cornerstone services include; Individual Counseling, Specialized Support Groups, Clinical Therapy, School Based Services, Youth Enrichment Activities, After School Program, Early Childhood Education.

Homelessness

Drop In Center

<u>Oasis For Youth</u> – Oasis for Youth provides a pathway for homeless and precariously housed youth to become self-sufficient, contributing members of the community. Services include; drop-in-center, clothes closet, hygiene supplies, meals, snacks, laundry, showers, access to computers, case management, mental health counselling, job-search coaching, referrals to shelters and housing programs and connections to caring adults. Oasis for Youth partners with the high schools of Bloomington, Richfield, Edina and conducts case management services, meeting youth at their schools.

Food

VEAP Food Shelf – VEAP's four service programs work together to help alleviate the financial stress low-income individuals and families face as the result of unexpected expenses or lapses in income. Programs are designed to address a particular need and when used together can help avoid a financial crisis such as loss of housing, transportation or employment. Whether the hardship is from a disability, job transition, or the financial and physical stresses of aging, VEAP has helping our neighbors in need for 40 years, and is committed to the future of the communities we serve. Services include: Food Program, Children and Youth Services, Transportation program and Social Services. VEAP Children and Youth Services serve children from low-income families through the Summer Youth Food Program, the Holiday Toy Store, Back To School Program and Birthday Bag Program. → Thursday evening's food pantry is open to Oasis kids.

Legal Resources

LGBTQ Resources

Community Resources

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<u>Connecting with Kids</u> – The community of Edina is committed to creating the future for youth. The work centers on the asset development research conducted by the Minneapolis-based Search Institute. We believe that a community and its members have a powerful influence on the development of young people. Together in partnership with the Search Institute, the community of Edina is identifying and building developmental assets that give kids what they need to succeed.

<u>Edina Give and Go</u> – 8.1% of Edina students struggle with basics needs and even more live on the edge. These students cannot access all of the enriching life and learning opportunities that our community offers—like participation in the Arts, enriching Academics programs, and Athletics. Our mission is to close the opportunity gap and offer ALL Edina students the opportunity to GO far in our community and in life. <u>Edina Resource Center</u> – The Edina Resource Center is your connection to community resources, services and information in Edina, Minnesota. The Edina Resource Center is a collaborative effort between the City of Edina, Edina Public Schools, and the local community. This website provides commonly used resources in the community, and is a supplement to our phone support and our office at the Edina Community Center inside North Door #3. Please call 952-848-3936 if you need any assistance.

<u>Tri-City Partners for Healthy Communities</u> (Bloomington, Richfield, Edina) – *Tri-City Partners for Healthy Communities is working to make our communities a place where it is easy for everyone to be healthy and everyone has an opportunity to live long and well. With support from the Statewide Health Improvement Program through The City of Bloomington, Division of Public Health, we are making the healthy choice the easy choice in Bloomington, Edina and Richfield.*

YMCA Southdale

Job Resources

Religious Support

<u>TreeHouse</u> – TreeHouse is a faith-based organization offering hope, guidance, and unconditional love to at-risk teens dealing with tough issues such as depression/suicidal tendencies, substance abuse, truancy, self-injury and sexual activity. Our balanced programs meet the social, emotional, physical, intellectual and spiritual needs of at-risk teens. TreeHouse provides a safe environment and mentorship for teens to receive support, guidance and practical skills in making better choices today to live as healthy adults tomorrow.

Bloomington

Education

Bloomington School District

<u>Beacon Alternative Learning Program</u> – Beacons is an alternative education option providing a variety of ways for students to earn credits toward a high school diploma. Program offers smaller classroom setting and a wide variety of academic supports. Located at Kennedy HS.

<u>Bloomington Transition Center</u> – Their goal is to provide transition services to young adults with disabilities as they move from an educational setting toward living and working independently in the community.

<u>STRIVE, Bloomington Rotary</u> – The purpose of the Bloomington Rotary STRIVE program is to motivate eligible Kennedy High School seniors to discover their own strengths and talents so as to increase their personal and academic achievement. Further incentives are offered through scholarships for a college education at Normandale Community College, Hennepin Technical College, or other colleges chosen by the students.

<u>Metro South</u> - Metro South Adult Basic Education provides basic educational opportunities to adults in Bloomington, Eden Prairie, Edina, and Richfield. Classes are offered in the areas of GED test preparation, high school diploma programs, English as a Second Language (ESL), and basic skills such as reading, writing, and mathematics.

<u>Alternative High School Program</u> – The Metro South Under 21 Diploma Program recognizes that the uniqueness of the individual and life circumstances create the need for an alternative to the traditional school setting. Our program is designed for those who have fallen behind in high school, who desire to attend a program which better fits their individual needs, and for those who have dropped out and want to return to complete their high school education. This program serves students age 17-21 years old.

<u>College Preparation Classes</u> – Metro South assists adult learners with specific goals of learning to read better, learning math skills, and improving writing abilities. Some learners need to improve their skills before taking a trade test or school entrance exam; others are learning new information for the first time. The program allows learners to work at their own pace in a supportive environment.

English as a Second Language Classes – Metro South offers ESL classes at many different levels to adult learners from a variety of countries. We have classrooms in the cities of Richfield, Edina, Bloomington, and Eden Prairie. Classes are offered Monday through Saturday. Day and evening classes are available. Students take a placement test and then are placed in a class that best meets their needs. Intermediate School District #917 – Intermediate District #917 offers specialized services to nine member districts in the area of Special Education, Alternative Learning for secondary students, and Career and Technical Education. In addition, we educate students from member districts who are placed into Care and Treatment programs in the Dakota County area. We serve about 1,900 students annually either in programs at 917 facilities or at member district schools.

<u>Alternative Learning (DCALS)</u> – The Dakota County Area Learning School provides alternative learning programming to Intermediate District 917 member district students in the following programs; School Day Program, On line Education, Independent Study, Dual Enrollment.

<u>Metro South</u> – Metro South Adult Basic Education provides basic educational opportunities to adults in Bloomington, Eden Prairie, Edina, and Richfield. Classes are offered in the areas of GED test preparation, high school diploma programs, English as a Second Language (ESL), and basic skills such as reading, writing, and mathematics.

<u>Choice Alternative High School Program</u> – The Metro South Under 21 Diploma Program recognizes that the uniqueness of the individual and life circumstances create the need for an alternative to the traditional school setting. Our program is designed for those who have fallen behind in high school, who desire to attend a program which better fits their individual needs, and for those who have dropped out and want to return to complete their high school education. This program serves students aged 17-21 years old.

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Medical & Mental Health

Medical Health

<u>Bloomington Public Health Center</u> – Provides immunizations, WIC, Home Visits, Breast and Cervical Cancer Screenings and Public Health Outreach. Home visits with pregnant and parenting teens. Pre-Natal classes at SECA and collaborate with Oasis in which they see teen parents at Oasis. They provide sex education and women's health classes at Oasis. They also run a Pregnancy Free Club in which they provide information and incentives for postponing a second pregnancy.

<u>Fairview Pond Center Clinic</u> – Fairview Health Services and Bloomington Public Schools have partnered to bring affordable health care to children in the Bloomington and Richfield communities, including; medical care from Fairview, dental care from Children's Dental Services, mental health services from Washburn Center for Children and coverage assistance from Portico Healthnet. Located near Kennedy High School. <u>Planned Parenthood</u> – Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

Mental Health

<u>Headway</u> – Mental health care professionals providing outpatient therapy, Dialectical Behavioral Therapy (DBT), psychiatric services, divorce education, in-school therapy and more throughout the Twin Cities, including Richfield, Golden Valley and Hopkins. Headway provides in school services, targeted case management services for parenting a child with mental health care needs, services to children and families affected by sexual abuse, Aggression Replacement Training and has an Adolescent Day Treatment Facility(located in Hopkins).

<u>People Incorporated</u> – People Incorporated is a nonprofit organization that serves people with mental illness in the Minneapolis and Saint Paul metro area. Founded in 1969, they now operate more than 60 programs including children's programs, crisis residences, programs to help the homeless, residential programs, treatment services, case management, and in-home health services.

Domestic Abuse/Sexual Abuse

<u>Cornerstone Advocacy Services</u> – Cornerstone provides youth therapy, and safety for those experiencing domestic violence, sexual assault or human trafficking. Cornerstone services include; Individual Counseling, Specialized Support Groups, Clinical Therapy, School Based Services, Youth Enrichment Activities, After School Program, Early Childhood Education.

Homelessness

Drop In Center

<u>Oasis For Youth</u> – Oasis for Youth provides a pathway for homeless and precariously housed youth to become self-sufficient, contributing members of the community. Services include; drop-in center, clothes closet, hygiene supplies, meals, snacks, laundry, showers, access to computers, case management, mental health counselling, job-search coaching, referrals to shelters and housing programs and connections to caring adults. Oasis for Youth partners with the high schools of Bloomington, Richfield, Edina and conducts case management services, and meeting youth at their schools.

Food

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<u>Student Hunger Collaborative, Bloomington Rotary</u> – The purpose of the Bloomington Rotary Student Hunger Collaborative is to provide food bags for students who need access to food over the weekend.

Jaguar Den – Jefferson High School food pantry.

Legal Resources

LGBTQ Resources

Community Resources

<u>South Suburban Hennepin County Service Center</u> – Center provides walk in service for Hennepin County families and individuals seeking support. Workers access clients for eligibility for food, cash and medical assistance. Center staff also provides support services for clients seeking help with Child Support, Child Care Assistance, Family Stabilization and Emergency Assistance. Additionally MA Waiver program eligibility is determined for families needing Elderly, CADI, Developmental Disabilities or Brain Injury waivers.

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<u>The Family Partnership</u> – Mission: Building strong families, vital communities and better futures for children. Through counseling, education programs and advocacy, The Family Partnership supports families in need and empowers them to solve their problems. This facility has mental health services for all ages.

<u>Kopp Family Foundation</u> – The Foundation's primary goals are: (1) to help individuals achieve success by continuing their education; (2) to support non-profit organizations that encourage youth development, address women's issues and provide for the care and quality of life for the elderly; and (3) provide emergency assistance in the form of shelter and transportation for those in need.

<u>Bloomington Rotary Club</u> – The Rotary Club of Bloomington is for civic-minded, current and emerging business and professional leaders who join together for fellowship, professional enrichment, and the opportunity to serve. Members of the Bloomington Rotary are community leaders, business people, government and school officials, clergy, and others. Members provide volunteer time, money and expertise to improve the community and support the youth of Bloomington. The club encourages high ethical standards in business and professions and fosters international understanding and goodwill.

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Job Resources

<u>HIRED</u> – Serves youth 18 and older. Founded in 1968, HIRED has grown into one of the Twin Cities' most effective workforce development organizations, in terms of both scope of programs and number of people served. Our team of professionals is among the best in the industry, providing unmatched expertise, compassion and guidance to help unemployed individuals find jobs and advance in their careers. From providing job skills training and career counseling to helping employers find qualified job candidates, HIRED meets a range of employment-related needs in our community.

Religious Support

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Richfield

Education

<u>Richfield School District</u>

<u>RCEP</u> – Welcome to RCEP, the Richfield Career Education Program. We are an Alternative High School Program dedicated to creating a positive and relevant learning experience for all of our students. Our teachers and staff are committed to meeting the needs of all of our students as they pursue their individual goals after graduation. Our student body is comprised of both resident and non-resident Richfield students.

<u>SECA, ALC Plus</u> – District 287, South Education Center Academy (SECA). Non-traditional learning center for at risk students.

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<u>STRIVE, Rotary Club of Richfield</u> – STRIVE is a community service project of Richfield Rotary aimed at helping junior and senior students at Richfield High School. Selected students have been identified as having great potential but are in need of some assistance in order to succeed. STRIVE is a mentoring program meeting monthly to teach life skills such as goal setting, listening, developing a support system and time management.

<u>Watershed High School</u> – Alternative School. At Watershed High School, our students blossom and grow in a performance-based academic environment that is also supportive, accepting, and respectful and encourages the development of students' individual skills, gifts, talents and creativity.

Medical & Mental Health

Medical Health

<u>Southside</u> – Southside is a Federally Qualified Health Center covered under the Federal Torts Claim Act (FTCA). We provide high quality, affordable, accessible and comprehensive Health Care in your community. Same day appointments are available. Walk-ins are always welcome. Spanish speaking staff. Interpreter services with notice.

<u>Richfield Clinic</u> – Hennepin County Health Clinic

<u>Planned Parenthood</u> – Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

Mental Health

<u>Headway</u> – Experienced mental health care professionals providing outpatient therapy, Dialectical Behavioral Therapy (DBT), psychiatric services, divorce education, in-school therapy and more throughout the Twin Cities, including Richfield, Golden Valley and Hopkins.

Pregnancy and Parenting

<u>First Care Pregnancy Center</u> – All services are free and confidential. Get answers to your questions about pregnancy, abortion, STDs, adoption and parenting. Talk with one of our licensed staff and receive support regarding your personal situation. We're free to help, free of judgment. (pro-life)

Homelessness

Food

<u>Loaves & Fishes</u> – Loaves and Fishes is a nonprofit meal program in Minnesota, serving hot meals to those in need. In 2014, we served over 400,000 nutritious meals.

Legal Resources

LGBTQ Resources

Community Resources

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Job Resources

Cultural Support

<u>MIRA Resources</u> – MIRA is a 501(c)(3) non-profit organization, whose goal is to increase the education, health, safety and success of Latino children and their parents. MIRA does this by creating space for the Latino families to come together to build community and develop relationships, creating sustainable networks of support.

Religious Support