



# Consumer-Directed Community Supports

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## Fast facts

- ▲ Hennepin County has about 450 people who use Consumer-Directed Community Supports.
- ▲ The average CDCS allocation per recipient in is approximately \$145.50 per day.
- ▲ To apply for one of the state's waiver programs, call 612-348-4500.

## What is Consumer-Directed Community Support?

Consumer-Directed Community Supports (CDCS) is an optional service for people who are enrolled in Medical Assistance and a waiver program that gives enrollees greater flexibility and responsibility in directing their own care. Waiver programs provide federal funding for services aimed at supporting people who are disabled or elderly to live as independently as possible in a community setting. CDCS recipients may hire, train and supervise their own caregiver staff, and they may write their own care goals and service plans.

CDCS is an option for people enrolled in one of the following programs:

- Alternative Care.
- Community Alternative Care Waiver.
- Community Alternatives for Disabled Individuals Waiver.
- Elderly Waiver.
- Developmental Disabilities Waiver.
- Minnesota Disabilities Health Options.
- Minnesota Senior Health Options.
- Traumatic Brain Injury Waiver.

## How many people are served and at what cost?

As of April 2009, about 450 Hennepin clients used CDCS services. The average CDCS allocation per recipient is \$145.50 per day.

## What services are available?

Services fall under four areas:

**Personal assistance** — This includes a range of direct assistance services, such as help with bathing, dressing, grooming or homemaking, that are provided in the CDCS recipient's home or community.

**Treatment and training** — These services are more technical or medically based, such as specialized health care or nursing assistance, services that teach life skills, or training and education for the CDCS recipient and his or her staff.

**Environmental supports and provisions** — These help the CDCS recipient maintain his or her home. Examples may include modifying the home, assistive technology, snow removal, heavy cleaning, adaptive clothing or transportation.

**Self-direction and support activities** — This helps the CDCS recipient hire help to perform administrative functions, such as managing payroll taxes, purchasing staff benefits, or paying fees for providers.

## Where can I get more information?

Go to [www.dhs.state.mn.us](http://www.dhs.state.mn.us). To apply in Hennepin, call 612-348-4500.