

Your child may have been exposed to:

Roseola

Roseola is a viral rash. It is the most common cause of rashes in children 6 months to 2 years of age.

If you think your child has Roseola:

- Tell your childcare provider.
- **Need to stay home?**

Childcare:

Yes, until the fever is gone and other rash illnesses, especially measles, have been ruled out.

Symptoms

Your child may have a high fever that starts suddenly and generally lasts for a few days. As the fever breaks, a rash appears on the child's belly, chest, back, and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel okay. Illness may last up to 7 days.

If your child is infected, it may take 9 to 10 days for symptoms to start.

Spread

- By touching the secretions from the nose or mouth.

Contagious Period

Most likely during the fever and before the rash appears.

Call your Healthcare Provider

- ◆ If your child has a fever and a rash.

Prevention

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.

For more information, call Hennepin County HSPHD-Epidemiology at 612-543-5230 or call your local health department.