Home Care

A home and community-based service

What is home care?

Home care offers medical and support services in the person's home and community. Services range from assistance with daily activities to complex care similar to that provided in a hospital. Services can be short-term for people with acute needs, or ongoing for people with chronic conditions.

Who is eligible?

Home care is for people of all ages with physical disabilities, chronic conditions, behavioral diagnoses, and mental illness. The person must have either Medical Assistance (MA) or MinnesotaCare Expanded (pregnant women and children) and have a need for the home care service. An assessment will determine the need for service, and a physician must sign a statement that says the service is medically necessary.

What services are offered?

Home care is available in addition to other services (such as medical equipment and supplies) that are offered through Medical Assistance or MinnesotaCare Expanded. Home care services include:

- Home health aide (HHA)

  Home health aides provide medically-oriented task(s) such as following care plans developed by therapy or nursing professionals as well as hands-on personal care to maintain health or facilitate treatment of an illness or injury. Home health aide services are limited to one visit a day.

- Personal care assistance (PCA)

  Personal care assistants provide ongoing support and assistance with activities of daily living (ADLs) such as bathing, grooming and related activities such as grocery shopping and laundry. PCAs can also provide some health-related services and behavioral observation and monitoring. PCA services are provided according to the person's plan of care.

- Private duty nursing (PDN)

  Private Duty Nursing services include ongoing professional tasks such as observation, monitoring, intervention and evaluation to maintain or restore optimal health. Tasks range from regular nursing to very complex medical tasks. PDNs must be employed by Medicare certified home health agency or Class A licensed private duty nursing agency.

- Skilled nurse visit (SNV)

  Skilled nurse visits are intermittent (up to twice a day) professional nursing services. During a visit, a nurse may initiate or complete professional nursing tasks. Nurses must be employed by a Medicare-certified home health agency. Skilled nurse visits may be provided in the home using telehomecare technology.

- Therapies

  Home care therapies include physical, occupational, speech-language pathology and respiratory therapies for improving or maintaining a person's functioning. People must be unable to access therapies outside of the home to qualify for home care therapies.

Home health aide, skilled nurse visits, and home care therapies are provided in the person's place of residence. Personal care assistance and private duty nursing may be provided in the person's home or outside the home where normal life activities occur.

How do people apply?

People may directly contact a provider such as a PCA agency or home health agency. Providers are also listed online at www.minnesotahelp.info. People must contact their county public health office for a screening or additional information.

Visit www.dhs.state.mn.us and select Counties/regional offices or call the Disability Linkage Line at 1-866-333-2466.

Where is additional information?

More information is available online at http://www.dhs.state.mn.us/id_003867. A consumer guidebook for Personal Care Assistance Services is located at http://www.dhs.state.mn.us/id_027532 or by calling (651) 431-2400 or (800)747-5484.

Right to fair treatment

Individuals have the right to fair, non discriminatory treatment. The Department of Human Services cannot discriminate against anyone because of his or her race, color, national origin, religion, sex, sexual orientation, age, creed, political beliefs or because of physical, mental or emotional disability or status with regard to public assistance

If an individual feels discriminated against for any reason, a complaint may be filed with the

Minnesota Department of Human Services
Office for Equal Opportunity
PO Box 64997
St. Paul, MN 55164-0997
(651) 431-3040 (voice)
(651) 431-3041 (TTY/TDD)
(651) 431-7444 (fax)
(800) 627-3529 (Minnesota Relay Service)
(877) 627-3848 (Speech to Speech Relay)
or the
U.S. Department of Health and Human Services
Office for Civil Rights, Region V
233 N. Michigan Avenue, Suite 240
Chicago, IL 60601
(312) 886-2356 (voice)

Attention. If you want free help translating this information, call the number below for your language.

ملاحظة: إذا أردت مساعدة مجانية في ترجمة هذه المعلومات، فاتصل على الرقم 0377-358-800-1.

កំណត់សំគាល់ បើអ្នកចង់បានជំនួយបកប្រែព័ត៌មាននេះដោយមិន គិតថ្លៃ សូមទូរស័ព្ទទៅលេខ 1-888-468-3787 ។

Pažnja. Ako vam je potrebna besplatna pomoć za prevod ove informacije, nazovite 1-888-234-3785.

Ceeb toom. Yog koj xav tau kev pab txhais cov xov no rau koj dawb, hu 1-888-486-8377.

ໂປຼດຊາບ. ຖ້າຫາກທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການ ແປຂໍ້ຄວາມດັ່ງກ່າວນີ້ຟຣີ, ຈົ່ງ ໂທຣ໌ຫາຕາມເລກໂທຣ໌ 1-888-487-8251.

Hubaddhu. Yoo akka odeeffannoon kun sii hiikamu gargaarsa tolaa feeta ta'e, lakkoofsa kana bilbili 1-888-234-3798.

Внимание: если вам нужна бесплатная помощь в переводе этой информации, позвоните по следующему телефону 1-888-562-5877.

Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjamadda macluumaadkani oo lacag la'aan ah, wac lambarkan 1-888-547-8829.

Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al 1-888-428-3438.

Chú Ý. Nếu quý vị cần dịch thông-tin nầy miễn phí, xin gọi số 1-888-554-8759.

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Minnesota Department of **Human Services**
Disability Services Division
PO Box 64967
St. Paul, MN 55164-0967

This information is available in alternative formats to individuals with disabilities by calling your agency at (651) 431-2400 or (800) 747-5484. TTY users can call through Minnesota Relay at (800) 627-3529. For Speech-to-Speech, call (877) 627-3848. For additional assistance with legal rights and protections for equal access to human services benefits, contact your agency's ADA coordinator.